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Summer Salad

(7 of 11)

- | | | | |
|--------|----------------------------------|---------|------------------|
| 4 cups | assorted salad greens | 4 tsp. | olive oil |
| 2 | small mandarins, peeled & parted | 4 tbsp. | balsamic vinegar |
| 1/2 | mango, peeled & cubed | 1 tsp. | dried oregano |
| 2 | small apples, cored & cubed | 1 tsp. | dried parsley |
| 4 oz | shredded mozzarella cheese | | |

Toss salad greens, mandarin, mango, and apple in a large bowl. Sprinkle mozzarella cheese over salad. Combine olive oil, balsamic vinegar, oregano, and parsley in a small measuring cup. Mix well. Drizzle over salad. Serves four.



Herbal Magic
WEIGHT LOSS & NUTRITION CENTRES

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