

# Recreation for all ages Spring into action!

**B**y now you should have received your *Spring and Summer Town of Halton Hills Community Activity and Service Guide* that was delivered in February, and be planning your activities for the new season.

In addition to its well-known programs, Halton Hills Recreation & Parks is offering some creative new ones to help you spring into action.

In an effort to offer some alternative aqua fitness programs, Recreation & Parks is introducing Water Walking and even stepping it up a notch for Running H2O. Looking for a different fitness challenge? Lifesaving Fitness teaches the importance of being physically fit when being prepared for water emergencies.

Recreation & Parks also offers several options for adopting an active attitude in your life with adult fitness classes at the Gellert Community Centre, Acton Community Centre and the Georgetown Seniors' Centre. If you have mastered beginner Pilates, challenge yourself with Level II. All levels of program intensity are offered such as Tai Chi and Yoga right up to high intensity Step, Cardio Mix and Sizzlin' Seniors!

There are many activities for your children too! Keep Preschoolers entertained at Preschool Playshop, Saturday Fun Club & Gym & Swim to name a few.

Get your children in the game with new Spike Volleyball and a spring ses-

sion of popular Slam Dunk Basketball.

For the creative ones, Art Adventures explores the world of arts and crafts. For youth, there's a Guys Night Out so they can have as much fun as the girls do!

How does underwater hockey or water polo sound? Try out the great new sports equipment for the youth Water Sports program or at the recreational Youth Sport Swims on Friday nights at the Gellert. Availability of equipment may vary.

Take the opportunity to discover new interests and develop skills in many areas including dance, martial arts, golf, tennis, and important aspects of coaching.

Still can't decide which program suits you best? Try-it before you buy-it at a FREE trial class! Try-it class schedules are available in the Community Guide, on the Town website or at all Town facilities. Spring and Summer registration began March 1.

Why not register the e-asay way! Online at [www.haltonhills.ca](http://www.haltonhills.ca) and click on Reg-e or by phone with Tele-Reg at 905-873-1587. Family PIN and Visa or Mastercard payments required.

For more information on registration and other exciting programs being offered this spring and summer see the *Town of Halton Hills Community Activity and Service Guide*, visit the Town website or call the Program Information Hotline at 905-873-2601, ext.2275.

# WINTER BLOW-OUT

LESS THAN 2 WEEKS UNTIL MARCH BREAK!!

# ALL WINTER OUTERWEAR 40-50% OFF



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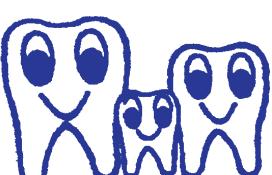
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# Riding Lessons

**Join in our March Break Camp.  
Fun for the Kids!**

A Fun, Friendly, Family Atmosphere

#### BRIGHTWATER FARM ALSO OFFERS:

- Beginner to Advanced Classes
- All Levels, All Ages
- Children's 'Crackerjack' Shows
- Summer Camps



**9757 5th Sideroad, Erin.**

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