

Health Care

Cancer Society seeks volunteers

Two out of 5 Canadians will be diagnosed with cancer in their lifetime. Help change that statistic this April by joining the Canadian Cancer Society as a volunteer door-to-door canvasser.

By volunteering a few hours of time, you can make a difference and bring hope to the people touched by cancer in your community.

Money raised will help fund leading-edge Canadian cancer research, provide information on all types of cancer and deliver community support services.

To walk your block as a volunteer canvasser, contact the Brampton/Caledon/Georgetown/Dufferin County Unit, 905-451-4460 or 1-877-711-0111 ext. 28 or visit www.cancer.ca.

Child Safety course offered

Canadian Red Cross Infant/Child CPR First Aid course, Kids Safety First, will be held on Wednesday, Feb. 15 and Feb. 22, 6:30 p.m. to 9:30 p.m. at the Ontario Early Years Centre, 96 Guelph St., Georgetown.

The cost is \$75 per person or \$100 per couple.

If you are a parent, grandparent or caregiver/daycare provider, this course will teach you how to make your home a safer place and help you handle childhood emergencies with confidence, basic first aid, and infant/child CPR, conscious and unconscious choking.

The two-evening course (total six hours) will include group discussions, demonstrations and lots of hands-on practice.

To register call Catherine, 905-877-4490, a Canadian Red Cross authorized provider.



Heart and Stroke Foundation area co-ordinator Stephanie Kuczerepa dropped by Joseph Gibbons School recently as she gave the students pointers about taking part in the annual Heart and Stroke Jump Rope for Heart event, which will be held at various schools, including McKenzie-Smith Bennett in Acton, during the month of February. Taylor Bainbridge, 6, was one of the students who took part in a skip-off as part of the kickoff. On Tuesday, February 14, Curves in Georgetown is holding a Circuit-athon as part of the Fit for Heart campaign.

Photo by Ted Brown

February is Heart Month Volunteers to begin fund-raising

Volunteers across Halton Hills are getting together during February for Heart Month. Businesses, schools and members of the community will participate in a range of activities to raise funds for life-saving research into heart disease and stroke.

"We are thrilled to launch Heart Month 2006 in the community," said Heart and Stroke Area manager Shawn Keba. "Whether it's joining a local fund-raising effort or canvassing to help save a life, everyone can get involved and help the Foundation."

The Heart and Stroke Foundation of Ontario is a community-based volunteer organization whose mission is to reduce the risk of premature death and disability from heart disease and stroke by raising funds for research and health promotion.

Heart Month 2006 includes a wide variety of activities across Halton Hills.

The biggest campaign is the Person-to-Person program running February 1-28. This community-based program in which thousands of dedicated volunteers go door-to-door to request donations and raise awareness through the distribution of important health promotion information. In Halton Hills alone, hundreds of people are volunteering.

The money raised during Heart Month will go towards research into the root causes of heart disease and stroke.

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