

Wins title

Joel Albany, 10, of Georgetown won the overall title for his age category at the Golf Channel's Drive & Putt competition held last month at the Legends on the Niagara course. In a field with about 60 other golfers, Albany placed second in chipping and fifth in both in driving and putting to accumulate enough points to take top spot in the 9-10 age group. The Grade 6 Silver Creek Public School student was then notified that he had qualified for the competition's Lake Erie regional championship just a couple of days later in Macedonia, Ohio, where he finished seventh in his division.

Submitted photo



Duathletes compete at World Age Group event

A couple of duathletes with Georgetown roots represented Canada at the recent ITU World Age Group championships at Corner Brook, Nfld. in the men's 30-34 age group, finishing just 50 seconds apart.

Kevin Withers and Brad Mailloux placed 22nd and 23rd, respectively, in their Olympic distance 10-km run, 40-km bike, 5-km run race. Withers crossed the finish line in a time of two hours, eight minutes and 24 seconds. Both qualified for the world meet thanks to their performances at the national championships back in May at Ancaster.

Withers is a Halton Hills native who teaches in Campbellville and resides in Guelph, while Mailloux is part-owner of the Feet In Motion store in Georgetown.

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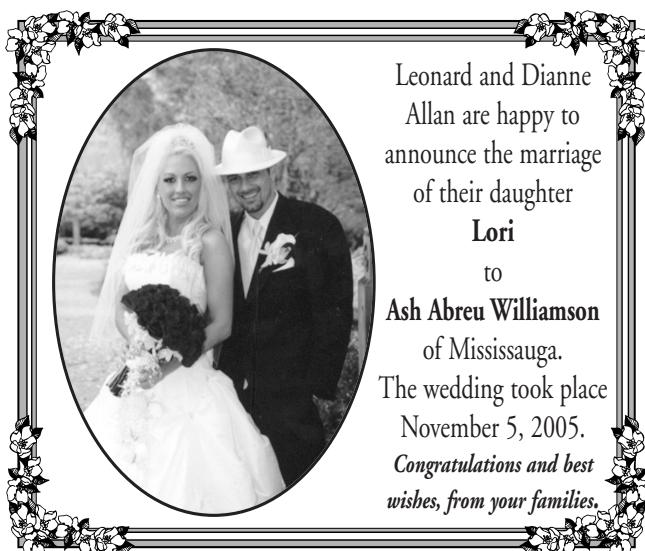
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Leonard and Dianne
Allan are happy to
announce the marriage
of their daughter
Lori
to
Ash Abreu Williamson
of Mississauga.
The wedding took place
November 5, 2005.
*Congratulations and best
wishes, from your families.*



Malcolm and Judy Crabbe of Georgetown are thrilled to announce the marriage of their son **ANDREW MALCOLM** to **SAMANTHA ANN**, daughter of Robert and Diane Sturgeon of Erin. Their beautiful wedding & reception took place June 24th, 2006 in Terra Cotta.
Congratulations and all best wishes!

In children, **scoliosis** can be corrected with early detection

As the twig is bent, so grows the tree!

You are probably unfamiliar with the word "scoliosis". Nevertheless, you or someone close to you may be affected by scoliosis since this form of spinal curvature affects a very high percentage of children and adolescents during their growth, only to worsen during adulthood.

How to detect scoliosis

The symptoms of scoliosis are seldom evident. The disease sometimes causes pain to the back, knees, or ankles, but most often the real damage is done over the long-term. The premature deterioration of the spinal column brings about other health problems for the heart, lungs, or stomach, for example. Excessive fatigue can also be felt. Act promptly to avoid aggravating the symptoms. With early detection, scoliosis can more easily be corrected.

How to treat scoliosis

Chiropractic manipulation can help realign the spine and offers effective pain relief, as it slows the progress of scoliosis and can even sometimes lead to complete recovery. Depending on the gravity of the spinal deviation, chiropractors may also work in collaboration with other health professionals. Orthopedic braces, physiotherapy, or a consultation with a surgeon may be necessary in some cases.

A preventive visit with a chiropractor can avoid the damages caused by scoliosis.

If you and your children have never had your neurospinal health examined, now is a good time to make an appointment with a chiropractor. Besides, an annual consultation with a chiropractor is still the best way to prevent many aches and pains!

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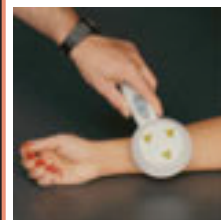
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