

# FAMILY FITNESS at Rampulla's

## ONE MONTH INTRO SPECIAL

### UNIFORM INCLUDED

# \$29<sup>99</sup>

• KARATE  
• KICK BOXERSIZE



Karate Programs from **\$55<sup>00</sup>** mth.



Shihan Pickells & Sensei Rampulla

\*COMPETENCE

\*CONCENTRATION

\*DISCIPLINE \*FOCUS

\*AGILITY \*BALANCE

\*STRENGTH \*CONFIDENCE

You have it in you. We bring it out.

Learning martial arts can have a positive impact on your mind, body and spirit.

Try it and experience the results for yourself.

### FAMILY FOCUS

• Training together • Special rates  
• Bonding

### JOIN TEAM BONSAI

Our travelling, tournament & demo team.

WEAPONS TRAINING  
CLASSES - Weekly

Classes  
AGES 4 & UP



The most affordable place in Town!



# Kick Boxercise

# \$30

/mth.



## Rampulla's Martial Arts

211 Armstrong Ave., Georgetown  
905-702-1116

website: [www.rampullasmartialarts.com](http://www.rampullasmartialarts.com)  
email: [tony@rampullasmartialarts.com](mailto:tony@rampullasmartialarts.com)

Clean, Bright and Air Conditioned facility. Tuesday & Wednesday is Family Training Night!

