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# Sports & Leisure

Wednesday, Sept. 21, 2005

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## At world championships Moore takes on leadership role for Canuck team

After riding 600 kilometres a week this summer, it's time for Amy Moore to put all that training to the test.

Moore will be competing in the World Road Cycling Championships in Madrid, Spain beginning today (Wednesday) and running until Sunday. Moore's eighth-place finish at nationals in July, plus earlier season results, earned her a position on the team.

The 32-year-old moved to Georgetown this spring with her husband, Michael, also a competitive cyclist. The move has paid off in more ways than one. Moore is now closer to her coach, Denise Kelly, who lives in Glen Williams. She is also closer to ideal training roads, minutes from her doorstep.

This isn't the first time that Moore has represented Canada at international events. Although she only started racing in 1997, she's been wearing the country's colours since her first national team project in 1999. The Canadian Cycling Association (CCA) sent Moore to Europe for a development team project to introduce her to international competition.

During her second season, in 1998, she won the provincial championships and the season's Ontario race series. The following year, her success in Europe and a last-minute illness of another teammate gave Moore a position on the women's Tour de France team.

The women's 10-day event was only the second international competition for Moore and a big jump from what she was used to.

"The reason why I finished was because people kept telling me they didn't think I was going to finish."

The experience opened the young rider's eyes to what life

could be like as a full-time professional athlete.

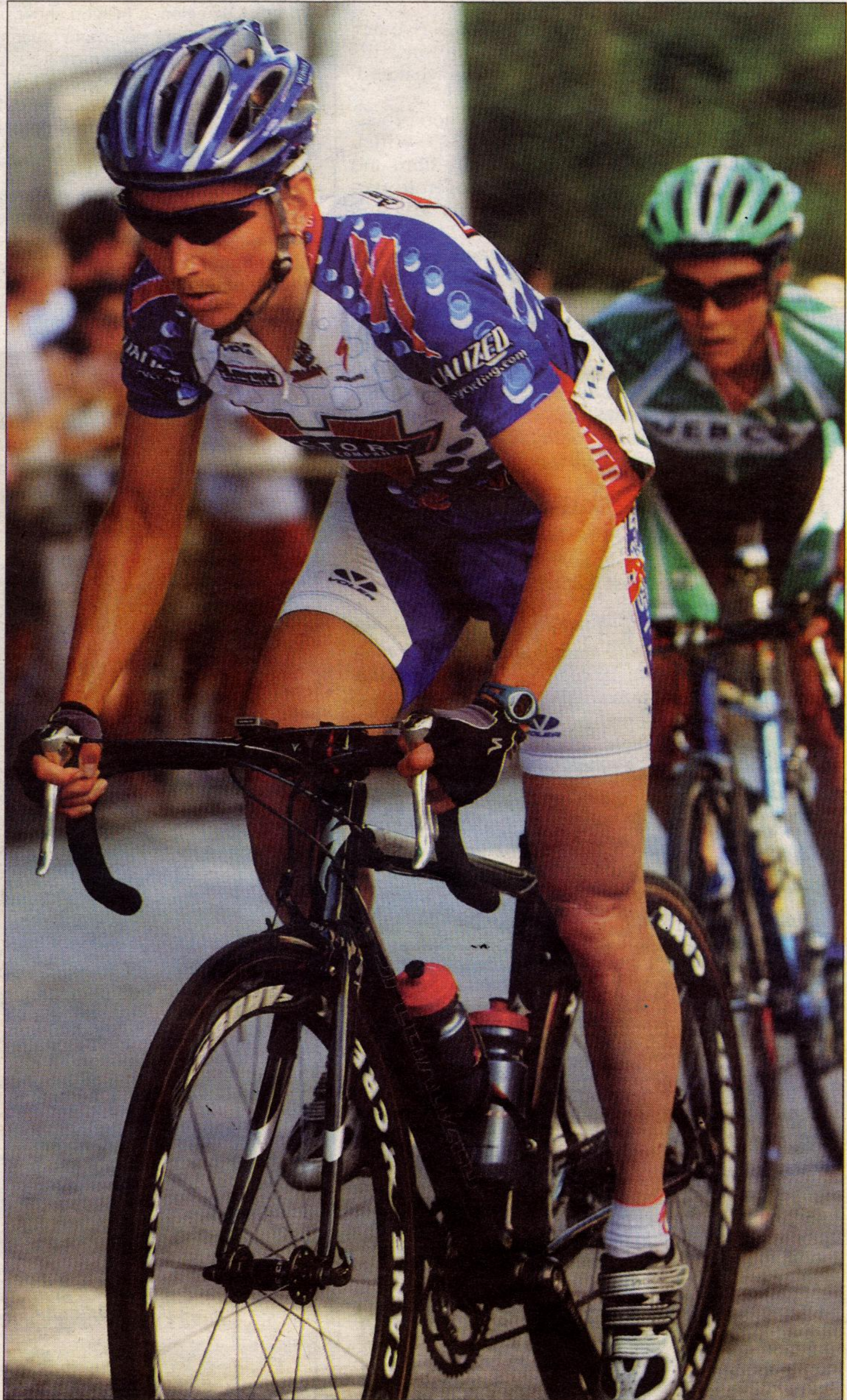
"It was an awesome experience because the racing in Europe was so different. It was much more aggressive, you really have to have better bike handling experience than in North America."

Moore returned to Canada and continued to train and race in North America. At the end of her fourth season she applied to a new women's team that was being developed for the 2001 season. A new sponsor jumped on board, RONA, and they were eager to sign her.

"In 2001, I heard about a new team that was forming around Québec rider, Genéviève Jeanson. After her double World Championship gold medal performance I heard through the rumour mill that they were looking for riders on her new team...I got on it, it was a Canadian team, sponsored by Canadian companies, and the first year it was all Canadian riders. We were working for somebody that could win major international races. It really taught us how to be domestiques, how to work really hard for our leader...to work as a team, and what you could do as a team to achieve success."


Her 2001 season was cut short however, by a potentially career-ending accident at the 2001 National Cycling Championships in which Moore separated the quadriceps muscle from her patella. The injured cyclist was in a cast for more than six weeks and was forced to relearn how to walk and bend her knee. The experience also ultimately forced her to decide whether or not she was ever going to race again.

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Canadian national cycling team member Amy Moore of Georgetown will begin competition at the World Road Cycling Championships in Madrid today.

Photo by Andrea Brewer

  
**GEORGETOWN  
TOYOTA**  
**GAMES OF THE WEEK**

**GEORGETOWN JR. A  
RAIDERS**  
vs  
**BRAMALEA BLUES**  
Saturday, September 24, 2005  
7:30 pm  
Mold-Masters SportsPlex (Alcott Arena)

**GEORGETOWN JR. A  
RAIDERS**  
vs  
**MISSISSAUGA CHARGERS**  
Wednesday September 28, 2005  
8:00 pm  
Mold-Masters SportsPlex (Alcott Arena)

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