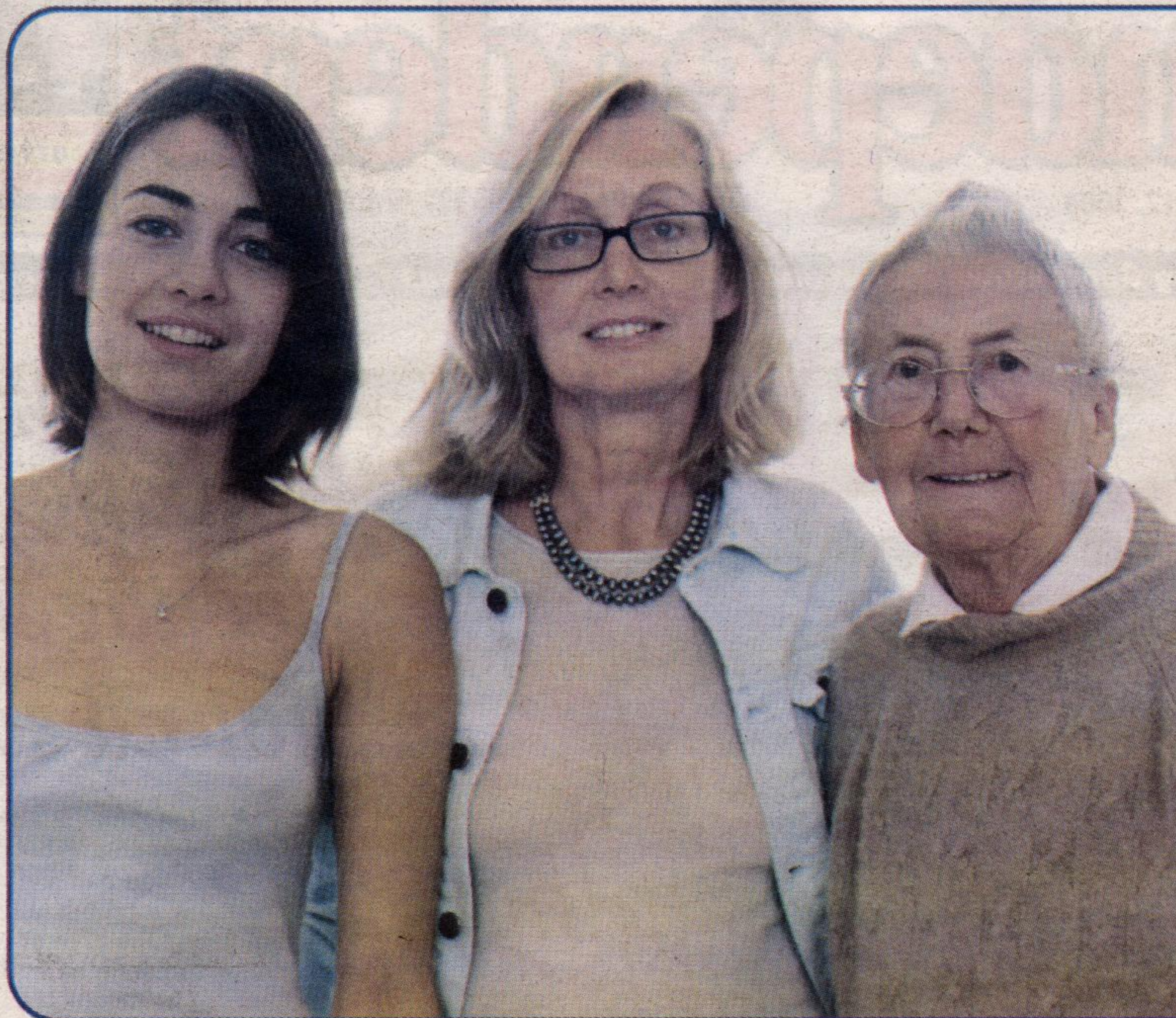


November is Osteoporosis Month



You don't have to live with pain. Speak to your HealthWATCH® Pharmacist during the month of November to learn if you are at risk of osteoporosis by completing an interactive risk assessment and getting tips on keeping your bones strong.

HealthWATCH® Services

- **Monthly HealthWATCH Programs for a healthier you**-ask your pharmacist about Osteoporosis Month in November.
- **HealthWATCH Easy Refills** – a convenient service that lets you order prescription refills on-line or by phone, so you can save valuable time. For automated refills, call the store at 519-853-3346 or visit www.shoppersdrugmart.ca
- **Your HealthWATCH Pharmacist** is available 7 days a week to provide you with expert advice.

HealthWATCH® Events

November 25: Influenza Seminar - Avoid the Flu

Join your HealthWATCH Pharmacist to learn more about influenza and how to protect yourself.

December 2: Natural Health Products Seminar

Join your HealthWATCH Pharmacist to learn more about natural health products.

December 9: Ready Set Mom Clinic Day

For women planning pregnancy, expectant moms and new moms; meet with your HealthWATCH Pharmacist for advice and information.

December 16: Managing Heartburn & Indigestion Seminar

Join your HealthWATCH Pharmacist to learn how to manage your heartburn and indigestion symptoms.

Mark Ward-Dragich and his pharmacy team at Shoppers Drug Mart will ensure that you receive exceptional care and service since we are committed to meeting your health care needs. Please call us any day at 519-853-3346 for more information about our services.

252 QUEEN STREET

Acton

519-853-3346

Monday to Saturday 8 am – 10 pm

Sunday 10 am – 10 pm

**SHOPPERS
DRUG MART**

