



## Socrates speaks

Jen Bock poses with Socrates, a turkey vulture, during a WEEP (Wildlife Education and Environment Programs) demonstration for International Migratory Bird Day held at Willow Park Ecology Centre in Norval recently.

*Photo by Sabrina Byrnes*

## BACK TALK

By Dr. Gabor Madarasz



Sometimes when we say things they don't always get interpreted correctly. "Ma, Ricki just called me a raving idiot!" No I didn't, I said pass the ravioli." No you didn't" "Yes I did!" This past weekend my daughter was working on a school assignment and chose the nervous system. What a surprise! She was explaining to me that the function of the system is to collect information, store it and use it to control our functions. She said that when it collects information from outside conditions it analyzes this information and then creates appropriate responses to satisfy the body's needs. The most important of these needs being survival. I said, "wow, you sound like me talking about body function at the office with patients." "Well dad, it only makes sense that the body would have some kind of system to control how it works." I told her that impulses are generated and travel up to 250 miles per hour so a response can happen very quickly. It's also important that these responses be interpreted correctly. That's why keeping the spine clear of interference is so critical and why we regularly do adjustments to the spine. "Dad, it's making more sense why we've been getting adjusted all these years, thank you!"

PS. Hope you all had a great Thanksgiving weekend!



The 2005-2006 Progress Report will be available October 10, 2006.

Mayor, Council and staff from the Town of Caledon are pleased to share the municipality's annual Progress Report.

To obtain a copy, please visit Town Hall, our recreation facilities, libraries, or [www.caledon.ca](http://www.caledon.ca).



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