Tooth Chatter



ALEX TRENTON DENTURIST

DISCOVER YOUR DENTURIST IF YOU WEAR DENTURES

1. Avoid using pads, liners or denture adhesives to improve the fit or your dentures. If they're loose, see your denturist. Your gums, like your eyes, change as you get older. Dentures, like eyeglasses, must be adjusted or changed periodically.

2. Avoid using very hot or very cold water on your dentures, and don't let them dry out. Such extremes can cause your denture to warp.

3. Remove your dentures overnight and put them in a container filled with water. This won't cause your face to sag! It will give your gums a needed rest. Healthy gums will extend the life of your dentures.

4. Have yearly check-ups. Our office does not charge for consultations. If you follow these tips, your dentures will fit, function and look their best.

You do not need a referral - simply call our office direct.

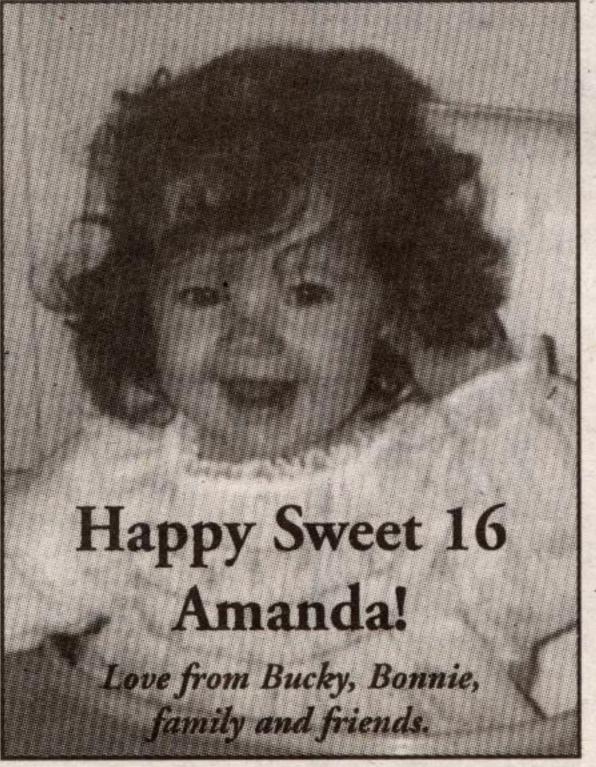
Creating confident smiles since 1982.

Alexander Trenton, D.D., F.C.A.D. (A) Denturist Georgetown Denture Clinic, 18 Church Street, Georgetown, Ontario

(905) 877-2359

(Across from the Library and Cultural Centre) ww.georgetowndentureclinic.com





centre opens officially next week The newest community resource for Halton residents, the Georgetown L Employment Resource Centre is holding its first official open house on Wednesday, October 5, from 2-4 p.m. The

official ribbon cutting ceremony is at 3 p.m. Located at 184 Guelph St., the new Georgetown Employment Resource Centre is an up-to-date and comprehensive employment and career resource centre for individuals who are looking for work, education and training programs or who need access to computers and the Internet.

"This is an ideal opportunity for Halton residents to visit the resource centre, meet our dedicated and knowledgeable tean career information specialists, view dem strations of the technology, and learn m about the free services we have to offe said Teresa Ierullo, senior co-ordina Information Services.

The Georgetown Employment Resou Centre has an excellent selection of busing directories and self-study tutorials, f access to computers, Internet, MS-Off printers, fax and telephone access. For m information about the Georgeto Employment Resource Centre, contact Lo Hart, co-ordinator at 905-693-8458 ext. 11via e-mail at hartl@thecentre.on.ca

Minister congratulates Terra Cotta Cookie on healthy version of new product

New Georgetown employment resource

Terra Cotta Cookie Company of Georgetown, which services over 1 800 schools in 12 school boards, announces the success of its new Delite cookies.

Introduced earlier this year, the new cookies have 50 per cent of the soya oil margarine replaced with unsweetened applesauce and have 0 trans fats. They are offered in a 30 g size, which meet the current government nutrition guidelines.

"Ontario is fortunate to have companies like yours who are sensitive to the health

10-8

10-6

12-5

Friday:

Saturday:

Sunday:

and well-being of the students they ser wrote Monica Turner, Director Policy Program Branch for the office of Minister of Education Gerard Kennedy letter to Terra Cotta Cookies.

Also being introduced in October new entrepréneurial training program, senior students to manage and run th own snack program. With schools facir shortage of staff and volunteer help, Te Cotta Cookies is providing full training support to senior students. For details, v www.terracottacookies.com

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