

# The library can help you keep your New Year resolutions

It is the beginning of a new year once again, and for many, this is the time for resolutions. While resolutions are quite easy to make, they can be very difficult to keep. Fortunately the Halton Hills Public Library has lots of books, videos, DVDs, and CDs to help you on your way to an improved you. Here are a few examples of some of our different collections that might make it easier to keep those dreaded resolutions:

I think the most popular resolution is to get more exercise. If this is your aim, why not stop by the library and pick up an exercise video or DVD? There are also books on weight training, yoga, Pilates, and a variety of sports such as running, skiing,

and tennis. If that is not your thing, why not borrow something on Latin dancing or even ballet.

The resolution to eat better can be a tricky one to keep if you are short of cooking ideas. The library has books about nutrition, cook-books and even cooking videos and DVDs. Get the whole family involved by borrowing a children's cookbook. There are even guides to making your own baby food.

If reducing the amount of stress in your life is your goal, then the library has many

**AT  
THE  
LIBRARY**



**Clare Hanman**

books on stress reduction, meditation, and organization. There are relaxing music CDs, and audio-books. Or why not borrow a comedy on DVD or video and relax for an evening?

Getting your finances in order can be a struggle, especially after the expense of the holidays. The library has all kinds of books on personal finance, investment strategies and tax planning. Check how your stocks are doing in the library's newspapers, or get a head start on RRSP season with an invest-

ments planning guide.

Simply reading more can be a fantastic resolution in itself. Read a classic, a best seller or a romance novel. You could also learn how to do something new like play bridge, become a wine connoisseur, or fix your car yourself.

Having the support of something to read, view or listen to can be a great way to keep your new year's resolutions. For more information, please contact either branch of the Halton Hills Public Library or visit our website at [www.library.hhpl.on.ca](http://www.library.hhpl.on.ca). There is a world of information and entertainment waiting for you to borrow.

*Clare Hanman is a circulation supervisor at the Halton Hills Public Library*



## The Regional Municipality of Halton

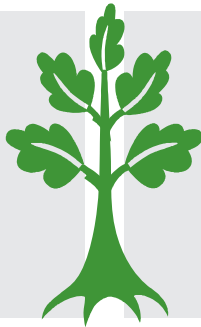
**Do you have Greenlands (ecologically sensitive areas) or woodlots larger than 0.5ha on your property?**

**Come and learn about Halton Region's new Tree By-law**

Join Halton Regional staff and a Registered Professional Forester at one of our two informative drop-in sessions to learn about Halton Region's new Tree By-law.

**Open House Session 1**  
Tuesday, January 31, 2006  
6:00 to 9:00 p.m.

Halton Regional Centre  
1151 Bronte Road, Oakville  
North Auditorium  
(use north entrance)



**Open House Session 2**  
Thursday, February 2, 2006  
6:00 to 9:00 p.m.

Milton Sports Centre, Room 2  
605 Santa Maria Blvd., Milton  
(off Derry Road, just west of Ontario St.)

**Learn about the benefits of practicing good forestry and receive information on how you can maximize the value of your woodlot!**

The Tree By-law, finalized after nearly two years of development and extensive consultation with the community, applies to trees located in Greenlands or Woodlands larger than 0.5 hectares and is primarily designed to prevent unauthorized clear cutting in Halton Region.

Residents can pick up a copy of by-law 121-05 on Halton's website or at the Halton Citizen's Reference Library at the Regional Administration Building at 1151 Bronte Road, Oakville or contact Halton Region for more information.

### New User Fees at the HWMS

On February 6, 2006, Halton Region will be changing some of its user fees at the Halton Waste Management Site (HWMS). Updating these user fees will more closely align Halton's fee structure with the surrounding marketplace and support our efforts to keep up with the increased demand for HWMS services.

Thanks to your hard work, Halton has one of the highest diversion rates in the GTA, with almost 42 per cent of all residential waste being diverted away from our landfill. With your cooperation, we will continue to maximize the efficiencies in managing Halton's waste.

To find out more about the changes to the HWMS user fees, please visit our website at [www.halton.ca](http://www.halton.ca)



*Joyce Savoline*  
Chairman  
Joyce Savoline

#### Halton Regional Meeting Schedule

January 18 9:30 a.m. - Regional Council

## Christmas Tree Collection for Urban Areas of Halton Hills

**A change to the Christmas tree collection.**

Due to the high volumes of waste after New Year's Day, collection of Christmas trees did not take place the week of January 2-6.

Before you place your tree at the curb, make sure it is ready to be recycled. Please remove decorations, bags and wires, and place your tree at the curb before 7:00 a.m. of your collection day (same day as your Blue Box collection). Please ensure Christmas trees are not frozen or buried in snow banks on your scheduled collection day.

### January 2006

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
9	10	11 B	12	13	14
16	17	18 A	19	20	21
23	24	25 B	26	27	28
29	30	31			

**Look for your 2006 Waste Management Calendar to be delivered to your mailbox mid-January 2006**

### Winter Tips for Setting Out Your Waste

- Place ALL items at the curb by 7:00 a.m. on your collection day, but not before 5:00 p.m. the evening before.
- In one Blue Box, place loose glass bottles and jars, metal food and beverage containers, aluminum foil, styrofoam, plastic bottles and polycoat.
- In a second Blue Box flatten and place corrugated cardboard, fine paper, boxboard and newspapers.
- Tie cardboard in bundles no larger than 30"x30"x8" (76cm x 76cm x 20cm).
- To save space, crush pop cans, large plastic bottles and beverage cartons, and fill boxboard boxes with other boxboard items.
- On windy days, place your Blue Boxes out for collection on the morning of collection day by 7:00 a.m., instead of the night before.
- Stack your Blue Boxes on top of one another and place heavier items on top to prevent papers from blowing away.
- Place garbage bags/containers on one side of the driveway and Blue Boxes on the other side of the driveway.
- Keep waste items clear of snow and visible to collect. Do not place items on top of snowbanks.