

Weedless Wednesday to focus on 350 deaths per year in Halton

National Non-Smoking Week is being celebrated across Canada this week, January 15 to 21 with today (Wednesday) designated as Weedless Wednesday.

Today, health departments emphasize the benefits of quitting smoking and promote community resources to help smokers quit.

"Tobacco use causes approximately 350 deaths per year in Halton, with second-hand smoke responsible for roughly 20 of these deaths," said Dr. Bob Nosal, Halton's medical officer of health. "Regular exposure to second-hand smoke increases the chances of developing lung disease by 25 per cent and heart disease by 10 per cent in adults. Parents who smoke also increase the chances that their children will develop asthma by 200 to 400 per cent."

In Halton, there are a variety of services and resources available for quitting, some of which include The Stop Smoking Clinic (905-825-6000), Quit Care (905-338-4691) and Smoker's Helpline (1-877-513-5333).

This year National Non-Smoking Week is also a chance to highlight the new provincial legislation,

The Smoke-Free Ontario Act, which takes effect on May 31. The Act limits the sale, distribution and use of tobacco products, and makes it easier to prosecute tobacco retailers who sell to those under 19 years of age. The Act also bans smoking in all enclosed public places and workplaces, therefore helping to protect Ontarians from the dangers of second-hand smoke.

The Halton Region Health Department has received funding from the Ministry of Health and Long-Term Care to support the implementation of the Smoke-Free Ontario Act.

The Health Department's role includes assisting high schools with student-led tobacco initiatives, completing compliance checks of local tobacco retailers, providing education campaigns to high school students and workplaces, and offering smoking cessation services and resources.

For more information on the Smoke-Free Ontario Act or local activities, including cessation activities, please contact the Halton Region Health Department at 905-825-6000, toll free 1-866-4HALTON (1-866-442-5866), TTY 905-827-9833, or visit the website www.halton.ca.



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'Champions For Youth' Gala

Dance the night away to the '50s, '60s and '70s music of Rolly Rocker and The Hemi Heads!

HHCSI's 6th Annual 'Champions For Youth' Gala will be held on Saturday, March 4 at North Halton Golf and Country Club. Tickets are \$75 per person, which includes dinner, silent auction and entertainment by Riverbend (playing classical guitar); and Rolly Rocker and The Hemi Heads.

All proceeds from the event will support the youth centres of Halton Hills. For more information, or to order tickets, please call 905 873-6502.

Children's DEIPP Clinic

DEIPP Clinic at the Ontario Early Years Centre, Acton Satellite on Wednesday, February 1, 9:30-11:30 a.m. The Developmental Early Identification and Prevention Program (DIEPP) is a free service for parents with children from 0-5 years.

If you have concerns regarding your child's speech, hearing, behaviour or general development, you can come for a 15-minute consultation.

No appointment necessary— first come, first served. The satellite is located at 85 Wallace St., Acton. For information call 519-853-2574.

Volunteer Opportunity

Could you deliver Meals on Wheels? Have you ever thought that it might be fun and personally fulfilling to deliver Meals on Wheels? With the increasing popularity of our Meals on Wheels service, we also need more Volunteers to deliver hot lunchtime meals.

It takes about an hour to deliver a route and it could be done once a week or once every two weeks depending on preference. Mileage is reimbursed and your vacation time will be respected.

We would enjoy hearing from you if you would like to be part of the Meals on Wheels team! Please call Marlene at 905-873-6502.

Healthy Family Lifestyles Series

This three-part series for parents will focus on healthy food choices and lifestyle habits for families with young children. Children participate in active and hands-on play experiences. Attend one or attend them all! First workshop on Wednesday, February 1, 5:45-8 p.m. focuses on "Healthy Food Choices for Your Busy Lifestyle". Meal and limited childcare included. Call 905-873-2960 to register.

HHCSI is a member agency of United Way of Halton Hills.

KIDS GET ARTHRITIS TOO.

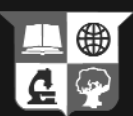
THE ARTHRITIS SOCIETY



Please help us find the cure! To donate, or for more information, call

Ontario Division

1-800-321-1433



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"When I pick them up at the end of the day and see the smiles on their faces, I know I made the right decision to send them to Mentor."

Colleen Paterson,
mother of
Casey and Kelsey (shown)

Open House and Entrance Testing

Saturday, January 21st, 9:30 to noon

Tour the schools, meet teachers, principals and students
Grade 5 to 12 entrance testing

JK to Grade 4: 905-271-7100

Grade 5 to 12: 905-271-3393

Go to www.mentorcollege.edu for more info. and a map to the school



you are welcome to attend the

Mentor College Primary Campus

OPEN HOUSE

on

Saturday, January 21st

9:30 a.m. to noon

Speak with staff, book an entrance assessment, tour the school, visit our specialty rooms and swimming pool

Primary Campus

56 Cayuga Avenue, Mississauga

(enter off Queen Street in the Lakeshore/#10 area)

tel: (905) 271-7100 e-mail: 56cayuga@mentorcollege.edu

www.mentorcollege.edu



HALTON HILLS
Working Together Working for You!

EMPLOYMENT OPPORTUNITY

Volunteer Coordinator (Part Time)
Posting No. 200603

Reporting to the Recreation Supervisor, the Volunteer Coordinator will be responsible for the management of volunteers in the Recreation and Parks Department. Duties include recruitment, screening, orientation/training, ongoing supervision, evaluation and recognition of volunteers. The individual is responsible for maintaining volunteer and staff relations and ensuring a high level of program quality and customer service.

Additional administrative responsibilities include report writing, publicity and promotion, development and implementation of department wide volunteer management system including the maintenance of volunteer data and statistics. Other duties may include the planning and delivery of community special events.

QUALIFICATIONS:

- Strong leadership & communication skills (oral and written)
- Ability to relate well with youth (majority of volunteers are 13-18 years old)
- Experience managing volunteers and/or staff
- Experience working with children, youth and adults in a recreation and/or aquatic setting an asset
- Well-developed teamwork and leadership skills
- Strong organizational skills to deal with fluctuating volumes of work
- Strong computer skills in Microsoft Word and Excel, Knowledge of Access and Database Management an asset
- Must have access to a vehicle

HOURS OF WORK:

This part-time position works a maximum 20 hours/week. One evening per week will be required and an occasional Saturday for volunteer placement site visits. Summer hours may increase to account for a larger volunteer roster.

SALARY: Rate of pay is \$14.09-\$16.78 per hour.

Interested applicants may submit a resumé with references, together with a cover letter to be received no later than 4:30 p.m. **Friday, February 3, 2006.** Please quote **Posting No. 200603** on your application.

Ms. Jackie Kerr
Manager of Human Resources
Town of Halton Hills
1 Halton Hills Drive
Halton Hills, ON, L7G 5G2
Fax: (905) 873-1431

Personal information is collected under the authority of the Municipal Act, 2001 (S.O. 2001, C.25) and will be used to select a candidate. Questions regarding this collection should be directed to the Manager of Human Resources. Only those persons being interviewed will be contacted.

AN EQUAL OPPORTUNITY EMPLOYER

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Halton Hills, ON L7G 5G2
Tel.: 905-873-2600
Fax: 905-873-2347