

Health Care

Silent auction items needed

The Halton Down Syndrome Association is celebrating its 20th anniversary by hosting its first Silent Auction on Nov. 20, at the Oakville Holiday Inn Suites. Funds raised help support educational programs/meetings and social events for this volunteer, family-run organization. If you can donate an item, contact anne.lan-nan@sympatico.ca or call 905-319-9993.

HDSA started with a group of parents seeking support for their young children. Today, it has grown into a great lifeline of about 70 families providing education, networking and social activities. It not only deals with infant/toddler and educational issues, but work continues as the 'original' families support their young adult children with employment and housing concerns.

Sign up for First Aid course

A two-day Canadian Red Cross Standard First Aid Course will be held on Dec. 5 and Dec. 12, 9 a.m. to 4 p.m. at Oxford Learning Centre in Georgetown. The cost of \$105 (includes the Vital Link Manual and Certification card).

This is a full CPR certification course with Standard First Aid. This course will certify you in Level "C" certification, which includes CPR for infant, child and adult, choking conscious and unconscious. You will learn first aid for cuts, scrapes, wounds, fractures, strains and sprains, impaled objects, nose bleeds, allergies, epi-pens, seizures. Signs and symptoms of sudden medical conditions such as stroke, heart attack, cardiac arrest, diabetes, frostbite, hypothermia, childbirth and much more are covered in a learner-centred environment. To register call Catherine, 905-877-4490.

Hospital seeks volunteers

The William Osler Health Centre, Georgetown Campus has volunteer opportunities in patient care and fund-raising endeavors within the hospital. For details, please contact the Volunteer and Community Resources department, 905-873-0111, ext. 47153.



Knights donate

Due to the generosity of the local Knights of Columbus donation of \$1,695 to the William Osler Health Centre Foundation, patients in the Chronic Obstructive Pulmonary Disease (COPD) program, will have the use of a portable oximeter, a device which monitors the blood oxygen levels and pulse rates during physiotherapy sessions. On hand for the presentation were (from left) Janet MacRae RN, patient Nan Reed, physiotherapist Susan Grace, Knights of Columbus past Grand Knight Bill Kent and William Osler Health Centre Foundation director Marilyn Mitton.

Photo by Ted Brown

Three Little Pigs visit local homes

The Three Little Pigs stopped to chat with Max Stafford at Extendicare-Halton Hills, and then visited seniors at the Mountainview Residences before entertaining at the Cheltenham pork dinner on Saturday evening. Curly, Whirly and Twirly each carried their respective straw, sticks and bricks in keeping with the story. The residents all enjoyed the costumes created by Hester Carnwell, Gloria Sargent and Jeannie Phillips and worn by Wendy Hammond, Gloria Sargent and Martha Summers

Photo submitted



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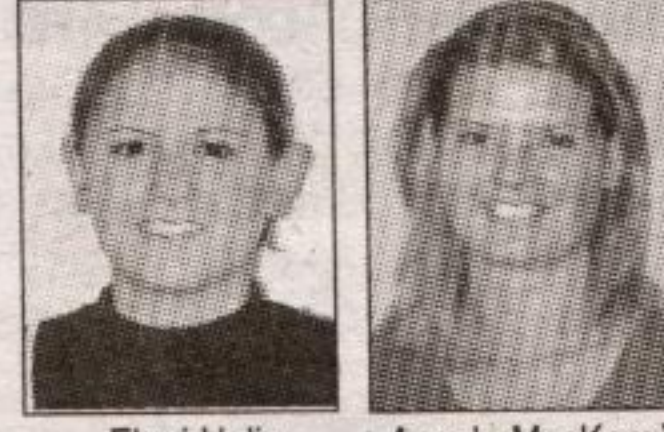
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FREE FLU SHOT CLINICS

Open from 9:30 to 8:30 pm on the following dates:

Wednesday, November 10;
Thursday, November 18;
Tuesday, November 23;
Tuesday, November 30.

Clinics are for those over three years of age. Walk-in patients are welcome on non-clinic days when staff nurses are in.

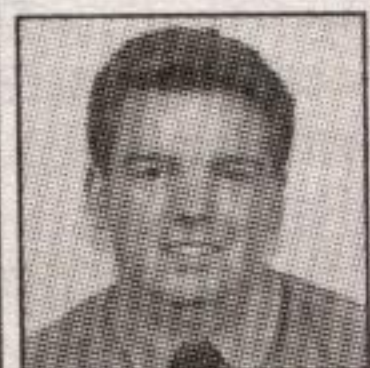
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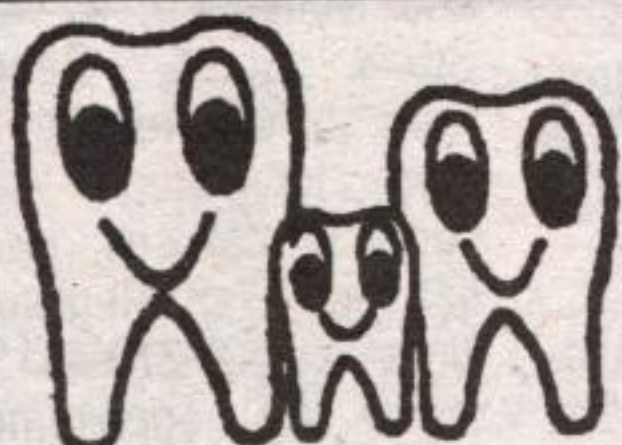
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