

Water sessions set up for private well owners

Halton Region is committed to ensuring that all residents have access to safe drinking water. If your drinking water comes from a private well, you will be interested in the information sessions that Halton will be hosting on how to maintain the safety of your private well water supply.

Well Water Information Sessions will be held in Lowville today (Wednesday) at Conservation Halton, 2596 Britannia Road West, RR2, and at Pineview Public School 13074 5 Sidroad, RR2, in Georgetown on October 4. Both sessions will be open to the public from 3:30 p.m. to 9 p.m.

It is important to regularly test the water in your private well water supply for bacteria. The Health Department recommends that residents using well water supplies test their drinking water at least three times a year.

Residents attending the information sessions can have their water tested for nitrate (bring one cup of water in a sterilized jar) and can bring an additional water sample in an approved sample bottle (available through Health Department locations) to be sent to the Public Health Laboratory for bacteria testing.

The Well Water Information Sessions are a great opportunity for you to get answers to any questions you may have about your well. Public Health Inspectors, licensed well contractors and other professionals in the water industry are on-hand to provide information and answer questions about well water safety.

You can also learn more about the Public Health Laboratory's phone-in system to receive water sample results and you can review your well records from Halton Region's database.

For many residents using private wells,

Joyce Savoline



water conservation is also an important issue and staff from Halton Region's Planning and Public Works will be on-site to discuss water conservation strategies.

Halton Region's Well Water Information Sessions support our commitment to ensuring the well-being of our community. I encourage residents using private well water supplies to take this opportunity to learn about well water safety. If you would like more details, please visit our website at www.halton.ca/health, or call us at 905-825-6000, toll free 1-866-4HALTON (1-866-442-5866).

Joyce Savoline is the chair of Halton Regional Council

Friday is Apple Day

On September 29, visit any Royal Bank branch in Halton and buy an apple for \$2 to support Halton Food For Thought. Participants will be entered into a draw to win one of 17 Chudleigh's apple pies. All proceeds will be used in support of new program development. More than 13,000 students are served approximately 850,000 meals each school year. Info: Gayle Cruikshank, 905-331-0227.

BACK TALK

By Dr. Gabor Madarasz



Some people just don't want to be seen! The "lone ranger" patient rides off into the sunset. I had that experience yesterday when a new patient of four weeks told me how not only her upper back was feeling almost perfect but that her bowel function was "absolutely amazing". "What do you mean,....?" Whoops, I just about gave her name away! "Doc, when I came in to see you the first time I didn't tell you about my horrible digestive upsets and irregularity, I didn't think it was related to my spine. But I just know it is because since I've seen you in the last four weeks my bowel regularity is better than perfect!" I immediately asked her if we could tell her story in one of our in-office binders we keep for patients to read. "Doc, I don't mind telling the story, I just feel weird putting my name to the condition." "I completely understand but I think it's important for people to know results of spinal correction are improved health, after all, who would think chiropractic care could improve bowel function? Let's go with just first name, OK?" "No problem Doc, anything to help get the word out."

PS. If you have a health condition that you think could be related to your spine, call us. Your consultation will be free and if we think we can help we will let you know.

PPSS. Your response to our scoliosis screening was overwhelming. Way to go Georgetown!

Life Chiropractic Centre
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By Cory Soal R.H.A.D.

... Lend Me Your Ears

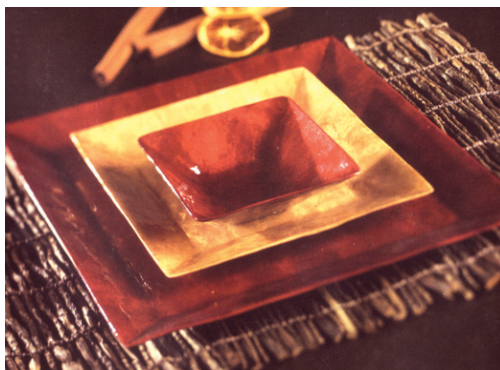
IS IT TIME FOR A HEARING AID?

If you feel as if you are missing out - on conversations, movies, plays or public meetings - or if your loved ones are getting tired of constantly repeating themselves, it's time to get your hearing tested.

And if your vanity has you balking at the idea of wearing a hearing aid, you should know that they're smaller and better than ever, thanks to technological developments such as digitization and background noise filtering. More importantly, while hearing aids are still considered a "device" they have significantly improved the quality of life for many users.

Not only do more than 50 per cent of senior citizens need at least one hearing aid, so do many other Canadians. These include younger adults exposed to long-term damaging noise, children who are "higher risk" at birth and people of all ages whose hearing is affected by injury or disease, such as meningitis.

The Georgetown 
HEARING CLINIC
We care about your hearing!
Professional Arts Building
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Good Stuff



Ever-changing Stuff



In-town Stuff



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