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'Let'em eat brioche!'

When the revolutionary crowd marched on Versailles, protesting that they had no bread, Queen Marie Antoinette in ignorance replied, "Let them eat brioche." Did you know that?

Lori Gysel
&
Gerry
Kentner



added to the dough as well. The brioche can be found in the shape of a ring as well as tall and cylindrical or hexagonal shapes depending on the region it came from.

I didn't. I thought she said "Let them eat cake." But no, cake was just a loosely translated version of what she actually said. So, you may ask, what is brioche and why am I telling you to use it to make your bread pudding this week? Good questions!

Classic brioche dough can be used for coulibiac (a wonderful salmon dish encrusted in pastry) or filet of beef en crouete. Brioche can be served with foie gras and small, individual brioche are used as cases for various sweet or savory sauced mixtures served as hot main dishes or desserts.

Brioche is a soft loaf made from a yeast dough, enriched with butter and eggs (and of course the extra butter and eggs makes it that much better)! A classic brioche is made with flour, yeast, water or milk, a bit of sugar, eggs and butter. A Parisian brioche is then moulded to have a smaller ball on top, like a head. Some variations of the recipe call for raisins to be

If you can't find a brioche to use for your bread pudding, the next best thing is egg bread. If you can't find that, then a raisin bread would be fine too, but cut down on the amount of the dried fruit you add to the recipe if there is already raisins in the bread.

Have fun and keep cooking!

Recipe of the week: Bread Pudding

Ingredients

- 2 cups milk or cream
- 2 cups stale bread cubes (egg bread or brioche are best)
- 1/4 cup butter
- 2 eggs, beaten
- 1/3 cup granulated sugar
- 1/2 tsp salt
- 1 tsp pure vanilla extract
- 1 cup raisins, currants, dried cherries, cranberries or a combination
- 1/2 tsp cinnamon



Method

1. Heat milk or cream until hot, but not boiling.
2. Add the bread and butter to the milk. Remove from the heat, allow to cool slightly.
3. Stir in eggs, sugar, salt, vanilla, dried fruit and cinnamon.
4. Pour into a greased 8-inch casserole dish.
5. Bake uncovered, in a preheated, 350F degree oven for 45 minutes approximately.

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