

HEALTH CARE

Crop for Cancer tomorrow

The fifth annual event, which raises funds for Cancer Assistance Services of Halton Hills (CASHh), will take place tomorrow (Saturday, April 14).

The community is invited to stop by Knox Church in Georgetown to make a donation or bid on silent auction items between 9 a.m. and 4 p.m.

Previously hosted by the Scrapbook Studio, the day includes a scrapbooking marathon with over 40 participants who have collected donations from friends, family and co-workers.

Last year's fundraiser raised \$15,200 for CASHh. That brought the four-year total to more than \$45,000 donated from Crop for Cancer events.

Plays to highlight dementia

Halton Region and the Halton Dementia Network are hosting two performances about dementia, *I'm Still Here* and *One More Memory: The Story of an Amazing Lady with Alzheimer's Disease* on Monday, April 23 in Allendale's Auditorium, 185 Ontario St. S. in Milton, at 6:30 p.m.

There is no charge to attend the performances, but registration is required as seating is limited.

The play, *I'm Still Here* is based on experiences of persons living with dementia and daughters whose mothers were diagnosed with Alzheimer's disease. ACT II Studio performs the play, which is a theatre school and creative drama centre for adults over 50 at Ryerson University.

One More Memory: The Story of an Amazing Lady with Alzheimer's Disease aims to achieve three things: recognize that early diagnosis is of the utmost importance; inspire others to accept who they are today; and realize that it is possible to create many more memories in spite of the diagnosis of Alzheimer's disease.

To register to see the performances, or for more information, call 1-866-442-5866 ext. 8518, TTY 905-827-9833, or visit the website www.halton.ca.

Two-day safety course offered April 28/May 6

A full CPR/AED certification course, includes infant, child and adult CPR - level "C", AED (Automated External Defibrillation) certification will be offered over two days, Saturday, April 28 and Sunday, May 6. Participants must attend both days, 9 a.m. to 4 p.m. at the Oxford Learning Centre, 324 Guelph St., Georgetown.

You will learn basic first aid for cuts, scrapes, wounds, impaled objects, nosebleeds, and allergies-epipens, sudden medical conditions such as diabetes, angina, heart attack, cardiac arrest, hypothermia, frost bite and much more. This is taught in a learner-centered environment. The cost is \$110 and includes first aid manual, handouts and three-year certification card.

Registration is on a first-come first-served basis. Call Catherine, a Canadian Red Cross authorized provider, 905-877-4490.



Cancer campaign underway in Acton

At the volunteer dinner of Acton Branch of the Canadian Cancer Society, treasurer Shelley Cox (right) served volunteers Sherry McNabb (left) and Lois Osborne at Knox Presbyterian Church in Acton. The evening kicked off the annual Cancer Campaign as members of the Acton branch of the Canadian Cancer Society begin their door-to-door canvassing this month.

Photo by Ted Brown



Wal-Mart aids cancer walk

Mia Irwin (left) and Joanne Chandler (right) plan on walking 60 kilometres again this year in the Weekend to End Breast Cancer Sept. 7-9 in Toronto as a fundraiser for Princess Margaret Hospital. They sold pink ribbon items and chocolates in the Georgetown Market Place Wal-Mart store and between them raised \$1,356.20, which was matched by Wal-Mart assistant manager Pauline Glassford (second from left) and store manager John Divirgilio. Each walker received \$678.10 toward their fund-raising minimum of \$2,000 required to participate in the September event. For more information visit the website www.endcancer.ca.

Photo by Eamonn Maher

Hospital hosts seminar on bedwetting

Parents and caregivers of children are encouraged to attend a free seminar, *Your Child's Bedwetting Problem*, on Thursday, April 19 at 7:30 p.m. at the Georgetown Hospital in the Activity Room.

This program is presented as part of Halton Healthcare's Living Healthy public education series.

Lida Jones, RN, Pediatric Surgery, Urology & Enuresis, Children's McMaster Hospital, Hamilton Health Sciences Corporation, will be presenting.

Attend to learn about the causes of bedwetting, how to know when bedwetting needs to be treated, and what treatment options are available.

- 15-20% of five year olds and 7-10% of

seven year olds wet their bed affecting more than 200,000 Canadians over five years of age. It is more common in boys.

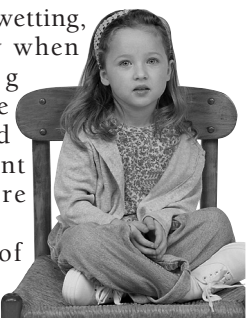
The causes of bedwetting include:

- more urine produced at night time than the bladder can hold;
- slow development of bladder control;
- deep sleep;
- lack of the ADH hormone;
- emotional/behavioural issues.

Since this can affect a child's self esteem and can interfere with their social activities, treatment should be considered.

To reserve a seat for this free seminar, call 905-338-4379 or e-mail elittle@haltonhealthcare.on.ca.

If you are unable to attend this event, but would like more information on this topic you are encouraged to speak with your physician.



Yoga with SHERRY LAWSON

Terra Cotta Community Centre

High Street, Terra Cotta

Starts Monday, April 23rd, 2007 and ends Wednesday, June 27th, 2007

*Monday	7:30- 9:00 pm	- 9 wks
Tuesday Meditation	9:15- 9:55 am	- 10 wks
Tuesday	10:00-11:30 am	- 10 wks
Tuesday	7:30- 9:00 pm	- 10 wks
Wednesday	7:30- 9:00 pm	- 10 wks

*There will be no class Monday, May 21st (Victoria Day Weekend)

Rampulla's Martial Arts

211 Armstrong Ave. (at Sinclair), Georgetown

Starts Tuesday, April 24th, 2007 and ends Friday, June 29th, 2007

Tuesday	1:00- 2:30 pm	- 10 wks
Wednesday	10:00-11:30 am	- 10 wks
Thursday	7:45- 9:15 pm	- 10 wks
*Friday	7:30- 9:00 pm	- 9 wks

*There will be no class Friday, May 18th (Victoria Day Weekend)

For details and registration call: 519-833-9402

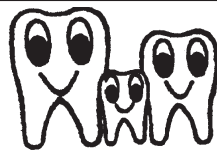
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