



GIVE THE GIFT THAT WILL LAST A LIFETIME



***COMPETENCE**
***CONCENTRATION**
***DISCIPLINE *FOCUS**
***AGILITY *BALANCE**
***STRENGTH *CONFIDENCE**
 You have it in you.
 We bring it out.

• Learning martial arts can have a positive impact on your mind and body.
 • Try it and experience the results for yourself.



Karate Programs
from \$55⁰⁰



\$29⁹⁹ mth.
KARATE INTRODUCTORY SPECIAL
INCLUDES UNIFORM

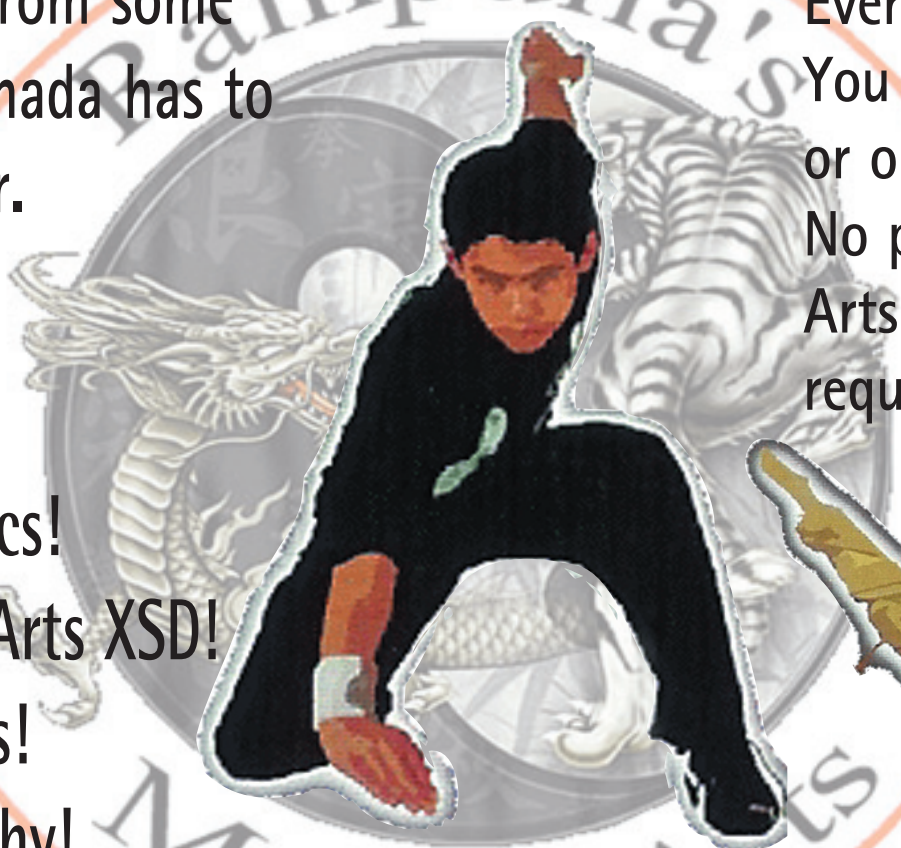


Shihan Pickells & Sensei Rampulla

LEARN EXTREME MARTIAL ARTS!

Come learn from some of the best Canada has to offer.

Everyone is welcome!
 You must be 8 yrs or older.
 No previous Martial Arts or Acrobatics required.



- Extreme Acrobatics!
- Extreme Martial Arts XSD!
- Extreme Weapons!
- Fight Choreography!
- And MORE ...



Rampulla's Martial Arts
 211 Armstrong Ave., Georgetown
 905-702-1116

website: www.rampullasmartialarts.com
 email: tony@rampullasmartialarts.com

