

Business



My Cottage Dreams opens

Carm Winstone shows off the whimsical items available at her new store, My Cottage Dreams. Winstone opened store, filled with furniture and treasures for the home, with her husband Joe Marzalik. Located at 44 Eastern Ave. in Acton (across from the olde Hide House), the store carries items for the bathroom, bedroom, living room, kitchen and patio. Store hours are Thursday, 4-8 p.m.; Friday, 10 a.m. to 8 p.m.; Saturday, 10 a.m. to 8 p.m. and Sunday, 11 a.m. to 5 p.m.

Photo by Yves Desjardins

CMHA-Halton offers mental health training sessions to local firms

Every year Canadian companies lose \$30 billion due to employee mental health issues.

- Mental health disorders account for 50 per cent of all days lost to disability
- Mental health disabilities cost 14 per cent of net annual profits
- Absenteeism costs 7 per cent of payroll

Halton Region is one of the few Ontario and Canada-wide regions that can access information and training on mental health in the workplace.

Often, management do not recognize mental illness and mental health concerns in the workplace. Furthermore, many managers do not know how to support and assist employees in remaining productive on the job when a mental health concern arises.

Since mental illness can afflict 1 in 5 of Ontarians in their lifetime, the problem of mental illness is prevalent in Ontario's workplaces. Moreover, stress is considered a major prevalent workplace health risk.

CMHA-Halton has two certified trainers on staff who can teach managers how to support their employees through a daylong Mental Health Works training session.

The daylong training session covers: knowing WHEN to do something; knowing WHAT to do (legal and ethical issues); and, knowing HOW to do something (practical strategies). Which in turn reduces the costs of absenteeism and disability leaves; reduces stressful work environments; and, slows increasing workplace health costs.

To find out more about Mental Health Works and how it can help organizations deal effectively with employee's mental health needs, call the CMHA-Halton Branch at 905-693-4270.

FUTURE SHOP CORRECTION NOTICE

Product: Frigidaire Stainless Steel Side-by-Side Ice and Water Refrigerator FRS23H5DSB: 10045854. The dimensions for this product appear incorrectly on pg. 34 of our November 12th flyer as 68.27" high x 35.60" wide x 28.50" deep. It is actually 68.27" high x 33" wide x 37" deep.

We sincerely apologize for any inconvenience this may have caused our valued customers.

FUTURE SHOP CORRECTION NOTICE

Product: Panasonic 2.0 Cu. Ft. Stainless Steel Over-the-Range Microwave 10040424. This product is not available in white and black as incorrectly advertised on pg. 31 of our November 5th flyer. It is available in stainless steel only.

We sincerely apologize for any inconvenience this may have caused our valued customers.



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AUCTION

Tuesday, November 23, 2004

Country Heritage Park, Gambrel Barn

8560 Tremaine Rd., Milton, On.

Preview 4:30pm/ Auction 5:30pm

Robert Gosse, Auctioneer, has been instructed to liquidate this superb collection of new furniture and accessories at a **"NO RESERVE"** auction. Approximately **20- 3 piece sofa sets** from traditional to contemporary to designer looks, from **100% Italian leather** to the highest grade fabric on the market. **6 Gorgeous Dining room suites**, some with matching buffets, hutches and sideboards, some in solid wood and in wood veneer; cherry, walnut, mahogany, pine, and maple finishes. **Elegant bedroom outfits** to include a stunning 8pc Queen Bedroom Suite in medium oak, and a fabulous **8pc Queen Sleigh Bed Suite** with hidden drawers. Gigantic Cherry Finish Poster Bedroom Suite. Vegas Games Bar Counter. Huge assortment of coffee, end tables, jam cupboards, gifts, entertainment units, and lamps. **Huge assortment of electronics and home theatre- 19"-61" wide screen TV's**, DVD players, paper shredders, all under warranty. Selection of electric hand tools; _" hammer drills & grinders. Many framed pieces of art, Limited Edition numbered "Group of Seven". Hand painted desks and Bombé Chests. **Quality mattresses and box spring sets** in single, double, queen and king from the most economical to the **highest quality pocket coil pillow top sets on the market**. Satsuma, Limoge vases, sign boards, and crystal. 32pc pots and pan sets from Germany. 65-98pc China dish sets. Cutlery and Knife sets. Tribal Art, masks, porcelain dolls, 8x11 & 5x8 carpets, baker's racks and Tiffany lamps. Hockey Memorabilia, jerseys, prints, etc. numbered and signed by Wayne Gretzky, Bobby Orr, Joe Thornton, Ed Belfour and many more. All are authenticated. This is a partial listing. Many more stunning items not listed. Subject to additions and deletions.

THIS MAY BE THE BEST AUCTION YOU HAVE EVER SEEN

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