

# Province honours Acton volunteer

*Shirley Broostad among 22 senior citizens recognized*

**LISA TALLYN**  
Staff Writer

A longtime Acton woman was recognized with an Ontario Senior Achievement Award last week for the volunteer contribution she makes to her community.

Shirley Broostad was one of 22 recipients of the annual award that honours outstanding senior citizens. She was recognized, in particular, for her many years of advocacy on behalf of seniors.

"Shirley Broostad is an exceptional person who brings creativity, enthusiasm and warmth to each task she tackles," said Jim Bradley, Minister Responsible for Seniors, at the award ceremony at Queen's Park Wednesday. "She inspires those around her to do their personal best."

"I felt very honoured, but very humbled," Broostad said. "You know there are many others that should be (recognized as well)."

Bradley said Broostad has "worked tirelessly" on many committees serving seniors, children and families including the Halton West Seniors Planning and Education Committee—an advisory board based in Acton for seniors' issues and needs assessment, geriatric mental health and community care access. She's also worked on a committee focused on identifying and actively supporting isolated seniors and the Support Services Action Group—an organization that creates brochures and information packages to advise seniors about local services and upcoming events.

"My group (the member of the Halton West Seniors Planning and Education Committee) is really part of what I do, I spur them on, but we do it," said Broostad, 75.

She is also a member of the Halton Hills Injury Prevention Committee (HHIP) and recently joined Seniors And Law Enforcement Together (SALT),



Shirley Broostad of Acton was honoured to receive a Seniors Achievement Award last week. Presenting Broostad (centre) with the award at Queen's Park were from left, James Bartleman, Lieutenant-Governor of Ontario, and Jim Bradley, Minister Responsible for Seniors.

which has hosted information sessions on home security and fraud for seniors in Halton Hills.

Broostad has also been on her church council (St. Alban's Anglican) for more than 20 years.

"Shirley is a strong proponent of intergenerational programs bringing seniors and youth together," said Bradley.

She's volunteered with the All Star and Cozy Reading program at local elementary schools and on a recent Remembrance Day arranged a visit by a Korean veteran to speak to school children.

"With an eye out for anyone in need, and a helping hand at the ready, Shirley exemplifies the heart of her small town," said Bradley.

"It's amazing," said Broostad, of her award win. "You can do a lot when you enjoy it."

Broostad, a nurse/teacher at Conestoga College, who retired in 1990, is married to Lloyd and they has two grown children, seven grandchildren and one great grandchild on the way.

**The Rotary Club of Georgetown & Studio 49 present**

## SPRING & SUMMER 2006 FASHION SHOW & DINNER

*Proceeds to Willow Park Ecology Centre, Habitat for Humanity and Rotary Club Community Projects*

### THURSDAY, MARCH 30<sup>TH</sup>, 2006

**GLENCAIRN GOLF CLUB**  
9807 Regional Road 25, Milton

**Doors Open ~ 6 p.m. ~ Dinner Served ~ 7 p.m.**  
**FASHION SHOW STARTS ~ 8 p.m.**

**\$55 person** (includes \$50 Gift Certificate from Studio 49 and \$15 Gift Certificate from Esthetically Speaking)

**Door Prizes • Raffle • Cash Bar**

**Tickets available from Tunde Otto-Harris @ 905-702-9055 or Iris Irwin @ 905-877-5165 (seating limited)**



**Alex's patient was reluctant to admit his lower dentures were loose, but it "slipped out" in conversation!**

**Don't let this happen to you! Give us a call...**

**Georgetown DENTURE CLINIC**

**(905) 877-2359**

**18 Church Street, Georgetown**

**Corks & Forks Kitchen Theatre**  
Cooking demos, sampling & wine pairing classes.

the **Bay**

**Wines of the World**  
Come visit, taste and you could win a trip to Spain courtesy of Nolitours.

**Sample Vintages**  
Sample and purchase at the LCBO Vintages Classics Tastings.

**Smooth Jazz**  
Visit Wave 94.7 FM Smooth Jazz Wine Garden featuring live entertainment

**Wine Appreciation Seminars**  
Professional classes & tutored tastings.

**Cheese Lovers Unite!**  
Sample the best cheeses from the Dairy Farmers of Canada and the Ontario Cheese Society.

Visit our website to pre-register for all Seminars and Tutored Tastings

Free Parking & Free shuttle to Kipling subway.  
Enjoy the show, please don't drink and drive.  
[www.towineandcheeseshow.com](http://www.towineandcheeseshow.com)

**MARCH 24 - 26, 2006**

**THE INTERNATIONAL CENTRE**  
6900 Airport Road, Mississauga

**TORONTO WINE & CHEESE SHOW**

**BALDERSON**  
SINCE 1881  
THE WORLD'S FINEST AGED CHEDDAR

*The finest wine & culinary event in Toronto*

**Admission: \$18**  
(must be 19 years or older to attend)

**Fri: 12-10 pm, Sat: 12-9 pm, Sun: 12-6 pm**  
(Seniors Days Friday, 12 - 5 pm \$10)

toronto.com ALL YOU NEED TO KNOW ABOUT TORONTO  
EYE WEEKLY  
NOLITOURS  
www.dairygoodness.ca NOURISH YOUR DAY