from the past

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something is going on with us, more than our children's misbehaviour. Separating our intense emotions from our children long enough to guess "the ghosts" are here may help us recuperate from our intense emotional state without seeking revenge on our children, even when we do not know what is wrong. This can help us calm down, and in turn will calm our children.

It sounds simple, but it isn't. It takes tremendous maturity to struggle to "get hold" of this common part of functioning as a parent. "Ghosts from the past" are part of parenting. Fathers are as susceptible as mothers. Thinking about our own mental state, as well as our children's behaviour can be a very helpful technique in keeping things running smoothly in a family.

These definitions are from "A Critical Dictionary of Psychoanalysis" by Charles Rycroft

'UNCONSCIOUS:

Mental processes of which one is unaware.

"DENIAL:

A defense mechanism by which either a) some painful experience is denied or b) some impulse of aspect of the SELF is denied.

"REPRESSION:

The process (defense mechanism) by which an unacceptable idea is rendered unconscious.



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•Emotionally •Physically
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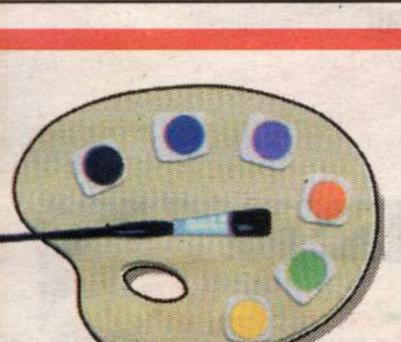
Some Programs include:

*Creative crafts *Music *Outdoor gross motor

*Cognitive theme circle *Storytime *Preschool Academic Workbooks

*Stimulating program with daily schedule & learning centres
such as blocks, dramatic, science, sensory, books,
floor/table toys & fine motor activities

*Nutritious breakfast/snacks/lunch meal *Qualified educators.

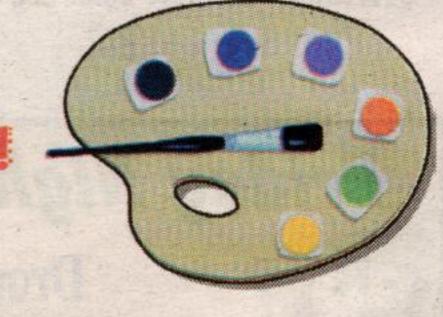


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Here is our exciting line up of Fall and Winter events:

Fri. Dec. 3rd is CAMP DAY - the next Halton Public and Catholic School Holiday

Sat. Dec. 4th is the first of our Seasonal Kids Craft Workshops (Ornament making) from 2 to 4 pm

Sat. Dec. 11th is our very popular Annual Kids Christmas Shopping Workshop

(there are 2 sessions 10 am to 12 noon or 2 to 4 pm)

Kids shop for presents for their family and friends right here in the studio and then design and make their wrap and tags.

When they leave they have presents for under the tree, (that only they know about) - a good way to teach the child the joy of giving!

Sun. Dec. 19th is another Annual Event - WHICH CRAFT's Gingerbread House decorating workshop from 1 to 3 pm

And over the Christmas holidays...

Mon. Dec. 20th to Thurs. Dec. 23rd are all CAMP days here at WHICH CRAFT

And coming in 2005...

afternoon CRAFT is INTRODUCING a new SATURDAY
afternoon CRAFT CAFE just for kids starting in the New Yearkids will come for lunch and stay to learn new skills through various
arts and crafts instruction. You will be able to register for individual

Saturday afternoons or join our WHICH CRAFT CRAFT

make different crafts and arts projects. Come alone and make new friends or bring along some of your own friends...

(For kids from 4 to 14)

Parents don't forget March Break...

MARCH 14TH TO 18TH

The March Break days filled with great art instruction, craft projects, team games and challenges...fun for everyone.

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