

# Acton Seniors Centre gears up for new season

**JULIE CONROY**  
Acton Seniors Centre

There are still a few members who haven't renewed their membership for 2007. The membership committee thanks everyone who has already done so as it saves them a lot of time making phone calls reminding people. We certainly can't blame the weather for stopping us getting out and about.

There is always something interesting happening at the centre, whether it is improving yourself by exercise, by participating in tai chi, hiking, line dancing, yoga, carpet bowling, or shuffleboard. Maybe you would enjoy the social side of things with the Friday lunches, bingo, cards and monthly dinners. We have informative speakers frequently to inform us (or inspire us). Plus we have the book club, art class and the wine club. The wine club members join together and make wine as a group and swap some of the different wines they make. If you have time on your hands, and would like to do something worthwhile, the different committees are always looking for additional help. It needs new people with new ideas to make exciting things happen.

The next Evening Euchre will be on tonight (Jan. 17) at 7:15 p.m. There will be prizes and a light lunch. Everyone is welcome.

There will be a new newsletter out shortly and all our programs will be listed in it, with a calendar of events for February and March.

Pat Frizzell asked me to mention that now the Good Food Boxes are being packaged at Georgetown's new satel-

## Georgetown Seniors Centre requires more board members

**FLORENCE RIEHL**  
Georgetown Seniors Centre

Happy New Year everyone. Have you already broken all those well-intended New Year's resolutions?

Our main topic of conversation seems to be the weather. Granted it has been a very unusual winter. No matter where we look on the continent, the weather has been out of the ordinary. My feeling is that the global warming is coming faster than we think or want to recognize.

With the holiday season over normal life is returning to the Centre. This was the week paid programs resumed for the winter— T'ai Chi, Exercise, Line Dancing, etc. It is not too late to join up for anyone of them.

Due to a lack of interest, the luncheon on Tuesday, Jan. 9th was cancelled. Perhaps people felt they had not worn off all the huge meals they had eaten in the last two weeks.

The next luncheon on Tuesday, February 13th is a very important one. Following lunch, at approximately 1 p.m. the Annual General Meeting will be held. This is your opportunity to learn how the Centre is doing and to express your personal opinions on its operations. Mark this important date on your calendars.

Six members of the Board of Directors will be retiring and their spots will need to be filled. If you have any thought to running for one of these spots, please give your name to Ted Thompson to add to his list. It only involves one meeting a month.

Now, all this, brings me to another point. Fees for 2007 are due now and may be paid any time at the front desk. You will need proof of current membership to be able to vote at the AGM in February.

Happy 80th birthday wishes go out to three of our members who celebrated this special day— Miles Gilson, Sheila Ward, and Roy Ballentine. If there are any I did not know about we wish you Happy Birthday as well. We wish you many more such wonderful milestones.

Get your dancing shoes on! Saturday, Feb. 10th will be a Valentine's Beef Dinner and dance at The Georgetown Seniors Centre. Dinner will be at 5 p.m. and dancing starts at 7 p.m. All this for only \$13 per person. Call up all your friends and come out for a great time. If you wish to come for the dancing only, the cost is \$10 each. Our own Georgetown Seniors Band will supply music. Get your tickets early, as space is limited.

Once more I say, come out to the Georgetown Seniors Centre. Get involved! Make new friends! Share in the good years!

lite packaging station, they will be delivered to the centre on the fourth Tuesday of each month in future. Pickup times are extended a little and are now 1-4 p.m. For more information call Pat, 519-853-2021.

The Art Club is restarting on January 24 after a little break and is looking forward to refining their techniques under the tuition of Maria Sallay, a gifted local artist. I can see the improvement myself when I see some of the latest paintings created by the members.

On January 30, take a few moments to relax and find out all about the Spa Party. This will include some information on anti-aging and will be led by Valerie Hamelin. There will be a small charge and refreshments are included.

The latest buzzword I hear is 're-gifting'. Joanne tells me if you have any gifts that you would like to re-gift, we are having a penny sale table in the spring at the Spring Fling, and can accept items now. The draw will be at the Spring Fling. I know we can find appreciative homes for them.

Links2Care was in touch with Joanne and gave her two lovely thank you cards from the families for the gifts at Christmas that everyone helped make possible. The families

were overwhelmed by the generosity.

The next trip to Casino Rama is January 31.

The fundraising committee is working with Maple Lodge Farms to provide people with Maple Lodge Farms chicken products. You can place your orders for everything from chicken breasts to wieners at the front desk. Orders must be placed and paid for the end of January for pickup at the centre on February 10.

After all the spring-like weather, the travel committee is thinking Spring in March and planning a trip to the Toronto Convention Centre to see Canada Blooms— always a great way to get rid of the winter blahs. Another trip planned is to Guelph's River Run Centre to see the Royal City Ambassadors towards the end of March. If you are interested, pop in on a Monday or Friday morning and find out what else the Travel Desk has planned.

On a final note, the centre's Annual General Meeting will be on Tuesday, Feb. 27. We hope to see a good crowd on that day, as it is your centre and you must show an interest in it to make it successful.

The next trip to Rama is Wednesday, Jan. 31.

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