

Now that summer has come and gone, everyone's thoughts have turned back to work. As the season changed, so has our Board of Directors. At our Annual General Meeting held last week, outgoing President Wendy Hue thanked retiring Directors Michael Turner, Diane Rabenda and Larry Nicholson for their dedication to the Chamber. Wendy had the opportunity to thank all the chamber volunteers that contributed to the success of her term and the continued growth of the Chamber. Delegates at the AGM voted in new Directors Cor Baarda, John Drewry, Wendy Farrow Reed and Gary Steffensen. Helen MacCormack is now beginning her term as President.

Are you an employee of a local business that is a member of Halton Hills Chamber of Commerce? Are you aware that you are entitled to many discounts offered by over 40 local businesses and services? Save on fitness memberships, winemaking, holiday travel, furnace service calls and much, much more. Ask your employer for a copy of the Chamber's Fall Member-to-Members Discount flyer or contact our office for your copy. Supporting local businesses can save you money!

As Election Day approaches on November 13, I encourage you to educate yourself on local issues and to cast your vote. www.LetsVote.ca was designed to be a one-stop source of information for voters on the Town of Halton Hills municipal elections.

General Manager's Desk



Sue Walker

The purpose of this site is to generate interest in the election, the candidates and their platforms with the ultimate goal of increasing the turnout on Election Day. Each candidate will be given the opportunity to have their statements posted on the site along with contact information and links to their websites.

Watch for some exciting announcements in the coming weeks regarding the Halton Hills Home & Leisure Show taking place in May 2007. We'll be having presentations from well known experts including major HGTV personalities. As well, the show will be taking place on both pads at Mold-Masters Sportsplex to allow more room for businesses with big-ticket items – cars, hot tubs, trailers, etc. to take part. Booths are expected to sell out much earlier this year, so secure your place now. Contact the Chamber for a complete information package. Your competition will be there – will you?

Christmas is coming! For details on Santa Claus parades, local craft shows and special events, check the Chamber website for dates and times on all our local holiday events.

"Offer your Employees Health Coaching as a benefit"

There is a cost-effective way to have happier, healthier employees who are less absent and more productive – **personal coaching.**

Imagine personal one-on-one coaching being available to not only your top executives and managers, but to all your employees who have access to a computer or a telephone. Quickly, one can see what a wonderful difference this will make throughout your organization. Health Coaching improves people's lives which, in turn, improves morale, health, reduces stress and adds greater vitality to your entire organization.

Healthcare research studies have demonstrated that lifestyle and behavior drive over 50% of an individual's health status. Educational Programs are an important component of Corporate Wellness. Well-planned programs address the specific concerns of employees and give them the answers they need for positive changes in their lives. Customized and Individualized Health Coaching can successfully improve employee Health and Productivity.

Available interventions include for instance: Allergy Management, Asthma, Blood Pressure Management, Cholesterol, Diabetes, Exercise, and Nutrition & Weight Management. And the RESULTS include Reduction in Risk Levels, Increased awareness of Lifestyle and behavior factors, Long-Term reductions in direct & indirect employee health expenses. Health Education Programs can take the form of single lunch-time talks, multi-week classroom courses to one-on-one sessions either at the Employers site or the Health Coaches facility. Sessions scheduled at client locations can be held in conjunction with Health Fairs, Screenings or healthy lunches. So Why invest in Health Management and

Professional Health Coaching for your employees?

- Health improvement is the key to containing and reducing health benefits expenses
- Studies have repeatedly demonstrated that comprehensive worksite health promotion and wellness programs deliver positive returns
- The benefits of a healthier workforce are significant and measurable: lower absenteeism, higher productivity and better morale
- Help your company reduce rising health care costs
- Help employees avoid preventable illnesses & measurably improve their health

The coaching philosophy believes that individuals know themselves best. Participants are asked to think through what they want and to identify what strategies will be most useful to them. Their coach will listen carefully and ask powerful questions to help the participant reach their goals.

- A survey of 100 executives, mostly from Fortune 1000 companies, by Manchester, Inc. concludes that a company's investment in providing coaching to its executives realized:
- o an average return on investment (ROI) of 5.7 times the initial investment of the coaching;
 - executive productivity improvements (reported by 53% of executives)
 - Organizational strength (48%)
 - quality (48%)
 - customer service (39%)
 - retaining executives who received coaching (32%)

Cynthia Simmons, DHMHS, Homeopath and Professional Health Coach Heal Thyself Clinic in Acton 519.853.8950

JOHN A. GIBSON

Chartered Accountant

Financial Statement Preparation

Small Business Accounting

Personal Tax Returns

Corporate Tax Returns

905-873-0996

10 MOUNTAINVIEW RD. S., SUITE 203 (MOUNTAINVIEW & GUELPH)

LOCALLY OWNED & OPERATED



DISPOSAL CONTAINER SERVICE

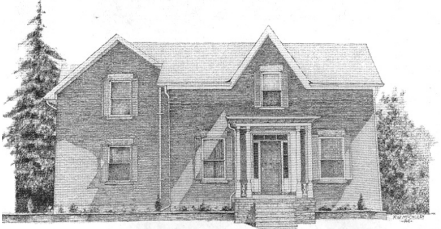
IDEAL FOR:

- RENOVATIONS • SHINGLES
- HOUSE & YARD CLEAN-UP • DIRT
- GRAVEL DRIVEWAY
- DRIVEWAY FRIENDLY

519-853-3332
905-702-2339
1-877-633-6259



ROLL OFF TRUCK GOES WHERE LARGER TRUCKS SHOULDN'T



THE INSURANCE HOUSE


PAUL C. ARMSTRONG

INSURANCE BROKERS LTD.

143 Mill St.,
Georgetown, Ontario L7G 2C2
Telephone: (905) 877.0133
Fax: (905) 877.8545
1.800.482.2308

Chamber Member for over 25 years!

A Wealth of Investment Expertise in Halton Hills.



R. Scott Becksted, PFP
Investment Executive

- Retirement Planning, RRSPs, RRIFs
- Mutual Funds, Stocks, Segregated Funds
- GICs, Bonds
- Fee-based Managed Accounts

(905) 873-6640 or (905) 796-5024
Toll Free: 1-800-263-2454
Fax: (905) 450-6343
scott_becksted@scotia-mcleod.com
www.advisors.scotiamcleod.com/sbecksted



ScotiaMcLeod is a division of Scotia Capital Inc., a member of the Scotiabank Group.

Chartered Accountants

Goebelle MacAdam Alexander LLP

37 Main Street South, Georgetown
(905) 877-5155
Website: www.gma.on.ca
Email: gmallp@gma.on.ca

Partners in your community:
Graeme Goebelle, B.A., F.C.A.
A. Brian MacAdam, B.Sc., C.A., C.F.P.
David Alexander B.Math., C.A.
Melanie McCracken, B.Sc., C.A.
Staff C.A.:
Tracey Bastedo, B.A.cc, C.A.

Serving Georgetown Over 30 Years



LEFERINK TRANSFER Limited

11597 TRAFALGAR ROAD
GEORGETOWN, ONTARIO
L7G 4S4

PHONE (905) 877-1420 FAX (905) 873-0919

www.leferink.com
BERT LEFERINK
President




STATION LOCATED AT
57 ARMSTRONG AVENUE



COLONIAL TREE SERVICE

HALTON'S LONGEST RUNNING TREE COMPANY
OVER 30 YEARS EXPERIENCE

- Tree Analysis & Diagnosis
- Tree and Stump Removal
- Corrective Tree Pruning
- Tree Fertilizing
- Tree Cabling and Bracing
- Hedge Trimming
- Brush Chipping
- Hydro Line Clearing
- Crane Service Available

CERTIFIED PROVINCIAL ARBORISTS FORESTRY TECHNICIANS FULLY INSURED

Phone **905-877-8591**
www.colonialtree.701.com

THE INDEPENDENT & FREE PRESS

SERVING HALTON HILLS AND SURROUNDING AREAS

280 Guelph St., Unit 29
Georgetown, Ontario L7G 4B1
Telephone 905-873-0301
Fax 905-873-0398