



TOWN OF
HALTON HILLS
Working Together Working for You!

RECREATION & PARKS DEPARTMENT

COOL ENERGY!

Leading an active lifestyle doesn't have to stop just because the temperatures are dropping! Recreation & Parks offers a number of recreational activities to keep you energized over the winter.

Fast Track your Swimming Lessons

Fit in a whole session of swimming lessons before Christmas! The **winter swimming lesson mini session** is being held at the Gellert Community Centre and runs December 12 to 22, Monday to Friday evening for 9 lessons.

2006 Winter Programs

Preschool

Preschoolers can discover new talents, be active and make friends! Choose from our **Lifesaving Swim Program, Tot Learn to Skate, Dash Sports, Preschool Playshop, Gym & Swim, Kinder Fun, Saturday Fun Club & Kindermusik!**

Children

Keep your child engaged in a wide variety-of creative programs! **Woodworking for Kids, Arts in 3D and puppetry** programs. Your child will learn valuable life skills in our specialized **Anti-Bully** programs. If sports and skill development are more in your game plan, try the **Swim Program Levels Swimmer 1 and up** or **Slam Dunk Basketball**.

In partnership with **Flamingo Dance Studio**, Recreational Dance classes combine an artistic element with physical activity for ages 2 to Adult! We also offer a non-contact introductory **Kung Fu** program in partnership with a highly qualified Black Belt instructor. An excellent way to improve discipline and fitness for ages 5 to Adult!

Youth

Go for a Splash on Friday evenings 7 to 8:30 pm. We're also introducing action-packed water sports - basketball, volleyball, water polo and underwater hockey! Play all 4 or rotate between weeks. Admission is only \$2.50 at the Gellert Community Centre. Further develop your swimming skills in our **Advanced Lifesaving** program, the first step to becoming a lifeguard or swimming instructor!

Looking to gain some experience for your first job? Our **Babysitting Course** covers how to handle emergency situations and the principles behind child behaviour management. Participants must be 12 years old by the last class.

Our annual trip to **Blue Mountain Ski Resort** is a great way to spend P.A. day **Friday, February 3** from 8:30 am to 10:00 pm. Bus pick up & drop off at either Acton Arena & Community Centre or Mold-Masters SportsPlex. Only \$47! Skis and snowboards can be rented for an additional fee. Call 905-873-2601, ext. 2276 to reserve.

Active Living for the Adults!

Keep warm this winter by generating some energy and take on a new active attitude for 2006! We offer a number of adult fitness programs to fit your schedule - daytime and evening programs available in both Acton and Georgetown. Child care is available at select morning classes, or take advantage of preschool programs offered at the same time so you can workout while your child plays! Choose from **Cardio Mix, Step, Pilates, Pilates-on-the-Ball, Yoga, Tai Chi, Ballroom Dancing** and **Latin Dance**. Prefer exercising in the water? Try **Diaper Fit, Pre-Natal, Aqua Fit** - in both shallow and deep water - and for a calmer workout, **Gentle Aqua Fit, Aqua Yoga** and **Arthritis**.

Seniors Centre

Join in the fun, bask in the friendship and discover new interests at the Senior Centres! Our registered programs include **Tai Chi, Qi Gong, Square Dancing, Easy Does it Workout, Stretch & Tone, Sizzlin' Seniors, Line Dancing** and for the storyteller in you - **Writing your Memoirs**.

Drop-in programs offer another chance to socialize and experience the camaraderie of the senior centres. Drop-ins run Monday to Friday at both centres and include such activities as card games, chess, crafts and billiards.

Try-it for FREE!

Still can't decide what winter program to take? Just show up for a **FREE Try-it** class before committing to a whole session. No registration required. Children trying Hip Hop Rock must be accompanied by an adult.

PROGRAM	AGE	DATE	TIME	LOCATION
Cardio Mix	Adult	Tue Jan 3	7:00 pm	Acton Arena
Stretch & Tone	Adult	Tue Jan 3	7:30 pm	Acton Arena
Deep Water	Adult	Thu Jan 5	7:00 pm	Gellert
Arthritis	Adult	Thu Jan 5	7:30 pm	Gellert
Tai Chi	Adult	Wed Jan 4	8:00 pm	Gellert
Hip Hop Rock Dance	Children	Wed Jan 4	7:00 pm	Gellert
Dance Fit	Adult	Wed Jan 4	7:30 pm	Gellert
Water Volleyball	Youth	Fri Jan 6	7:00 pm	Gellert

Marketing Your Creativity

A practical, information-packed workshop designed for **individuals, businesses & community organizations** looking for creative ways to design and implement a successful marketing plan. Develop cost effective strategies and tools to increase your visibility, educate your clients, generate revenue and attract media attention.

The workshop is being held on **Saturday, January 28, 2006** at the Cultural Centre, 9 Church Street in downtown Georgetown from 9 am to 4 pm. Cost is \$35 and lunch is included! **Registration deadline is January 18.**

Register the e-as-y way!



Register online with Reg-e at www.haltonhills.ca

or by phone with Tele-Reg at 905-873-2498!



Family PIN and Personal ID #'s required. Program Codes also required for Tele-Reg. **Don't Have a PIN Yet?** Application forms available on the Town website or at Town facilities.

Manual registration forms are available at the Recreation counter at the Civic Centre or on our website at www.haltonhills.ca. Manual registrations can be faxed to 905-873-1587 (credit card only), dropped off at the Civic Centre, Acton Arena & Community Centre or Gellert Community Centre, or mailed to 1 Halton Hills Drive, Georgetown, ON L7G 5G2 with cheque or credit card payment.

REGISTER BEFORE THE HOLIDAY CLOSURE

The Civic Centre will close for the Christmas holidays **Friday, December 23 at noon and re-open Monday, January 2 at 8:30 am.** Winter 2006 programs begin the 2nd week of January so please register by December 16th so we can provide you confirmation before the closure and so that we don't cancel classes needlessly!

For more information call (905) 873-2601, ext. 2275 or visit the Town website at www.haltonhills.ca