



Stick with your high blood pressure treatment, or you may be in for a nasty surprise.



Canadian Coalition for High Blood Pressure Prevention and Control
http://acton.library.mun.ca/bp

IS THE GAME PLAYING YOU?

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ADAPT Problem Gambling Services

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Georgetown Legion members to march Sunday

JUDY OERLEMANS
Georgetown Legion

We are marching on Sunday, November 5th. We form up at the school in Glen Williams at 12 p.m. noon and step off at 12:30 p.m.

We come back to the Georgetown

Legion and form up at 2 p.m. and step off at 2:30 p.m. to the Remembrance Park cenotaph for the service and return to the branch for hot drinks everyone welcome.

Do not forget the



Hungry Man's Breakfast tomorrow (Saturday) The cost is \$5 for adults and \$2.50 for children. Everyone welcome.

We would like to send get well wishes to Debbie Ireland and hope she gets back on her feet real soon.

ELECT

Halton Regional Chair

Brent Marshall *Real Regional Experience*



Election day is fast approaching. With the critical issues facing Halton for the next four years, it is more important than ever to vote on Monday, November 13th.

A vote for Brent Marshall is a vote for Real Regional Experience. Brent brings to the job of Chairman a wealth of knowledge and experience. He knows where Halton has been, what it has taken to get here and what it will take in the future to maintain our current enviable lifestyle.

"My vision for Halton is a community that is a mix of town and countryside where residents can live, work and play; a healthy Region in every way with distinct local communities surrounded by rural and natural landscapes with abundant recreational areas protected for future generations."

Brent Marshall

Leah Chutko, Brent Marshall and Joyce Savoline, outgoing Regional Chair

www.brentmarshall.ca

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WARRANTY / FINANCING AVAILABLE

Mon. - Fri. 3 pm - 9 pm, Sat. 9 - 6 pm

Shhhhhh.....



Georgetown's Best Kept Secret is NOW out!!



IS UNDER NEW OWNERSHIP

BUT WITH THE SAME GREAT STAFF!

New "LIVE" music every Thurs., Fri. & Sat.

Also catch the Merdeka Fashion Show - Sunday Nov. 5 at noon
Featuring Rod Stewart Impersonator, door prizes to be won.

905.877.1708