

Business WOMEN'S

WEEK OCTOBER 15 TO 21, 2006



Hi, my name is **Kerry Dennie** and I am the owner of **Lets Get Fit (Females In Training)**. I have been in the fitness industry since I was 5 years old. Starting with figure skating competitively, then coaching till my early twenties. I have been a fitness instructor for many years with teaching dryland training, kickboxing, circuit classes, stability ball etc. I also enjoy running on a competitive level. I am a Certified Personal Trainer that, honestly, can say I love waking up in the morning to go to work, to train and help any person at any fitness level. I am here to help everyone meet their fitness goals.



**118 GUELPH STREET,
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Women – Minding their own businesses

Women are making great strides in the world of business. According to a Canadian Imperial Bank of Commerce report, "Women Entrepreneurs: Leading the Charge", one million Canadian women will own a small business by 2010. The number of women-owned businesses are increasing 60% faster than those owned by men. The successes of women entrepreneurs are celebrated at different times during the year in the different provinces, but Business Women's Week in October is a great time to recognize them across the country.

One of the quickest growing segments for women in business is being called "seniorpreneurs" – women over the age of 55 whose small businesses are growing at an annual rate of 4% – over double that of self-employed men in the same age group. Women from the baby boomer generation offer solid skills, life experience, practice and learning acquired over years, and are ready to enjoy the benefits of self-employment.

One of the fastest-growing sectors for women in small business is to provide business services from a home office. A "typical" Canadian business woman is highly educated, has an average age of 41 years, and is more likely to choose a professional occupation in natural and applied sciences, business or finance, or in the health sector. She is also usually a sole proprietor and more likely than a man to join a trade association for networking and support in maintaining her business.

Younger self-employed women may be focused on balance. About 60% of women in small business are balancing work and family demands through self-employment. About 70% of Canadian business women are married, and close to 1/3 have children under 12 years. As a result, these business women are not as likely as their male counterparts to push their businesses to grow, but it's a choice of lifestyle that works well.



Amongst all women small business owners, those over the age of 55, dubbed "seniorpreneurs", represent one of the quickest growing segments. (Photo PB)



Over the last 12 years, **Karen MacKenzie-Stepner** has created an award winning team at the Halton Hills Speech Centre. Her client-centered and community-focused organization is dedicated to providing high quality speech, language and swallowing assessment and therapy to clients of all ages. Under her direction, the centre now provides services from the Huron-Perth Region to the eastern side of the GTA. Karen has given numerous research and professional presentations and has published several scientific journal articles. She is a respected lecturer at both the University of Toronto and the University of Western Ontario. The Halton Hills Speech Centre is recognized as a training site for speech pathology students and has had the pleasure of working with students from all over the world (i.e., Holland, California). Karen received the Honors of the Association Award to recognize the work she has done on behalf of her profession and the public. Karen was also nominated for the Royal Bank's 100 Most Powerful Women in 2002 and was one of the three finalists for Halton Hills Chamber of Commerce Business of the Year Award in 2005.

Her passion is to increase awareness of communication difficulties and to develop possible therapy options. She does not believe in the old adage "Well, that's just how Cousin Joe speaks".

Halton Hills Speech Centre
Division of M. Karen MacKenzie-Stepner Speech-Language Pathology Professional Corporation

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I am honoured to do business in Halton Hills and wish to thank the many other women in businesses who continue to offer us encouragement, their support and wisdom! Hats off to you!!! I am the owner of Savvy Staging Canada Inc., a full service Home Staging company. My business partner, Catherine Torrance and I, work with three part-time individuals to prepare any property for sale regardless of location, price or size. Staging is changing the way real estate is being SOLD! Savvy Staging continues to grow in leaps in bounds and we are very proud to be serving Halton Hills. I am a big believer in teamwork. I work very hard at developing that aspect and I feel it is a large part of doing business. We often work as a team with other professional stagers, homeowners, investors and REALTORS and it is very satisfying work. I very much appreciate the business we receive from residents of Halton Hills and I really feel it is important for them to know that. A real estate agent shared with me recently that she liked doing business with me because "I was in the business to do business." What a fantastic compliment! We are busy at Savvy Staging but always make time for giving back to the community and to promote the services of other women in business. Thank you!

Lara Torrance, CSR, ASP, SMPS



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MASTECTOMY SERVICES COMPRESSION SLEEVES/STOCKINGS

Hi, my name is **Dianne Gamble**. I have been part of the Home Health Care system since 1985 attending to the personal needs of women who have had breast surgery and require a breast prosthesis. I carry a large selection of mastectomy supplies. I am also certified to fit medical compression stockings for tired fatigued legs, swelling and varicose veins. Most of the devices are covered by private insurance companies. My facility is tastefully decorated for complete comfort and privacy. I work closely with the Canadian Cancer Society and area doctors. Allow me to be of service to you when you call to arrange a private appointment.

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How to get even with your bra. After a lumpectomy or reconstruction. **BALANCE** shapers can help you regain symmetry after a lumpectomy or adjust evenness after or during reconstruction. **BALANCE** shapers slip into a traditional bra to even out your figure in just the right places. **AMOENA** Come in today for a personal **BALANCE** fitting.

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www.dianнемastectomy.com



At SMC Services, a compassionate approach is taken towards helping people make difficult decisions. Susan is a passionate, caring professional who works with people facing or contemplating divorce. She has walked this path herself and is well aware of the pitfalls and trauma of the process. For over 25 years, Susan has been involved in the financial community in the accounting field. Currently she has been trained to provide financial information and assistance to people in the process of divorce or separation, this includes evaluating the tax implications of dividing property and the settlement options for dividing pensions, marital property, and awarding of child and spousal support. Susan is a **Certified Divorce Financial Analyst (CDFA™)**, and a member of the Institute for Divorce Financial Analysts.

There are several absolutes of divorce that effect even the strongest of people. The first is that **no one needs to go through divorce feeling helpless and powerless**. The second is that the normal emotions felt in the early stages of separation and divorce can be overwhelming, clouding your decision-making capacity and actions. Each person coping with divorce must resolve **personal, legal and financial issues** that will affect the rest of your life.

SMC SERVICES
Susan Redmond
Certified Divorce Financial Analyst

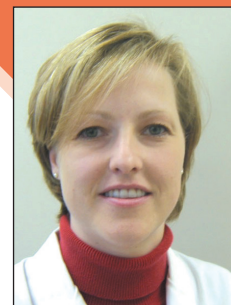
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I have been a practicing dentist for 8 years and I established my own clinic in Acton 5-1/2 years ago. At Acton Denture Clinic we serve the people of Acton and surrounding areas, providing full and partial dentures. I chose Denturism because there was a need for more professionals in this field. I was looking for an industry which would appeal to my interest in people and my artistic desire to work with my hands.

Denturism is an industry with few women, however, more are beginning to consider it as a growing and progressive profession. Every day I am given the opportunity to work with the challenges of individual mouths and educating patients on the importance of teeth to overall good health. It is very rewarding to make a personal connection with people and to help to recreate beautiful smiles.

Acton Denture Clinic
Tracy Mitchell DD

**130 Mill St. East, Unit 103
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I have been practising family law since 1987. In 1991, I opened my own practice in Brampton, Ontario. I am a resident of Glen Williams and enjoy being of service to the Georgetown community.

I chose family law as an area of practice because it allowed me to be involved in helping people to resolve their family problems if they have decided to separate. Family law involves the custody of children, access to children, resolving child support as well as other child related financial issues. Family law also deals with other issues regarding children such as life insurance and health benefits. Spousal support for one of the parties may also be an issue. In addition, family law involves the division of property including the home, cars, bank accounts, pensions, RRSP's, other savings and debts. Parties can choose to resolve their issues in an Agreement or by having a Court decide the issues. Divorce is also handled by a family law lawyer. I also practice Collaborative Law which is a method of resolving issues in meetings with both lawyers who act as communication/ negotiation coaches as well as a lawyer. Couples who start living together or who are being married should obtain legal advice as to whether or not they should have an Agreement to protect their assets and obligation to pay support. If you are not sure of your legal position you may arrange a consultation to review your situation.

SUSAN S. POWELL
BARRISTER & SOLICITOR
FAMILY LAW

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