

# Thank you Herbal Magic!

*"I was depressed all the time, I hated getting dressed or anything that required looking in a mirror. People treat you different when you're overweight and I felt my weight was holding me back. But after the first week at Herbal Magic I could feel my self-esteem growing. I found myself looking forward to future events and people are listening to me instead of staring at me. The reactions I've been getting from people are very positive. This program has allowed me to undo all the damage I've done to myself the past few years. Call Herbal Magic if you don't like what you see in the mirror. You'll notice instant results and won't believe how easy it is."*



**Barbara Lost:  
67 pounds and  
67 inches**



## It's not just what you lose, it's what you *gain*.

**CALL FOR  
YOUR FREE  
WEIGHT LOSS  
CONSULTATION.**



**Herbal Magic**  
WEIGHT LOSS & NUTRITION CENTRES

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(Sobey's Plaza)

**519-853-8123**  
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