

Breathe a little easier Evaluate your home's air quality

With all the understandable public concern regarding the quality of outdoor air, homeowners should not neglect to evaluate their indoor air quality as well.

In our attempts to make homes more energy-efficient we have, at the same time, inadvertently "super sealed" many of our homes and people who live in these homes are essentially "living in a vacuum". Trapped inside this vacuum are some major pollutants including carbon monoxide, combustion by-products, dirt particles, moisture which can lead to fungus growth, pollen and tobacco smoke, just to name a few. Not only do these pollutants affect the health of the household members, causing ailments such as allergies or headaches; they can also adversely affect the structure of a house. Prolonged build-up of moisture levels in walls and attics, for example, can cause both visible and hidden damage by promoting mold or mildew growth.

Some problems can be eliminated altogether such as banning smoking in the house. Other problems, such as dirt particles, pet dander, and moisture, can be significantly reduced by ensuring that your furnace, air conditioner and humidifiers are regularly checked, cleaned and maintained by a qualified contractor.

How can a homeowner improve and control indoor air quality without sacrificing energy efficiency? The Heating, Refrigeration and Air

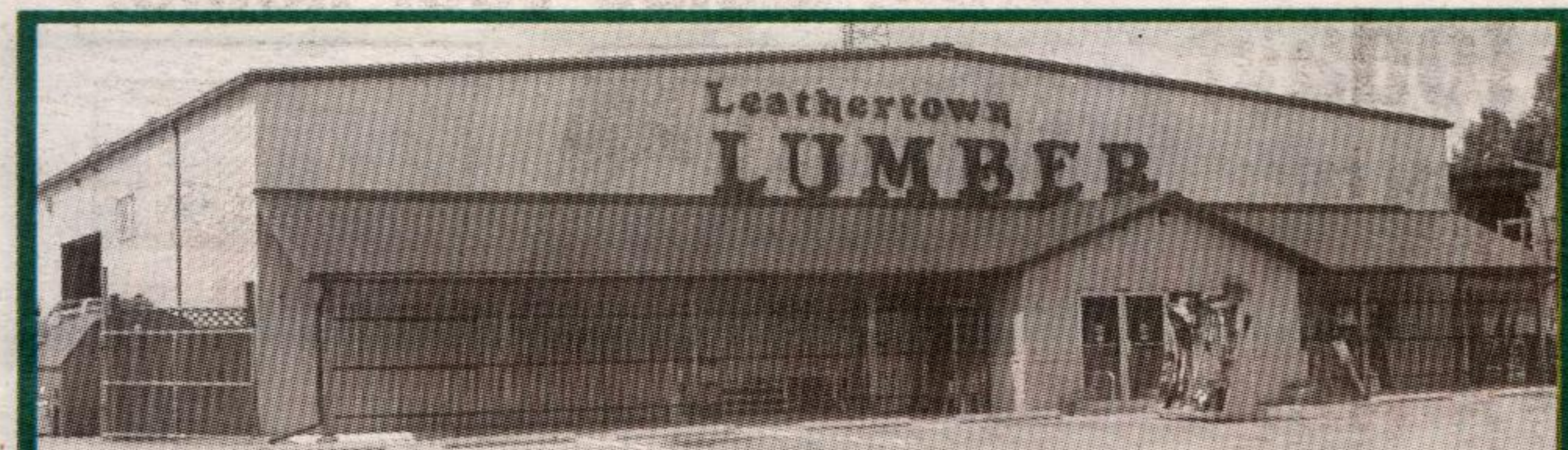
Conditioning Institute of Canada (HRAI) recognizes mechanical ventilation as a primary step to achieving acceptable indoor air quality.

Mechanical ventilation involves a device that exhausts contaminated indoor air from your home and delivers a fixed quantity of outdoor air back in. A system referred to as a Heat Recovery Ventilator (HRV) is an all-season solution that transfers heat from the exhaust air to the intake air in the winter. In the summer, the heat transfer is reversed to save on cooling costs.

A heating, ventilation and air conditioning (HVAC) contractor can determine what system is right for your home. When selecting a contractor, be sure that company technicians are properly qualified, certified and insured. Consider selecting contractors who are members of the Heating, Refrigeration and Conditioning Contractors of Canada (HRAC) which requires its members to carry relevant trade, fuel safety and municipal licences. For information on where to find a qualified contractor in your area, visit www.hrac.ca or call toll-free at 1-877-411-HRAC (4722).

Investing in the installation of a ventilation system increases the market value of your home indicating to the buyer that the health and comfort of your family, as well as the home's structural concerns have been well taken care of. And as a homeowner, you can then breathe a little easier!

—News Canada



**We have competitive prices
for all your renovation projects.**

We stock a Full Line of **SICO** PAINTS and STAINS
The largest paint manufacturer in Canada. Choose from 4,000 colours.

ROUGH PINE
Great for Board & Batten 1x12
89¢
lin. ft.

4 X 4 X 10'
PRESSURE TREATED SECONDS
priced to sell
\$6.50 ea
LIMITED STOCK!

HEAVY DUTY TARPS
available up to
30' X 50'

4' x 8' PANELLING
Lightwood Pecan or Norse Wind
\$12.99 each

LODGEPOLE PINE PLANK PANELLING
\$6.99 each
Coverage 14 sq. ft.

No-Glue 8.3mm LAMINATE FLOORING
12 standard colours
\$1.79 sq. ft.
20 sq. ft./ctn.
call for availability

Peel & Stick FLOOR TILES
EASY TO INSTALL
\$29.95
45 SQ. FT.

ROXUL INSULATION
Repels Water & Gives the Best "R" VALUE

REFLECTIX INSULATION
Double Bubble Foil Insulation
4 FT. WIDE
\$2.75 ft.

BLOW IN INSULATION WEATHERSHIELD
\$14.99 bag
Machine Available

TOP QUALITY Leather TOOL POUCHES
MANY STYLES TO CHOOSE FROM

CRAFTERS PLYWOOD BALTIC BIRCH
5' X 5' X 1/8" \$18.99 ea
5' X 5' X 1/4" \$24.99 ea
5' X 5' X 1/2" \$39.99 ea

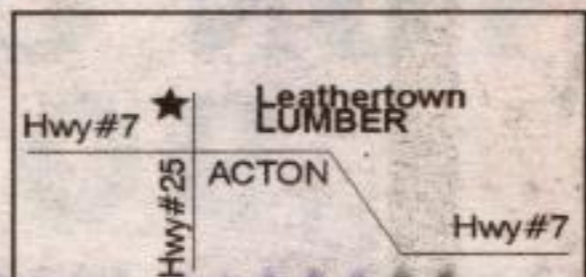
1x2x48" CLEAR PINE
\$7.99 bundle
10 pcs.

MDF WHITE SHELVING FINISHED BULLNOSE EDGE
12" x 8' \$9.99 ea.
16" x 8' \$11.99 ea.

SCANA
LAMINATED SOLID PINE
Panels for Shelving
Various widths and Lengths available

264 MAIN ST. N
ACTON

Leathertown LUMBER
FAMILY OWNED AND OPERATED
519-853-1970



FAX LINE: (519) 853-2542 • TORONTO LINE (416) 601-1259
HOURS: Mon - Fri. 7:00am to 6:00pm • Saturday 8:00am to 4:00pm



•CAML •AQUABRASS •AQUADIS •GLOBAL •GROHE •TOTO

the art of living

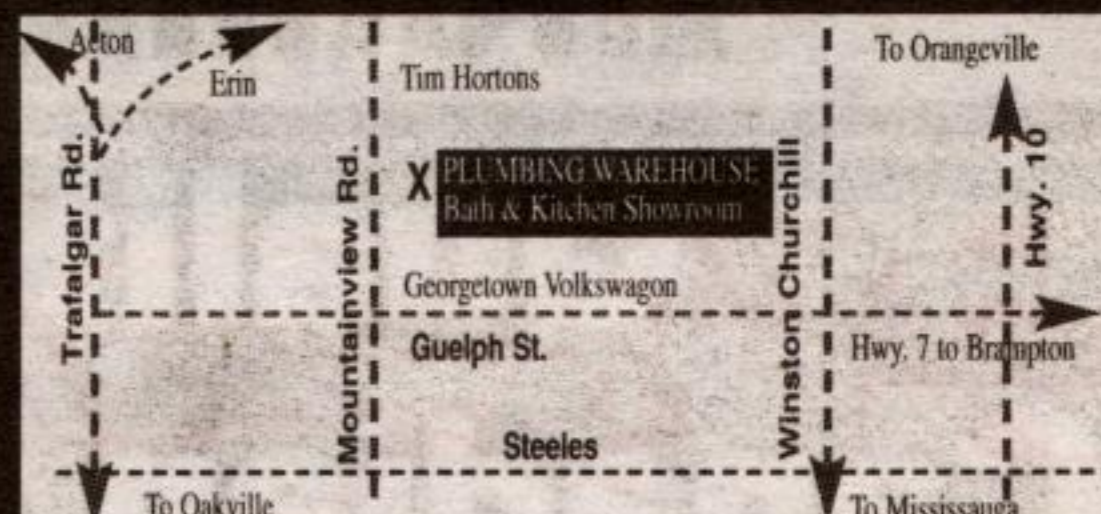


COME AND VISIT OUR 5000 SQ. FT. SHOWROOM!



Showcasing unique, quality bathroom & kitchen designs.

PLUMBING WAREHOUSE
5 Mountainview Rd. N.
Georgetown
(905) 702-0885



•VANICO •SHOWERLUX •CAML •TOMLIN •AQUABRASS •AQUADIS •MAGICKWOOD •KOHLER •AMERICAN STANDARD •MOEN •GLOBAL •RUBINET

•VANICO •SHOWERLUX •CAML •TOMLIN •AQUABRASS •AQUADIS •MAGICKWOOD •KOHLER •AMERICAN STANDARD •MOEN •GLOBAL •GROHE •TOTO •RUBINET

•VANICO •SHOWERLUX •CAML •TOMLIN •AQUABRASS