

**I loved the program
so much I became a
counselor myself!**

I have better energy and more confidence. I don't hate myself any more. The program was easy to follow and changed the way I think about food. I don't live to eat, I eat to live. I had great support and saw instant results.



**Amanda
Lost 60
pounds and
60 inches**

It's not just what you lose, it's what you gain
Join now & lose up to 25 pounds by summer!

Herbal Magic
WEIGHT LOSS & NUTRITION CENTRES

**372 Queen St., Acton
(Sobey's Plaza)**

519-853-8123

www.herbalmagic.ca