

ENTERTAINMENT

Acton band releases new CD

Acton band, Cain & Abel, have launched a new CD this week, and fans can have a chance to hear it at CD release parties at the Ares Restaurant on March 11 and 18.

In their two years of existence, the band with lead vocals and guitarist Peter Van Helvoort, Jeff Van Helvoort (vocals and guitar), Geordan Cadwallader (vocals and bass) and Kelly Bilan (vocals and drums), have established themselves as a rising act with a growing fan base in the indie rock punk genre.

Their first CD, *You Lost the Human Race*, was well received and led to supporting gigs with The New Amsterdams, Moneen, Aloha, Silverstein, Anberlin, Cursed & Owen. They also showcased their music at the Vans Warped Tour, Over the Top Festival, Canadian Music Week, and North-by-North East.

Last year the group signed with Sunday League Records and wrote their follow-up CD, *Up North*.

Peter Helvoort says his inspiration for *Up North* is "to conceptualize our



Acton band, Cain & Abel, invite the public to hear their new CD at Ares Restaurant on Sunday.

views of Canadian history, forcing us to put into question past perceptions."

Produced by Dan Weston (Attack in Black, Sydney, Rosesdead), the CD was released on Tuesday soon to be followed with a cross-country tour.

There are some tickets for the CD launch shows still available at CD Plus in the Georgetown Market Place and there will also be plenty of tickets at the door for both dates. The doors open at 5 p.m., and the show is over by 9 p.m. Admission is \$10.



TLC Family Footcare Centre

Stephen Thompson B.H.Sc (Hons), D.Ch
Chiroprapist / Foot Specialist



Specializing in: athletic injuries, arthritis, bunions, claw & hammer toes, corn & callus care, diabetic foot care, foot pain, fungal & ingrown nails, nail care, geriatrics & pediatrics, orthotics, warts

"Giving your feet some Tender Loving Care"

Call to book an appointment:
416-702-7759 / 1-877-TLC-FOOT

Located in the
Georgetown Professional Arts Building (99 Sinclair Ave. Suite 202)
and the **Acton Medical Building** (93 Mill St. East)

Services covered by most insurance plans.

2000 FORD WINDSTAR
Quad seats, air, nice!

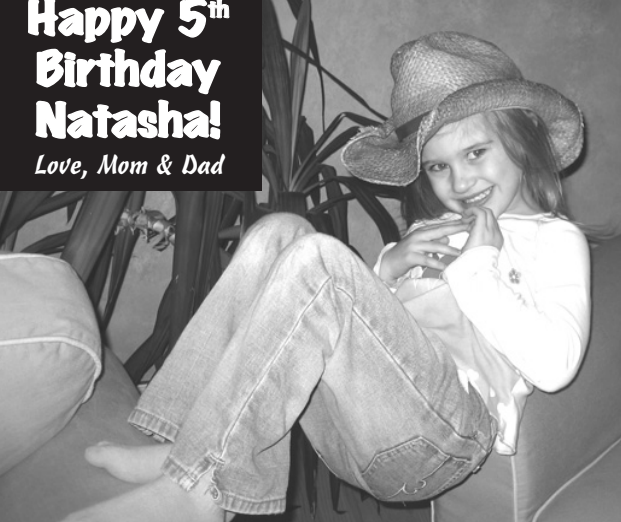


\$6,995 or
\$84 BI-WEEKLY

*Based on 48 mths. @ 7.9% with \$999 down. O.A.C.

Georgetown Kia
1-866-364-0697
314 Guelph St. (Hwy. 7)

Happy 5th Birthday Natasha!
Love, Mom & Dad





LASER HAIR REMOVAL

Over 8 years experience

Get Ready For Summer 2007
ONLY 4-6 TREATMENTS NEEDED!
To free you from that unwanted hair.

- Affordable • Safe • Gentle
- Permanent Hair Reduction

For Him: chest, back, shoulders, etc.
For Her: bikini, facial, underarms, etc.

Call today for a free consultation
•Certified Electrologist & Laser Technician

Bare Image Electrolysis & Laser
50 Main St. South, Georgetown 905•873•6388
downtowngeorgetown.com/bare image

TA WIDE

:: Seeing Beyond Numbers

Instant Tax Refund


- We do all kinds of Taxes
- Reasonable Rates - Check us First
- 100% Satisfaction Guaranteed

15 + Locations to serve you Better

Georgetown Market Place by the Walmart
905-875-3726
Head Office: 1866-829-9433


TAXES • ACCOUNTING • RESP • TRAINING

Tim Hortons.



Having fun is the number 1 reason to play.

In Timbits Hockey, learning to laugh and make friends goes hand in hand with developing the skills of the game. It's the perfect way to ensure young boys and girls get off to a good start in this great game. Tim Hortons is proud to support the kids who play Timbits Hockey in Georgetown and Acton.



The first goal is having fun.

www.independentfreepress.com