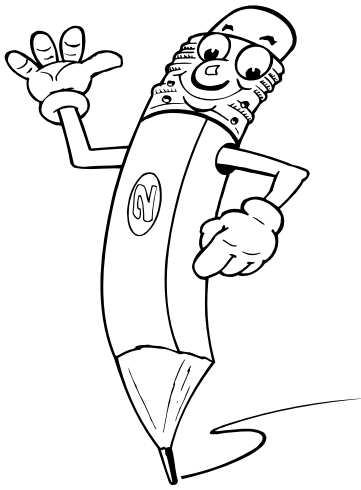


WINTER REGISTRATION



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HALTON DISTRICT SCHOOL BOARD

NIA & YOGA

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Studio Soleil with Judith

www.studiosoleil.ca

Mon. PM 7 - 8:15 Nia Tues. AM 9:30 - 10:45 Nia

Wed. PM 7 - 8 Nia 8:15 - 9:30 Yoga

Thurs. AM 9:30 - 10:30 Nia 10:45 - 12 Yoga

For information & registration: Carolyn Maule (905) 877-3881,
Suzanne Ropitzky (905) 877-4792, Judith Thompson (905) 873-8940

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Yoga with SHERRY LAWSON

Terra Cotta Community Centre

High Street, Terra Cotta

Times starting

Monday, January 9th, 2006

Monday	7:30- 9:00 pm	- 10 wks
Tuesday	Meditation	
	9:15- 9:55 am	- 10 wks
Tuesday	10:00-11:30 am	- 10 wks
Tuesday	7:30- 9:00 pm	- 10 wks
Wednesday	7:30- 9:00 pm	- 10 wks

Rampulla's Martial Arts

211 Armstrong Ave.

(at Sinclair)

Times starting

Tuesday, January 10th, 2006

Tuesday	1:00-2:30 pm	- 10 wks
Thursday	7:45-9:15 pm	- 10 wks
*Friday	7:30-9:00 pm	- 9 wks

*There will be no class
Friday, January 20th.

For details and registration call: 519-833-9402

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