



## ... Lend Me Your Ears

By Cory Soal  
R.H.A.D.

### WHAT FINANCIAL ASSISTANCE IS AVAILABLE WHEN PURCHASING A HEARING AID?

The Ministry of Health's Assistive Devices Program (ADP) provides some assistance to both children and adults. For further information you may contact 1-800-268-6021 or ask your Hearing Instrument Practitioner for the Assistive Devices Pamphlet.

Medical plans through employers, Workers Compensation, Veterans Affairs Canada, and private Insurance Companies cover many Ontario residents for hearing aids. Your Hearing Instrument Practitioner will be pleased to assist you in determining what coverage you might have.

For further information, feel free to call...

## The HEARING CLINIC

*We care about your hearing!*

Professional Arts Building  
99 Sinclair Ave., Suite 210  
Georgetown  
(905) 873-6642

## Tooth Chatter



by  
ALEX  
TRENTON  
DENTURIST

THE STAFF AT ALEX TRENTON'S OFFICE HAVE WRITTEN A CHRISTMAS CAROL AND DEDICATED IT TO HIM!

**SUNG TO THE TUNE OF "JINGLE BELLS"**

**"DENTURE TEETH"**

DENTURE TEETH, DENTURE TEETH  
I MAKE TEETH ALL DAY  
OH WHAT FUN IT IS TO MAKE  
THOSE TEETH ALL MY OWN WAY

WORKING IN MY LAB  
LOCATED ALL RIGHT HERE  
I MAKE THOSE TEETH MYSELF  
WITH MY BLOOD, SWEAT AND TEARS  
I LOVE TO CREATE SMILES  
FOR ALL THOSE PEOPLE WHO COME  
SOME FROM MANY FAR AWAY MILES  
JUST FOR ME TO MAKE THEM SOME

OH, DENTURE TEETH, DENTURE TEETH  
I MAKE SMILES ALL DAY  
ON WHAT FUN IT IS TO MAKE  
THOSE HAPPY TEETH ALL DAY

LOVE KELLY, NEVILLE & IRIS

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Alexander Trenton, D.D., F.C.A.D. (A)  
Denturist  
Georgetown Denture Clinic,  
18 Church Street,  
Georgetown, Ontario  
(905) 877-2359

(Across from the Library and Cultural Centre)  
www.georgetowndentureclinic.com

### Continued from pg. 12 Monday, Dec. 5

**On-line auction:** Big Brothers and Big Sisters of Halton hosts on-line auction, Dec. 5-9 at [www.bbbshalton.ca](http://www.bbbshalton.ca). Proceeds to local programs.

**Bridge anyone?:** Georgetown Bridge Club meets Mondays at 1 p.m. at the Optimist Hall on Hwy. 7, west of Georgetown. All levels of players are welcome. Info: Tom, 905-877-7486.

**TOPS-Acton:** meets Monday nights at St. Joseph's Church. Weigh-in: 6-7 p.m. Meetings until 8 p.m. Info: Ena, 519-853-1526.

**Halton Hills Toastmasters:** meets St. Alban's Church, Glen Williams, Mondays, 7:30-9:30 p.m. Info: Shirley Bartle, 519-853-5555, [shirleybartle@rogers.com](mailto:shirleybartle@rogers.com)

### Tuesday, Dec. 6

**ADHD Parent Support Group:** Parents of children with Attention Deficit Hyperactivity Disorder meets 7-9 p.m. at Georgetown Alliance Church. Info: 905-873-2960.

**Tree Lighting Celebration:** 15th Annual Tree Lighting Celebration will be held at 7 p.m. in the courtyard at Georgetown Hospital.

## COMMUNITY CALENDAR

Info: 905-873-0111, ext. 47239.

**Retired Teachers:** RWTO, Lydia Snow Branch meets at Halton Regional Museum in Milton, 10:30 a.m., for fellowship and a Christmas Lunch. New retirees welcome. Info: Jo, 905-877-2509.

**Blue Christmas Service:** Christmas can sometimes be a difficult time. Join us at our Blue Christmas service for support, fellowship and understanding, 7 p.m. in Heritage Hall at St. John's United Church, 11 Guelph St, Georgetown. Info: church office, 905-877-2531.

**Alzheimer support:** VON Alzheimer Services offers a Halton Hills area family support group for family caregivers of relatives with Alzheimer Disease and related disorders at Mountainview Retirement Residence, 222 Mountainview Rd. N., 7-9 p.m. If you wish to attend call VON Alzheimer Services, 1-800-387-7127. New members welcome.

**Portrait/Still Life Drawing:** will be held Tuesdays, 6:30-8:30 p.m. in the cottage, in Cedarvale Park. New members welcome.

**TOPS-Georgetown:** at St. Andrew's United Church, Tuesdays; weigh-in 7-7:45 p.m. and get together, 8-9 p.m.

**Foot care clinic:** hosted by VON Halton at St. John's Church, 11 Guelph St., 1-4 p.m. For appointment 1-800-387-7127, ext. 2210.

### Wednesday, Dec. 7

**Brampton Fibromyalgia Support Group:** meets 7 p.m., at the Region of Peel building, 10 Peel Centre Dr. in the Peel room. Everyone is welcome. Info: Carol, 905-873-2952 or e-mail [fibrosupport@sympatico.ca](mailto:fibrosupport@sympatico.ca)

**Bruce Trail hike:** a 5 km hike on a local trail. Depart at 9:30 a.m. from the tall light standard between Zellers and the gray building. Bring water and lunch. Leader: Maureen, [mosmith@cogeco.ca](mailto:mosmith@cogeco.ca)

**Flu shot clinic:** Halton Region Health Department has free Influenza Immunization Clinic, 4-8 p.m. at Christ the King Secondary School, for those six months of age and over. Please wear a short-sleeved shirt.

*This Holiday Season*

give yourself the gift of  
**TOTAL HEALTH & WEIGHT LOSS**  
with our  
**1/2 PRICE Full Program Membership**

Weight Loss: 49 pounds  
Lori H.

Weight Loss: 69 pounds  
Jacqueline S.

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Book, DVD & Workout  
**\$89 Value**  
Present this for a  
FREE Workout with  
your Personal Coach  
and a copy of our  
Best-Selling Book!

Total Health & Weight Loss  
The TRUESTAR Way



### LOSE WEIGHT THE RIGHT WAY

<b>Nutrition</b> Eat healthier and lose weight.
<b>Exercise</b> Burn more calories - day and night.
<b>Vitamins</b> Accelerate your weight loss.
<b>Attitude</b> Reach your potential.
<b>Sleep</b> Increase your energy level.

Total Health Programs based on the world's leading health website:  
[www.truestarhealth.com](http://www.truestarhealth.com)

- Free Personal Coaching.** Most clubs charge \$50-\$100 for personal training. Coaching in all 5 key areas of health, including exercise, is free at Truestar Centers. Coaches assist members to develop total health programs that guarantee successful weight loss on the road to optimum health.
- Customized Exercise Programs.** Truestar Centers have options for everyone. Customized exercise programs are designed for all ages and levels of fitness (beginner, intermediate, advanced). The programs include circuit options, cardio workouts and free-weight stations.
- Guaranteed Weight Loss.†** The Truestar Weight Loss Program has been so effective that weight loss is guaranteed or your money is refunded.
- Top-Rated, Doctor-Formulated Supplements.** Taking the right vitamins and supplements everyday is essential for vitality, immunity and wellness. Truestar Centers offer a professional series of vitamins and supplements for over 500 medical conditions.
- Attitude Program.** With the proper motivation and goal plans, you can improve all areas of your life. Truestar will show you how to set goals and how to reach them successfully.
- Sleep and Relaxation.** Sleep is often the overlooked key area of health. The Truestar Sleep Program and natural sleep aids will assist with your total weight loss and overall sense of well-being.

† based on following the Truestar for Women program. ‡ for initial consults only

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