

SENIORS LIFESTYLES

Wendy Krever becomes temporary co-ordinator of both seniors centres

JULIE CONROY
Acton Seniors Centre

Well it's hard to believe it's August already, and there are some changes happening at the Centre.

Wendy Krever, the co-ordinator of Acton Seniors Centre will be taking on a new challenge. She will be the co-ordinator of both the Georgetown and Acton Seniors Centres temporarily, due to the retirement of Adrianna Lawless.

Wendy will be in Acton on Monday and Fridays, so we will still see her at the Friday Lunches. She will be in Georgetown on Tuesdays, Wednesdays and Thursdays. Sherry's hours will stay the same.

Wendy is happy with the new arrangement and is looking forward to the challenge. At least, she will not be commuting quite as far. When she and Bill lost their home in a disastrous fire, she and Bill were commuting from the family cottage in Midland. Needless to say that wasn't very pleasant over the winter months. Their home in Campbellville is now completed, and they are busy settling in.

See you at the Leathertown Festival on Sunday, August 13. We will have a display of crafts, carvings and paintings made by our members featuring some

of the different activities at the Centre. We will also have memberships for sale. During August you can take advantage of one month's free membership and then in September during the membership drive, pay the pro-rated fee for the remainder of the year and 2007.

Paper tole and scrapbooking are continuing during August. If you are interested call Margaret Dodgson, 519-853-8855.

There will be euchre on Wednesday, August 16, 7:15 p.m. There will be no lunch, but there will be prizes. Everyone who enjoys playing euchre is most welcome.

If the hot weather keeps up (or even if it doesn't) don't forget it is always cool at the seniors centre. You can either come in and have a chat with a person at the front desk, or pick up a book and enjoy reading it. We also have quite an assortment of magazines that you are welcome to borrow or read in the comfortable lounge area. There is cold water in the cooler and an assortment of cold drinks in the fridge for a nominal price or a cup of coffee.

The August Rama trip will be on Wednesday, August 30. September's trip will be on Thursday, September 28. That's correct— Thursday just for the one month. Don't forget if you can't make it please let Ruth, 519-853-5124, know as there is always a waiting list.



Kindergartners turn 60

A group of women who all attended Robert Little Public School Kindergarten together and went through school together, have kept in touch for 55 years. In 2006, all members celebrated its 60th birthday and marked it with a visit to Ottawa and the Parliament buildings. From left, Mary Beth Currie (Elliott), Linda Clark (Parker), Gail Timmerman (Roszell), Lorraine Holmen (Lasby), Janet Taylor (Rognvaldson), Dianne Butler (Angell), Gerry Kentner (Calder), Susan Wheatley (Heard) and Nancy Simmons (Reid). Photo submitted

Government provides new guide for seniors

By 2035, nearly one in four Canadians will be 65 years of age or older. That means the demand for services for seniors will be higher than ever. The time to start familiarizing yourself with services for seniors is now, especially if you'll be one 20 years from now.

A new Government of Canada guide available through Service Canada called *Services for Seniors* is a good place to start.

The guide is designed for Canadians over 50 who are planning their retirement, families of seniors or their caregivers. It lists more than 120 federal government resources for seniors and their families, including information on finance and pensions, health and wellness, housing, safety and security,

veterans and Canada's military, consumer issues, travel and leisure, and computers and learning.

The *Services for Seniors* guide offers information on how to easily access these programs through Service Canada. There's even a helpful section on how to contact provincial or territorial government offices. The guide is presented in a larger-than-average print size for the convenience of readers. You can view or download the guide at servicecanada.gc.ca. You can also obtain a copy through 1 800 O-Canada (1-800-622-6232), by e-mail at guide@canada.gc.ca or in person at one of the 320 Service Canada Centres nearest you.


—News Canada

Acton Denture Clinic
Tracy Mitchell D.D.

130 Mill Street East,
Acton

Full & Partial Dentures
Implant Retained Dentures
Precision Dentures (BPS® Certified)
Same Day Service for Repairs & Relines
Dental Lab On Site
No Referrals Needed

519-853-0079





EDEN HOUSE CARE FACILITY Inc.
NURSING HOME RETIREMENT HOME
"A Nice Place To Live"

Eden House has been licensed by the Ontario Ministry of Health and Long Term Care since 1968. Eden House is family owned and operated and is situated on spacious grounds. The convenient one storey building is strategically located in a rural setting between Eden Mills, Rockwood and Guelph.

Please call us for a tour
9 a.m. - 5 p.m.

"Serving Seniors Since 1968"
Accredited by:


Eden House Care Facility Inc.
R.R. 2, Guelph Phone 519-856-4622 Fax 519-856-1274
www.edenhousecarehome.ca

Georgetown

DENTURE CLINIC
Alexander Trenton, D.D., F.C.A.D. (A)

18 Church Street,
Georgetown

(905) 877-2359







LORD DUFFERIN CENTRE
Seniors' Residence

IMAGINE A BETTER WAY of LIVING

Come tour our well appointed seniors facility in the heart of Orangeville and join us for a complimentary meal in our elegant Dining Room. With several different styles to choose from, our suites are complemented with everything one needs either on premises or just a few minutes away.

32 First Street,
Orangeville, Ontario L9W 2E1
Phone: (519)941-8433 Fax: (519)941-2615
www.jarlette.com

Come experience the Lord Dufferin feeling for yourself

MOUNTAINVIEW RESIDENCE
"Family Caring. Caring for Life."
222 Mountainview Road North
Georgetown, ON L7G 3R8
(905) 877-1800 tel.
(905) 873-9083 fax
www.mountainviewresidence.com
info@mountainviewresidence.com
82 suites



SERVICES INCLUDED

- Around the Clock Professional Staff
- In-house Physiotherapy & Blood tests
- Medication Supervision & Treatments
- Daily Light & Weekly Full Housekeeping
- Personal & Room Laundry
- Home-style Meals & Snacks
- Full Time Activities Coordinator

AMENITIES & SPECIAL FEATURES

- 5.66-Acre Park-like Landscaped Property
- French Provincial Café
- Theatre/Chapel Lounge
- Sun Room Lounges
- Fire Place Lounge
- Tuck Shop
- Games & Crafts Room
- Internet & Library Lounge
- Intimate Family Dining Room
- Planned Outings With Transportation
- Individually Controlled Heating & Cooling
- Spacious Private Suites from 300 to 630 sq ft





Specializing in Alzheimer's Clientele

A Home Away From Home

"TOTALLY SECURED ENVIRONMENT"

Fox Run is a country estate located on four scenic acres overlooking the Caledon Hills, and close to the quaint village of Erin, Ontario. Fox Run caters exclusively to individuals in early to mid states of Alzheimer's disease and related dementia. We offer a non-institutional alternative for those who can no longer live alone and need around the clock attention.

Contact Patricia Kelly (Owner/Administrator) at 1-519-833-1033
RR2, Erin, Ontario