



... Lend Me Your Ears

By Cory Soal
R.H.A.D.

WHAT FINANCIAL ASSISTANCE IS AVAILABLE WHEN PURCHASING A HEARING AID?

The Ministry of Health's Assistive Devices Program (ADP) provides some assistance to both children and adults. For further information you may contact 1-800-268-6021 or ask your Hearing Instrument Practitioner for the Assistive Devices Pamphlet.

Medical plans through employers, Workers Compensation, Veterans Affairs Canada, and private Insurance Companies cover many Ontario residents for hearing aids. Your Hearing Instrument Practitioner will be pleased to assist you in determining what coverage you might have.

For further information, feel free to call...

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Tooth Chatter

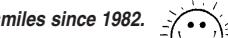


by
ALEX
TRENTON
DENTURIST

MANAGING HARD TO CHEW FOODS
The first step in managing hard to chew foods is to make sure your teeth & dentures are in good condition. If you have dentures, you should have them checked each year. Even if you are not having any specific discomfort, there could be hidden problems. The teeth on your denture wear down over the years and become dull. Some foods might actually be taking you twice as long to chew, because of dulling teeth. It is worth the time to visit our office and make sure your dentures fit correctly. If you still find chewing difficult, try changing the method of preparation, instead of the food. For example, try roasting, stewing or broiling meat, and then chop or slice thinly. Use canned or stewed fruits, or drink fruit & vegetable juices. Grate cheese or use in sauces and eat cottage cheese & yogurt. You may find a blender or food processor helpful when preparing your food.

You do not need a referral; simply call our office direct.

Creating confident smiles since 1982.
Alexander Trenton, DD, F.C.A.D. (A)
Denturist
Georgetown Denture Clinic,
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(905) 877-2359
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Band performs at Off the Wall

Drop by Off the Wall Youth Centre in Acton for an acoustic show with Cain and Abel everlea breannan finlay glasgow on Sunday, May 27 from 5 to 8:30 p.m. Tickets on sale at the door for \$5. 47 Mill St. E., Acton. Call 519-853-9825 for information.

Mother Goose summer registration

Parents and caregivers can register for Mother Goose to be held this summer at the Ontario Early Years Centre, Acton Satellite. Registration from May 28 to June 1st. For information call 519-853-2574 or 905-873-2960.

Dad and Me hike

Dads come on out with your young children for a hike at Scottdale Farm on Saturday, June 2 at 10 a.m. Call the Ontario Early Years Centre, Georgetown Satellite at 905-873-2960 for trail information and to sign up.

Links2Care is a member agency of United Way of Halton Hills

