

Have you got Spring Fever?

Are you suffering from the restlessness and excitement brought on by the coming of Spring? Well it sounds like you caught 'Spring Fever' - and we've got your cure!

Shake off those winter blues and spring into a more active lifestyle this season with the **Sweat & Swim Power Pass!** Sweat & Swim Power Pass is a partnership between Recreation & Parks and PowerZone Fitness Centre, offering you the flexibility to attend any daytime (weekday) AquaFit classes, unlimited recreational swims, and gives you access to PowerZone Fitness Centre as well. Swim when you want and weight train when you like.

Sweat & Swim Power Pass memberships are available for purchase at PowerZone Fitness Centre, Acton Pool, Gellert Community Centre or the Recreation & Parks Department located on the lower level of the Civic Centre. Choose from a number of flexible payment options to get you started today!

Adult 1 Month Pass - \$68.36
 Adult Yearly Membership - \$820.32

Just add land!

In addition to the fantastic swim programs available, Recreation & Parks has much to offer on land. Check out pages 34-37 in the 2007 Spring & Summer Community Services & Activity Guide for a complete listing of land-based activities. There's something for all skill and fitness levels, from Ballroom Dancing to Total Conditioning - we have your interests covered!

For more information on Recreation and Parks membership programs, please call:
 905-873-2601 ext. 2275

www.haltonhills.ca



Sweat & Swim

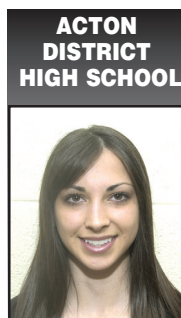
power pass

Town of Halton Hills • Recreation & Parks

ATHLETES of the Week



Ashley Waters



Kaylee Kearns



Dale Carrigan



Erik van Wissen



Ricky MacLeod



Tory McCracken

Acton District High School Athletes of the Week are Kaylee Kearns and Ricky MacLeod. Kearns, a Grade 9 student, won one race and was runner-up in another in the midget girls' 100m dash in a time of 12.78 seconds. MacLeod had a hit in each of the hardball Bearcats' first three games, making a big catch in centre field while also striking out three in three innings of work on the mound in a 21-5 win over E.C. Drury.

Christ the King Athletes of the Week are Ashley Waters and Erik van Wissen. Waters plays sweeper for the Jags' junior girls' soccer squad and helped them to a 2-1 victory over rival Georgetown last week, also contributing an assist. Grade 10 student van Wissen struck for three goals in the CtK junior boys' opening two games, including a pair in a 6-0 rout of GDHS.

Georgetown District High School Athletes of the Week are Tory McCracken and Dale Carrigan. McCracken Carrigan has been kept busy in the nets for the Rebels' junior boys' soccer team and has kept his team in contention through its first four matches.



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