

# Your Health

## NEWS AND INFORMATION FROM GEORGETOWN HOSPITAL

### COPD Lung Program

Georgetown Hospital provides an education and exercise program for individuals with chronic obstructive lung disease (chronic bronchitis or emphysema). This 7-week program is offered at various times throughout the year at no cost to the participant. Classes are held Tuesday and Thursday afternoons from 2:00 – 4:15 p.m. The next session starts Tuesday, April 3rd. For more information about this free program or to register for the upcoming session please call 905-873-0111, ext. 8502 before March 14th.

### Gala Dinner at Scaramouche

The 10th Annual Gala Dinner Evening at Scaramouche scheduled for Sunday, March 4, 2007 is now SOLD OUT!

Our thanks to Scaramouche Restaurant and the following sponsors who have generously contributed to make the evening a success:

#### Platinum Sponsors

Remington Homes  
Robert and Elaine Hooper



#### Silver Sponsors

Maple Lodge Farms  
Janes Family Foods  
Great Gulf Homes

### Updating your Will?

Have you remembered the Georgetown Hospital with a bequest in your will? You may need to update your will to reflect our new name. Our full legal name is now The Georgetown Hospital Foundation. Donations made by will to The Georgetown Hospital Foundation are a meaningful legacy for the health of your community that can also reduce the tax burden of your estate. Please contact the Foundation Office at (905) 873-4599 for more information.

### Interested in Volunteering?

Do you have some extra time in your schedule? Are you interested in supporting your community hospital? The Georgetown Hospital Volunteer Association probably has a volunteer opportunity that is waiting just for you! Volunteers are needed for the coffee kiosk, worship service, lunch program, recreation activities and friendly visiting. For more information please contact Janice Cowen, Coordinator of Volunteer Services at 905-873-0111, extension 8153 or by email [jcowen@haltonhealthcare.on.ca](mailto:jcowen@haltonhealthcare.on.ca).

### Celebrating 25 years

The Volunteer Association would like to congratulate Elizabeth's Fashion on their 25th Anniversary. Elizabeth and her staff have supported the Georgetown Hospital Volunteer Association over the years with many wonderful fashion shows. Their ongoing support of the Volunteer Association's fundraising endeavours is truly appreciated. Our congratulations to Elizabeth and her staff on achieving this wonderful milestone.

### Supporting the Hospital

Enjoy a great meal at The St. George and support the Hospital at the same time. From March 9th – 11th The St. George will be donating 10% of all food sales to The Georgetown Hospital Foundation.



The St. George is conveniently located at 7 Main Street North in Georgetown. Reservations can be made by calling 905-873-0555.

### Living Healthy

Halton Healthcare Services presents a series of free health education seminars in Oakville, Milton and Georgetown. A calendar of events listing all seminars is available online at [www.haltonhealthcare.com](http://www.haltonhealthcare.com).

#### Thursday, April 19th

Your Child's Bedwetting Problem  
With Lida Jones, RN, Paediatrics  
7:30 p.m.  
Activity Room, Georgetown Hospital

#### Wednesday, April 25th

Nutrition & Inflammatory Bowel Disease  
With Julie Robers, Clinical Dietitian  
7:00 p.m.  
Activity Room, Georgetown Hospital

Please call 905-873-0111, ext. 4379 to register for these events.



Together, Moving Safety Forward

### Your Healthcare. Be Involved.

At Halton Healthcare, patient safety is our number one priority. We encourage you to get involved in your healthcare.

#### Patient Safety Tips

1. Be involved in your health care. Speak up if you have questions or concerns about your care.
2. Tell a member of your health care team about your past illnesses and your current health care condition.
3. Bring all of your medications with you when you go to the hospital or to a medical appointment, including non-prescription medicine and herbal and vitamin supplements.
4. Tell a member of your health care team if you have ever had an allergic reaction to any medicine or food.
5. Make sure you know what to do when you go home from the hospital or from your medical appointment.

Georgetown Hospital  
1 Princess Anne Drive  
Georgetown, Ontario  
L7G 2B8

Milton District Hospital  
30 Derry Road East  
Milton, Ontario  
L9T 2X5

Oakville-Trafalgar Memorial Hospital  
327 Reynolds Street  
Oakville, Ontario  
L6J 3L7