

SENIORS LIFESTYLES



Dedication honoured

Co-workers and management agree that although the style of uniform has changed a great deal through the course of Catherine 'Kay' Siberson's 43 years of nursing at Georgetown Hospital, the smile on her face hasn't. The P.E.I. native was honoured at a retirement reception last week at the hospital and was presented with a certificate of appreciation by Halton Hills Mayor Rick Bonnette. Kay outlasted several CEOs during her stay and had the uncanny knack for remembering the names and ailments of patients who stayed at the hospital decades ago— even showing up in full dress on her wedding day to check on things.

Photo by Eamonn Maher

30 years of meals and counting

At the 30th anniversary celebration of the Georgetown Meals on Wheels, original volunteer drivers Rhoda Geggie (left) and Edith McPhail (right) were joined by longtime Meals on Wheels client Alex Manning as they cut the cake to celebrate the event. The service was originally organized by the Optimists Club of Georgetown.

Photo by Ted Brown



Supportive Housing— don't wait until it's an emergency

Are you having trouble managing daily activities in your own home, or think that it will become more difficult in the near future?

If you are considering Supportive Housing, fill out your application NOW. The general wait list for an apartment at 17 Elizabeth Dr. in Acton, can be as long as 3-5 years. It's better to be prepared than left in a crisis situation. For details, call Anne at 519-853-9916.

Seniors shopping trip

In Acton, shopping trips for seniors are coordinated monthly to assist seniors



with their shopping needs. These bus trips are held on the third Tuesday of every month. Trips alternate between Stone Road Mall in Guelph and Georgetown Market Place and cost \$10 and \$8 respectively. If you would like to go shopping, call Terri at 519-853-3310.

Telephone reassurance program
Volunteers call seniors daily to provide a safety check and regular social contact. This is a great program for someone living alone; if the senior does not answer, a contact person will be notified to ensure the client's safety. A volunteer is matched with a client who has similar interests, which allows both to get to know each other and offer companionship. For details call Terri in Acton, 519-853-3310 or Kim in Georgetown, 905-873-6502.

HHCSI is a member agency of United Way of Halton Hills

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