

Pets on Parade!!

5TH ANNUAL JULY 13TH

Photos must be in by July 6th, 2007
e-mail: features@independentfreepress.com
or Call Amy for details 905 873 0301



Links2Care

THANK YOU, DAVID BURLAND

The board of directors, staff, volunteers and clients of Links2Care (formerly Halton Hills Community Support and Information and Halton Helping Hands) wish to express their appreciation to David Burland for service to the agency. He has unfailingly shown his outstanding dedication, vision and passion over the past five years serving on the respective boards of directors, most recently as Chair of the Links2Care board. David is now redirecting his community activities elsewhere, and we wish David all the best.



CORVETTE SHOW & SHINE COMPETITION
Saturday July 14th

GEORGETOWN CHEVROLET



33 MOUNTAINVIEW, GEORGETOWN
(JUST NORTH OF HWY. #7 ON MOUNTAINVIEW)
905-877-6944

BBQ

JUDGING

PRIZES

TERRA Trends

Walk All Over Me

Traffic friendly perennials are a huge part of the landscape these days. We have available today more and more hardy plants that will tolerate foot traffic and what a great addition to any yard they have become.

Use ground covers you can walk on to add texture other than traditional grasses to a special part of the yard. Why not try filling spaces between stones in walkways, patios or garden retreats with rich texture and colour? Maybe build yourself a living checkerboard with these tread friendly plants and some paving stones. Let your imagination loose and remember these are not delicate plants we are talking about.

Look for tough, easy to grow plants such as Thymes, Mosses, Speedwells and Clovers; kick off your shoes and feel the texture between your toes and feel free to walk all over them.

Listen to

AM900
HAMILTON'S NEWS TALK LEADER
CHML

108

THE NEW Country 95.3

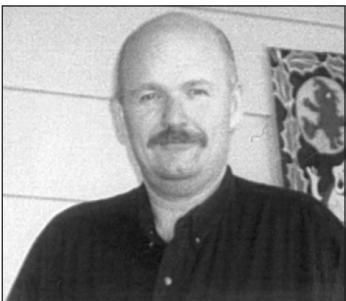
for more

TERRA Trends

Where colour lives!

www.terragreenhouses.com

Burlington 905-332-3222 | Waterdown 905-689-1999 | Milton 905-876-4000 | Vaughan 905-832-6955 | 7 DAYS A WEEK!



Congratulations John on your 30th year with Bell Canada. Love Mom & Aunt Betty



Please join the Sargent Family in celebrating Josie's 85th Birthday.
Saturday, June 30, 2 - 4 pm
12098 Eighth Line,
Glen Williams

Town opens cooling centres

Less than a week into the official summer season, Halton Region has issued a heat alert and the Town of Halton Hills has opened its cooling centres.

As a result of soaring temperatures, a humidex advisory was issued by Environment Canada Monday and is expected to continue today (Wednesday).

This advisory is due to the combination of high heat, high humidity (greater than 40C) and/or other weather conditions that can be hazardous to your health. Even short periods of high temperatures can cause serious health problems.

When a humidex advisory has been issued by Environment Canada, Halton Region's Health Department issues a heat alert.

Those especially at risk during heat and smog-related weather conditions include older adults (over 65 years), infants and young children, and those with chronic heart or lung disease, including asthma. Parents, coaches and others supervising children should be aware of the health risks during a heat alert.

During a heat alert, the Town of Halton Hills reminds residents that some facilities are designated as "cooling centres", and are open to provide relief. In Georgetown, those include the Gellert Community Centre, Mold-Masters

SportsPlex, Halton Hills Public Library and the Civic Centre and in Acton, the Acton Arena & Community Centre and the Halton Hills Public Library.

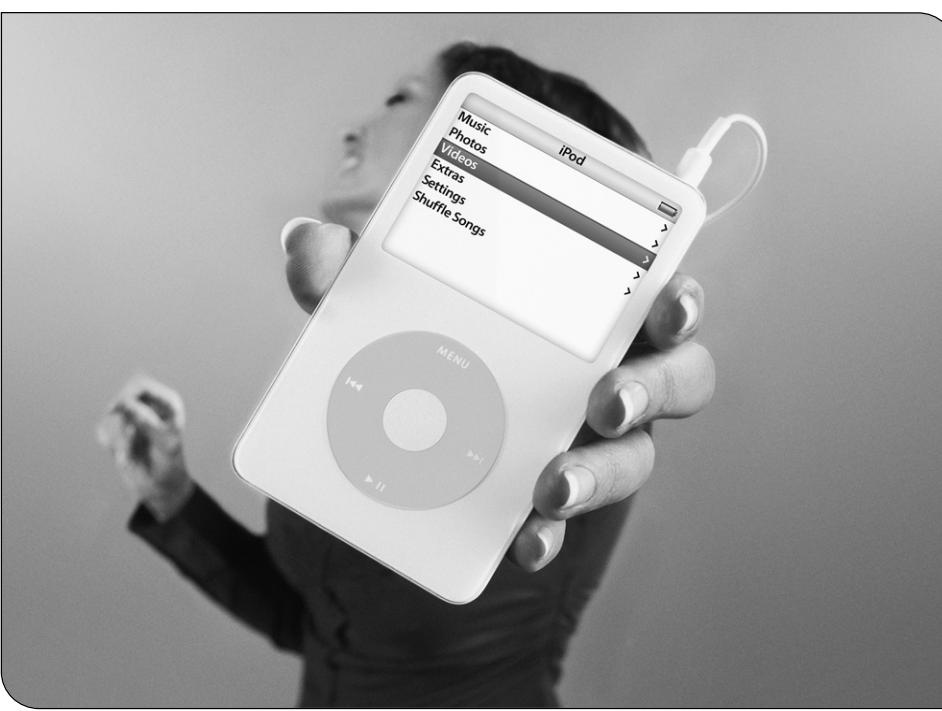
For recreational swimming schedules call the pool of your choice: Acton Indoor Pool, 519-853-3140 or Gellert Community Centre, 905-877-4244. The Gellert Park Splash Pad is open daily, 10 a.m. to 8 p.m.

"We want our residents to know that they have cool, safe places to go to escape from the heat," said Mayor Rick Bonnette.

If you experience symptoms of heat-induced illness, such as rapid breathing, weakness or fainting, headache, or confusion, seek medical attention right away.

You can avoid heat-related illness by staying out of the sun or heat, and going to air-conditioned sites (i.e. malls, community centres). You should also avoid strenuous outdoor activity and, if possible, reschedule sports practices and jogging times. Drink lots of water and natural fruit juices (avoid alcohol, coffee, cola). Call or visit friends and neighbours who may also be at risk.

For information on heat and smog, please visit Halton Region's website at www.halton.ca, or call 905-825-6000, toll free 1-866-4HALTON (1-866-442-5866), TTY 905-827-9833.



**Of all the reasons to switch to TD Canada Trust,
this one is the most entertaining.**



Switch your main personal or small business chequing account and get a free iPod.



**Visit your branch or call 1-888-814-4753
for details or visit tdswitch.com/easy
Offer ends August 3, 2007.**



Canada Trust

Banking can be this comfortable