

**I loved the program  
so much I became a  
counselor myself!**

*I have better energy and more confidence. I don't hate myself any more. The program was easy to follow and changed the way I think about food. I don't live to eat, I eat to live. I had great support and saw instant results.*



**Amanda  
Lost 60  
pounds and  
60 inches**

***It's not just what you lose, it's what you gain***  
**Join now & lose up to 25 pounds by summer!**

**Herbal Magic**  
WEIGHT LOSS & NUTRITION CENTRES

**372 Queen St., Acton  
(Sobey's Plaza)**

**519-853-8123**

**[www.herbalmagic.ca](http://www.herbalmagic.ca)**