

Ask The Professionals

Send your questions for any of these professionals:
"Ask the Professionals"

Independent & Free Press, 280 Guelph St., Unit 29, Georgetown L7G 4B1



Since 1984



Shari White
Education Director

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 905-877-3163

Q: With exams coming up later this month, I thought I would share an excerpt from an article that Nick Whitehead wrote. Mr. Whitehead is the president and founder of Oxford Learning.

A: "How to Study" By R. N. Whitehead

Homework
 * Carry a homework planner with you at all times - that means to every class. Enter homework, projects, tests and assignments as soon as you are given them. Do not trust your memory - write it down as soon as the teacher assigns it!
 * Choose a comfortable place. Sorry, lying on the floor, listening to loud music or having the TV on in the background will not cut it!
 * Check your homework planner and begin by asking yourself the following questions: What am I supposed to do? When is the assignment due? Where can I get the necessary information? How do I do the assignment?

Studying for Tests
 * Make a plan. Set goals for each session. Divide your material into units and assign one unit per day. Give yourself a three-day break before the test and make sure that you have learned all the units by then.
 * Study in short bursts. Fifteen minutes at a time is excellent. After 15 minutes, take a five-minute breather. Do some exercise. Stick your head out the door. Get refocused.
 * Use the SQRCRC method: **S**urvey the headings, introductions and summaries in order to get the main idea. **Q**uestion yourself. "What do I hope to learn by reading this note?" Read carefully for detail. **C**over the work. **R**ecite what you have just read, trying for main ideas and details. **C**heck to see how well you have done.

Be Prepared
 * Every day counts. Do a little review and studying each day. Schedule time for your homework and study. Have a plan and work your plan.
 * No homework? Work on assignments; review and correct mistakes from class or tests; plan your study schedule for next week; memorize the "tough" stuff.
 For additional information about Oxford Learning or any study or learning programs please contact us at 905-877-3163.

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Christoph Summer
Owner/Administrator

Q: I feel that I am ready for a retirement home, but I'm worried about losing my independence.

A: This is a very common concern for many considering this kind of move when in fact the opposite is true. Moving to a retirement home can give you more independence.

Retirement homes typically provide accommodation, meals, 24 hour staffing, laundry and housekeeping services. This kind of care will free up time and allow you to participate in activities you missed for lack of "fun" time. In addition to those activities you are currently enjoying in the community, you can enjoy social activities right on your doorstep since most retirement homes also provide a variety of recreational programs. So, rather than losing independence, you can enjoy a more enriched lifestyle.



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Q: Our Realtor® recommends that we have our home professionally Staged®. What is Staging® and how will this service help us sell our home?

A: Home Staging® is the process of preparing any property for sale, regardless of price or location. Staging® brings about an amazing transformation and effectively prepares your home for sale. In 2005, potential buyer's are knowledgeable and they what to purchase a property that is move-in ready. The days of merely cutting your lawn, placing flowers in the foyer or the old trick of freshly brewed coffee lingering in the kitchen are gone! If you are planning to sell your home there is work to be done and it is best to complete this prior to listing your property. If you decide to take your chances and list before your home has been professionally Staged®, the lack of interest in your property and / or a low offer may reflect your decision.

When your property is Staged® by an Accredited Staging® Professional (ASP™), all aspects of your home (curb appeal, clutter, colour, special features, furniture placement, lighting...) will be addressed and your property will be deemed move in ready. Realtors® will have great confidence in listing your property because they know it is Staged® and ready to be SOLD.

You'll discover that your property will sell without spending a lot of money. An ASP™ will work within your budget to assist you in obtaining top dollar. Your property will be transformed into a savvy space that highlights the features of the home and invites the potential buyer to move in and not on!

For more information and / or to inquire about Home Staging® Services, please contact Savvy Staging Solutions at 905-877-3880.

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For more information call:

Ida Mae Woodburn B.P.H.E., CAHP, an instructor with the CFA and RAC

Tel: 905-877-5670

email: idamae@davida.ca

Library is ready to battle

Halton Hills Public Library will be hosting a Battle of the Books program just for homeschooled children. If you homeschool, and are interested in having your children participate, please contact Children's and Youth Services staff at 905-873-2681 ext. 2515. Battle of the Books is a fun, free program for kids who like to read.

Spaces in preschool programs

Halton Hills Public Library offers several free programs for children aged six months to five years. There are available spaces in several of the programs. Programs begin this week. For more information, call 905-873-2681 ext. 2520 or 519-853-0301.



Join Us on
SUNDAY, JANUARY 22ND, 2006
 For Our 5th Annual
WEDDING EXTRAVAGANZA

Meet over 20 of the areas top vendors and suppliers from reception facilitators and caterers to florists and photographers.

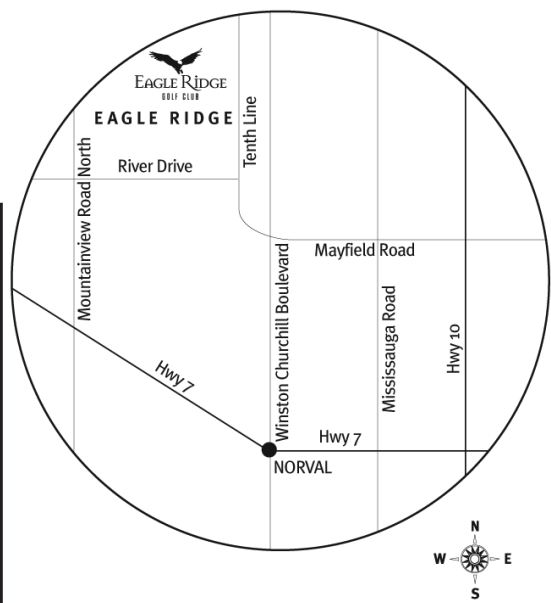
We will be hosting a great fashion show featuring designs from

Elizabeth's Fashions Door Prizes

Proceeds to help local youth programs
 Admission \$5.00 at the door

Show Hours

Sunday, January 22nd, 2006
 12:00 pm - 4:00 pm



For more information please contact JAN HARPER 905.877.8468