

Town to honour seniors in June

Calling all seniors! June is Seniors Month in Ontario, and Halton Hills is joining in the festivities to honour the seniors in our community.

This year's theme is "Active Living: Come Share the Halton Hills Experience with Us". Adults 55 plus are invited to join in the celebrations planned especially for you.

A variety of complimentary programs are being offered at the Gellert Community Centre and the Acton Indoor Pool on June 12, 13 and 14.

I will be hosting "Coffee and Tea with the Mayor" at the Seniors Week kick-off on Tuesday, June 12 at 9:30 a.m. at the Gellert Community Centre. On Wednesday, June 13 at 9:30 a.m. Recreation and Parks Department staff will be on hand to answer your questions.

On Thursday, June 14, Dennis Perlin, CAO and Terry Alyman, Director of Recreation and Parks, will host a coffee hour at 9:30 a.m. Information and displays will be on hand highlighting the many opportunities that are specially designed for seniors, and the many programs offered at the Georgetown and Acton Seniors' Centres.

So, come out, support this event, participate in the various programs, and enjoy the finale with special entertainment.

It amazes me how many worthwhile events we have in this Town. I can't possibly name them all, but here are a couple you may want to support.

On May 27, the Gellert Community Park will be the site for the Mito March: Kure for Kirkland. Kirkland is a brave little boy in our community who has a very rare disease

Rick Bonnette



called mitochondrial.

The second event is also at the Gellert Community Park on June 10. This is the Rick Hansen Wheels in Motion wheel and walk event. Last year a portion of the funds raised helped a local family in making their home accessible for their daughter.

• • •

Congratulations to the Georgetown Christian Reformed Church on the celebration of its 50th anniversary on Saturday, May 19.

• • •

Congratulations are also extended to the Georgetown Lawn Bowling Club which will be celebrating its 100th anniversary in June. This sport is a lot more difficult than it looks. Try it sometime.

• • •

While visiting the Civic Centre, stop by the mayor's artwall to admire the display of watercolours by local artist Laura Kingsbury. You won't be disappointed.

• • •

Keeping it real! I can be reached by telephone at 905-873-2601, ext. 2342, or by e-mail at mayor@haltonhills.ca.

—Rick Bonnette is the mayor of Halton Hills



Cooking for a cure

M&M's Meat Shops held their annual charity barbecue for Crohn's and Colitis recently and both the Acton and Georgetown stores took part. (Above) The team at the Acton location gears up for the day. Volunteers are, back row from left, Kris Johnson, Jennifer Johnson and Tara Krowalik. Front row: Dana Young, Cindy McKinnon, Lynda Hilts and Pierre Paquette. (Below) The Georgetown team consisted of, from left, Lesley-Anne Banks, Vicki Richardson, Brian Northwood, Alex Richardson, Marie Carney and Shane Savard. Acton raised a total of \$1,561 towards the Canada-wide total of \$1.9 million. A Georgetown total was unavailable.

Photos by Sabrina Byrnes



Spring Tick ALERT...

Spring brings not just warmer weather but also some pretty nasty disease carrying bugs that are becoming more and more prevalent in Canada. Lyme disease carrying ticks have now been found Canada wide. They are only slightly larger than the period at the end of this sentence when they are in the nymphal stage.

We have areas of higher risk in Canada but we have no areas within the 10 provinces that can be considered Lyme disease free. Our friendly migratory birds transport these ticks around at random. In the U.S. where our springtime migratory birds come from there is an estimated 200,000 human cases of Lyme disease each year. Canada has no standard surveillance criteria so little is known about how many cases occur each year. We do know Lyme is being misdiagnosed as other illnesses, or not diagnosed at all. Lyme is robbing many Canadian children of their youth and adults of their careers.

Lyme disease can cause serious long-term health issues if not identified and treated early. It can affect the brain, eyesight, hearing, heart, nervous system, muscles, joints, digestive tract, and lymph nodes. Because Lyme disease is a multi-system disorder many systems of the body can be affected at once.

Ticks that carry Lyme disease can be found in your lawn, on your pets, in tall grass or brush. If outside do not brush up against brush or tall grass, wear a repellent containing DEET, and do a daily full body tick check on yourself, your children and your pets. Talk to your veterinarian about protecting your pets. Use fine tipped tweezers to remove an attached tick. Prevention is the best medicine.

For more information contact the Canadian Lyme Disease Foundation www.canlyme.org

This message brought to you by these community minded sponsors:

YOUNG'S PHARMACY & HOMECARE
Downtown Georgetown
Guardian
PHARM ASSIST
MEDICAL CENTRE PHARMACY
905-877-2711

EDEN HOUSE CARE FACILITY Inc.
NURSING HOME RETIREMENT HOME
"A Nice Place To Live"
R.R. 2, Guelph Phone 519-856-4622 Fax 519-856-1274
www.edenhousecarehome.ca

THE INDEPENDENT & FREE PRESS
280 Guelph St., Unit 29
Telephone 905-873-0301
www.independentfreepress.com



THE LEGEND IN BLACK

TRIBUTE TO JOHNNY CASH & JUNE CARTER CASH

Friday May 25, 2007 at 8:00 pm

Halton Hills Cultural Centre
John Elliott Theatre
9 Church St.
Georgetown

Call the Box Office
TODAY!
(905) 877-3700
www.haltonhills.ca



TICKETS
ONLY
\$25

Creativertainment.ca

FREE Back Pain Seminar

Wed. May 30th
7:15 pm

If you suffer from BACK PAIN then attending this FREE SYMPOSIUM may be the most important thing you do this year. You will discover the real cause of this condition and real solutions and options you can use right away.

Call today. Seating is limited. 905-873-1871

LIFE CHIROPRACTIC CENTRE

80 GUELPH ST., GEORGETOWN