

Community Calendar

Friday, August 3

Blind draw darts: Branch 120 Georgetown Legion is holding Blind Draw Darts every Friday night at the branch, 127 Mill St. Anyone with darts is welcome to come out and have fun starting at 7 p.m.

Saturday, August 4

Blood donor clinic: Canadian Blood Services blood donor clinic will be held at the Nirankari Mission, 2774 Bovaird Drive West, Norval, 12-4 p.m. Canadian Blood Services urges South-east Asian residents to attend.

Feed the Ostrich: August 4-6 White Rock Ostrich Farm will donate all proceeds from feeding the ostriches (each cup \$2 and White Rock will match) to the Upper Credit Humane Society's Trooper Fund. Tour prices are adults \$5, children 18 and under \$3. White Rock, 13085 Fourth Line is located on Fourth Line, east of Rockwood. Take Halton Hills 25 Sideroad (off Hwy. 25 south of Acton) turn right at Fourth Line. Info: www.whiterockostrichfarm.com, 519-856-2629. A fundraising barbecue by McMaster's Meats will also be held from 10 a.m.-noon during the downtown Georgetown Farmers' Market.

Euchre: is held every Saturday night at the Hornby Co-operative Nursery School on Steeles Ave. at 7:30 p.m. All are welcome.

Overeaters Anonymous: Halton Hills residents are welcome to attend 10 a.m. Saturdays at Claude Presbyterian Church, 15175 Hurontario St. (Hwy 10, north of King Rd.), Caledon. Info: Sue, 905-951-7227.

Continued on pg. 30

Music and food are a great combination

Gerry is writing today.

I love Friday nights, especially if I'm at home with a blank agenda for the evening. I seldom listen to the radio, but you can bet I listen to AM740 starting at 5 p.m. on Friday nights for 50's and 60's Oldies but Goldies and Prime Time Bandstand.

You see, although I may be dating myself, this was the music of my youth and my generation—the music of my life.

A couple of Fridays ago, we had a friend over for a simple dinner of hotdogs and corn on the cob. He too, loves this music. What a treat, when at 9:30 p.m., there was a segment on songs related to food—in the midst of our scrabble game, I grabbed the scoresheet and the pen and began to make notes as I realized here was a story in the making. What a fun half hour we had!

For those of you who remember these songs, enjoy the trip through time with me, and, can you remember the artists?

- Mashed Potato
- Cherry Pie
- Blueberry Hill
- Candy Man
- Lollipop
- Peanut Butter
- Parsley, Sage, Rosemary and Thyme
- Strawberry Fields
- Tequilla
- Green Onions
- Watermelon Man
- Margaritaville
- Sugar Shack
- Banana Boat Song
- Brandy
- Cinnamon
- Tutti Frutti
- Sugar Sugar

The first song I can remember in the '50's food relationship theme was Perry Como's *That's Amore*, with the line "When the moon hits your eye like a big pizza pie". We had never heard of a pizza pie back then; now it has become a staple in most diets.

Bill Haley and the Comets, also in the

Lori Gysel & Gerry Kentner



50's, began the rock 'n roll generation with *Shake, Rattle and Roll*, with the line "Get out in that kitchen and rattle those pots and pans".

I am sure there are many more I have missed, so enjoy trying to remember some more on your own. I can just hear your teenage children today when they hear of these titles. I don't think the top bands of today are singing the praises of peanut

butter or green onions! But what a walk down memory lane for us.

The only thing wrong with Friday nights is that they don't end until Saturday morning sometime! I just leave the radio on when I go to bed and I'm be-bopping all night long— just one more song!

By the way, speaking of food, last week I saw the new Disney's Pixar movie *Ratatouille*. It's the story of a rat named Remy who want to become a chef. This charming animation is definitely not only for children. It is a warm, funny comedy that takes place in a kitchen, my favourite room in the house. Go see it and enjoy! In the meantime, Lori and I will see if we can cook up a *Ratatouille* recipe for you!

Have fun and keep cooking!

(Lori and Gerry can be reached at whatscookin@independentfreepress.com)

Sweet Potato Biscuits with Rosemary

Ingredients:

- One half cup whole wheat flour
- One half cup all purpose flour
- One quarter cup coarse ground cornmeal
- 2 tbsp sugar
- 4 tsp baking powder
- One half tsp salt
- Three quarters cup mashed, cooked sweet potatoes
- One quarter cup soft butter
- 3 tbsp milk
- 1 tsp fresh rosemary, minced

Method:

1. Preheat oven to 375F.
2. Mix together the flours, cornmeal, sugar, baking powder and salt.
3. In another bowl, mix the sweet potatoes, rosemary and butter.
4. Add the flour mixture to the potato mixture and mix to make a soft dough. Then add the milk a tablespoon at a time



to the mixture.

5. Turn the mixture out onto a floured countertop and toss lightly until the outside of the dough looks smooth.

6. Roll the dough out to a one half inch thickness and cut with a biscuit cutter.

7. Place biscuits on a pan, sprayed with non-stick baking spray. Brush tops with melted butter.

8. Bake for 15-20 minutes until biscuits are golden brown and a tester comes out clean.

S E R V I C E D I R E C T O R Y

AIR DUCTS/CARPETS

Nobody Gets Your Air Ducts Cleaner Than Steamatic

- Removal of up to 92% of Airborne Pollutants
- Commercial and Residential
- Allergy Relief
- Custom Electrostatic Air Filters
- Carpet, Furniture & Drapery Cleaning

24 Hour Fire, Smoke & Water Service

STEAMATIC
the total cleaning service

Free Estimate

Call (905) 877-2320

APPLIANCES

BULLDOG APPLIANCES

We Sell NEW and USED APPLIANCES Plus PARTS & SERVICE

Showroom located at 55 Sinclair Ave., Unit 2 Georgetown

Call 905-702-1182

BASEMENT/WATERPROOF

CROWNSEAL INC.
BASEMENT WATERPROOFING

INDOOR OR OUTDOOR BASEMENT WATERPROOFING APPLICATIONS
CUSTOM SUMP PUMP INSTALLATIONS

TEL: (905) 564-3575

NORVAL, ONTARIO

CARPET CLEANING

CKC

Complete Karpet Care
Carpet & Upholstery Specialist

TRUCK MOUNT STEAM CLEANING

- FREE DEODORIZING & DISINFECTING
- 2 man crew with 20 years experience

Call The Professionals
905-873-1671

CARPENTRY

STOYLES CARPENTRY

RENOVATIONS
KITCHENS
DRYWALL

SUN DECKS
BASEMENTS
BATHROOMS

QUALITY WORKMANSHIP
877-3950

CLEAN-UP/JUNK REMOVAL

1-877-JUNK-TWO-GO

1-877-586-5896

North American Junk Solution

COMPUTER SERVICES

Clear Technology Solutions

Your portable I.T. department

- On-Site Home or Office PC support 24/7
- Wireless or Wired Networking
- Commercial Electronics Consulting

Call Jeff or Pat: 905-702-4663
www.cleartechnology.ca

CONCRETE

Concrete Azores Ltd.
"Concrete Specialists"

- Concrete Work • Exposed Aggregate
- Basement & Garage Floors
- Interlocking • Flagstone • Sealing

Antonio Amaral 905-827-8022
www.concreteazores.ca

Paul Vieira 905-399-2042

CONCRETE

T.J. CONCRETE CONSTRUCTION

- FLOORS • SIDEWALKS • POOL DECKS
- DRIVEWAYS • STEPS • CURBS • PATIOS
- CAPPING REPAIRS • FOUNDATION REPAIRS
- STAMPED CONCRETE

CALL FOR YOUR FREE ESTIMATE

Call (519) 853-0540
Serving Halton & Area