

BABIES OF 2006 BABIES OF 2006 BABIES OF 2006 BABIES OF 2006



Ethan John
HEADON
May 1, 2006



Olivia Margaret
COOK
May 2, 2006



Stephanie Lorraine
POOLE
May 2, 2006



Chloe Elyssa
WEISMAN
May 7, 2006



Isabella Natalia
SHANNON
May 10, 2006



Jason Parker
TEETER
May 11, 2006



Aiden Clifford William
LOHNEs
May 12, 2006



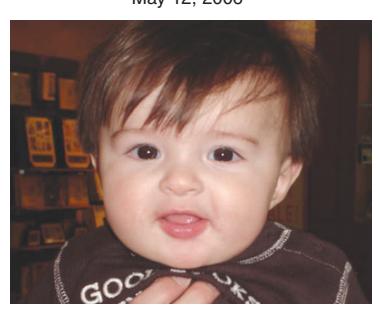
Rachael Lily
and
Eric Bruce
CHRYSLER
May 13, 2006



Sébastien Francis
FLEMING
May 13, 2006



Nathan Zachary
CARMAN
May 16, 2006



Hayden
CRAWFORD
May 18, 2006



Jack Spencer
DAY
May 19, 2006



Norah Margaret
MacLEAN
May 27, 2006



Hunter William
SEMPEL
May 28, 2006



Julia Christine
BAILEY
May 30, 2006



Nolan Michael Alain
LeTARNEC
May 30, 2006



Hayden Stanley
GEORGE
June 3, 2006



Kayla Michelle
ROBINSON/HILTS
June 5, 2006



Allison Nicole
CARRON/McCLEMENTS
June 8, 2006



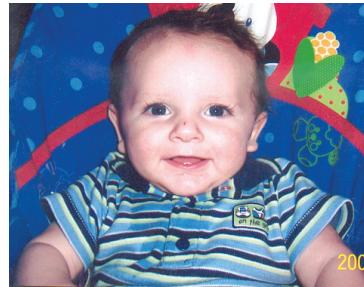
Evan Karl
HANSEN
June 8, 2006



Reese Rachael
LANG
June 12, 2006



Isabelle Barbara Mae
ANNETT
June 23, 2006



Jordan James
LOGAN
June 24, 2006



Violet Rose
NICHOLL-HOLGATE
June 24, 2006



Aaron O'Neil
JOHNSON
June 28, 2006



Elliot Brady
MACRAE
July 4, 2006



Matthew James
McCarthy
July 7, 2006



Jacob David
ST. PIERRE
July 8, 2006



Megan Claire
BUTLER
July 9, 2006

**DIETS
DON'T
WORK**
(YOU KNEW THAT)



Learn

- the fundamentals of exercise
- the 80/20 rule of proper nutrition
- the importance of adequate body hydration

Contact Caroline Harrison, Certified Personal Trainer 905.873.0745 pathwaytowellness@cogeco.ca Virginia Pumphrey, Natural Health Practitioner 905.702.8284 healthliving@yahoo.ca

Slimming Clubs

12-week group experience to assist you to lose that weight, achieve a better lean muscle/fat balance and feel great. **One hour a week is all it takes!**

Start date: Thurs. Feb 1/07

Time: 7:30-8:30 pm

- about Living Foods, supplements, vitamins & minerals
- how your body's digestive, glandular (blood/sugar) and nervous system contribute to weight issues