

FIT HAPPENS at Rampulla's

2 For 1 ONE MONTH INTRO SPECIAL \$29⁹⁹

• KARATE
• KICK BOXERSIZE



Karate Programs from \$55⁰⁰ mth.



Shihan Pickells & Sensei Rampulla

- *COMPETENCE
- *CONCENTRATION
- *DISCIPLINE *FOCUS
- *AGILITY *BALANCE
- *STRENGTH *CONFIDENCE

You have it in you. We bring it out.

Learning martial arts can have a positive impact on your mind and body. Try it and experience the results for yourself.



NO SET-UP FEE, NO COMMITMENT



BIRTHDAY PARTIES

AGES 6-12

Martial arts parties include:

- 45 minute class of appropriate martial arts
- Fun and exciting exercises and self- defense skills.
- Games with prizes

CALL FOR INFORMATION 905-702-1116

Kick Boxercise

\$30

/mth.



Rampulla's Martial Arts

211 Armstrong Ave., Georgetown
905-702-1116

website: www.rampullasmartialarts.com
email: tony@rampullasmartialarts.com

Clean, Bright and Air Conditioned facility. Tuesday & Wednesday is Family Training Night!

