

JANUARY IS ALZHEIMER AWARENESS MONTH

Alzheimer Disease is a degenerative brain disorder that destroys vital brain cells.

It affects over 1/4 million Canadians, and that's not including the people who love them.

Slowly the disease steals away your ability to think, understand, remember, communicate or to perform the simplest tasks.

Those in Halton who need assistance dealing with Alzheimer Disease may contact the Victorian Order of Nurses.

VON ALZHEIMER SERVICES - SHERIDAN ELDER RESEARCH CENTRE (SERC)

@ 1430 TRAFALGAR ROAD, OAKVILLE ~ PHONE 905-847-9559 TOLL FREE 1-800-387-7127

BURLINGTON SATELLITE PROGRAM, 760 BRANT ST., BURLINGTON 905-632-8168

•Seniors Day Program

•Support groups for caregivers

•Information series for families

•A resource and education centre for families and professionals

•The "Safely Home" Alzheimer Wandering Registry

(Developed by the Alzheimer Society of Canada, in partnership with the RCMP)

LOCAL ALZHEIMER SUPPORT GROUP

The Alzheimer Support Group (Halton Hills) meets the first Tuesday of each month, 7:00 p.m., Mountainview Residence, 222 Mountainview Rd. N.

This is an informal group formed so that members can lend each other emotional support. It is for caregivers of loved ones with Alzheimer disease. It also provides a forum where new information and coping strategies are passed on to the members.

For more information please call 1-800-387-7127.

www.vonhalton.ca



VOLUNTEERS NEEDED!

The VON Halton has a Visiting Program called Special Steps. If you can find a few hours a week to be a volunteer visitor please call 905-827-8800

Volunteer! It's good for you!

For those living in Wellington County you may contact the Guelph Office.

Alzheimer Society

GUELPH - WELLINGTON

111 Macdonell Street, Guelph, Ontario N1H 2Z7

Phone: 519-836-7672 Fax 519-836-1041

email: office@alzheimer.guelph.org



The Alzheimer Society's new symbol is the forget-me-not flower.

This symbol represents memory loss - one of the symptoms of Alzheimer Disease, and serves as a reminder to remember those with Alzheimer Disease and their caregivers.

Visit our Web site: www.alzheimer.ca



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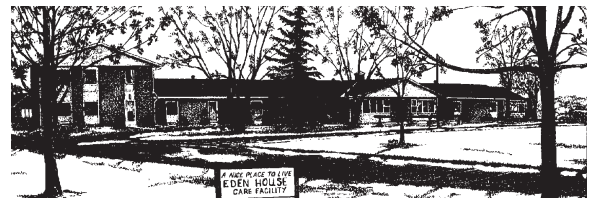


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