

PETER ZARINS

ROYAL LEPAGE
Meadowtowne Realty, Brokerage
Independently Owned and Operated

REAL ESTATE SALESPERSON

"My clients are number ONE..."

"... I'm just part of the equation."



905-877-8262
www.PeterZarins.ca



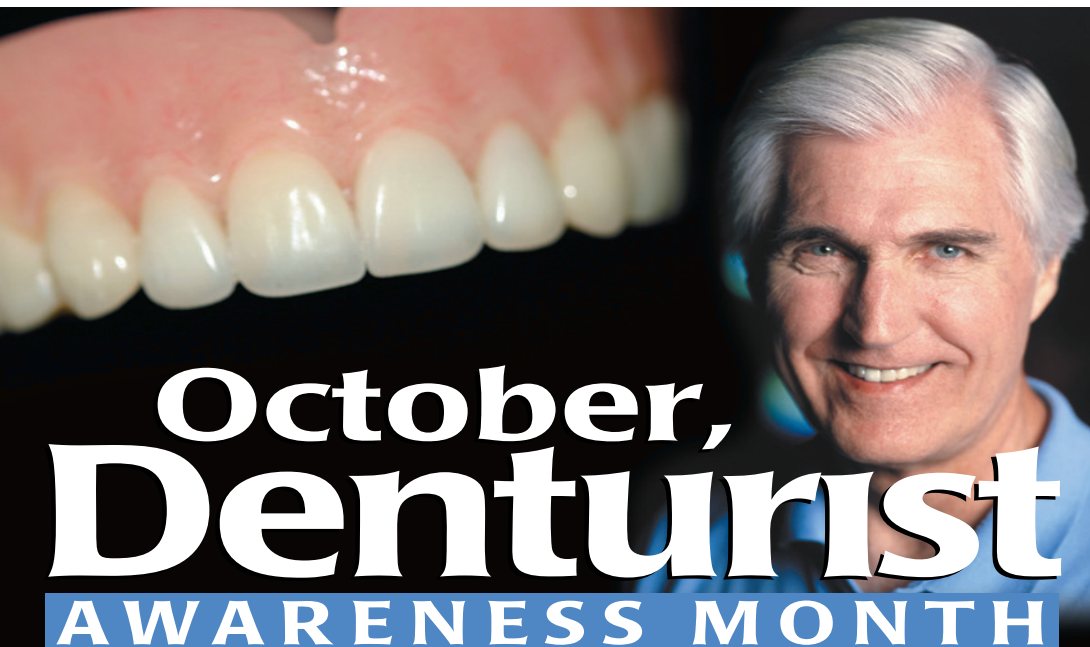
Craig Barrager

Sales Representative

RE/MAX REAL ESTATE CENTRE

905.877.5211
Toll Free 1.800.834.5516

cbarrager@rogers.blackberry.net
www.RealEstateMaximums.ca



October, Denturist AWARENESS MONTH

What can your denturist do?

There are several reasons people need denturists. An accident or gum disease may result in one or more missing teeth, and many people will opt for dentures as a way to prevent other problems down the road. During Denturist Awareness Month in October, take the time to learn about what denturists can offer, and what they suggest to prevent tooth loss.

Denturists are denture specialists. This means they are licensed to make and adjust the fit of dentures. There are a few types of dentures that are commonly used, and a denturist is also the person who can make sure they fit your mouth properly, repair them, and give you the best advice about what you need.

An accident, by its very nature, isn't always preventable. Without proper treatment however, it can lead to other, more preventable problems. When a missing tooth is not replaced

by a false tooth, your other teeth can "drift" out of place.

Gum disease is more preventable. Several factors can lead to gum disease. These include improper flossing and brushing, poor nutrition, smoking, lack of calcium during pregnancy and nursing, other medical conditions and even genetics. While treatments exist to slow the process of gum disease, it may not prevent eventual tooth loss.

At this point, dentures are needed. There are complete dentures which replace all teeth, or partials, also known as a bridge. After teeth are removed, conventional dentures are not fit to the mouth for 4 to 8 weeks, while immediate dentures are fit into the mouth immediately and may require some adjustments during healing. And even after you have your dentures, it's still important to follow good oral health care practices.



Fifty-one years of service

At the 145th anniversary service for Limehouse Presbyterian Church, longtime elder Richard Appleyard (centre) was honoured for his 51 years of service with the presentation of a certificate of recognition from Rev. Dr. James Cooper (right) and Kirk Session Clerk Bill Kam. Appleyard was ordained as an elder at Limehouse in 1955.

Library branch staff excited to be part of anniversary celebration

For us at the Georgetown branch of the Halton Hills Public Library, the week of October 13-22 is going to be an exciting one. That week, a celebration of the arts will be taking place.

For 25 years now, the Georgetown Library has shared a building with the John Elliott Theatre and the Gallery. Needless to say, it has been quite a partnership. We at the library have watched with great interest as many fascinating artists, musicians, thespians and speakers have come to the Gallery and the theatre's stage. And this anniversary week is going to be no exception. Over 10 great performances, art exhibits and workshops have been planned. Here is a short description of just three.

On Saturday October 14, you can enjoy the classic jazz of three-time National Jazz Award nominee Alex Pangman. Dubbed "Canada's Sweetheart of Swing", Alex Pangman has performed with many notable musicians including Jeff Healey, Dick Sudhalter, and Chris Whitley. It promises to be a nostalgic evening filled with all the grace and good sounds of the 1920s and 1930s.

On Monday, October 16, award-winning science journalist Bob McDonald will be coming to present a fascinating look into Canada's role in scientific research, both in Canada and around the world. McDonald is well known for his CBC radio program, *Quirks and Quarks* and for his many contributions to such



Clare Hanman

publications as *The Globe and Mail* and *Owl Magazine*.

On Wednesday, October 18, flamenco guitarist and Canadian Independent Music Awards nominee, Jorge Miguel, will be coming to the John Elliott Theatre stage. Miguel is originally from Cadiz, Spain and has trained with some of the masters. He and his group Toma Que Toma will be presenting an evening of authentic flamenco music, song and dance.

While attending these events, why not drop in at the library and have a browse? We have all sorts of music CDs including those of Miguel. We also have McDonald's book, *Measuring the Earth with a Stick* as well as some recordings of his *Quirks and Quarks* programs.

For more details about any of the 25th anniversary events, please call at 905-877-3700 or visit www.haltonhills.ca. And if you decide to borrow a CD or book you can reach the library through www.library.hhpl.on.ca.

Clare Hanman is a circulation supervisor at the Halton Hills Public Library

Georgetown DENTURE CLINIC
Alexander Trenton, D.D., F.C.A.D., (A)
DENTURIST

• CREATING CONFIDENT SMILES SINCE 1982 •

- NEW COMPLETE & PARTIAL DENTURES
- RELINES-SAME DAY
- EMERGENCY REPAIRS
- IMPLANT DENTURES
- QUALITY SERVICES GUARANTEED

(905) **877-2359**

18 CHURCH ST. GEORGETOWN
(Across from the Library, corner of Church & Market St.'s)



Acton Denture Clinic
Tracy Mitchell D.D.



- Full & Partial Dentures
- Precision BPS® & Implant Retained Dentures
- Same Day Service For Repairs & Relines

130 Mill Street East
Unit 103 Acton

519-853-0079



Grilling champs

Team Cedar Grilling, (from left) Steve Adams, Daryl Maybanks, Marty Soberg, won Grand Champion honours in a St. Catharines barbecue competition. The team also won 1st place ribs, 2nd place brisket and 2nd place shoulder. Team Cedar Grilling will represent Canada at the Jack Daniel's World Championship Invitational Barbecue in Lynchburg Tennessee later this month. There will be 68 of the world's best teams competing for the world title.