

Healthy Living

North Halton Red Cross urgently needs drivers

The Canadian Red Cross—North Halton branch is urgently in need of volunteer drivers.

Over recent months the number of drivers has decreased but its client base has increased enormously, resulting in members of the local community not being able to attend urgently required medical appointments.

The Red Cross clients are elderly and unable to drive themselves, many without family members or friends



who can take them to their appointments. The Canadian Red Cross provides a lifeline to these members of their community.

If you can help for a few hours a week you would make a huge impact in someone's life.

The branch urgently need drivers with a clean licence, reliable car and a wish to help the older generations around you. Drivers are needed in all areas—Acton, Milton and Georgetown.

Please contact Judith Dobbs at 905-875-1459 if you would like to help.

iWalk to school

Students at St. Catherine of Alexandria participated in the International Walk (iWalk) to School Day by walking from the school to the Jubilee Woodlot. The day's purpose is to increase daily physical activity, raise awareness on how safe and accessible walking is in the community, create a healthier environment by decreasing traffic congestion and minimizing air pollution around the school and developing a community spirit within the school.

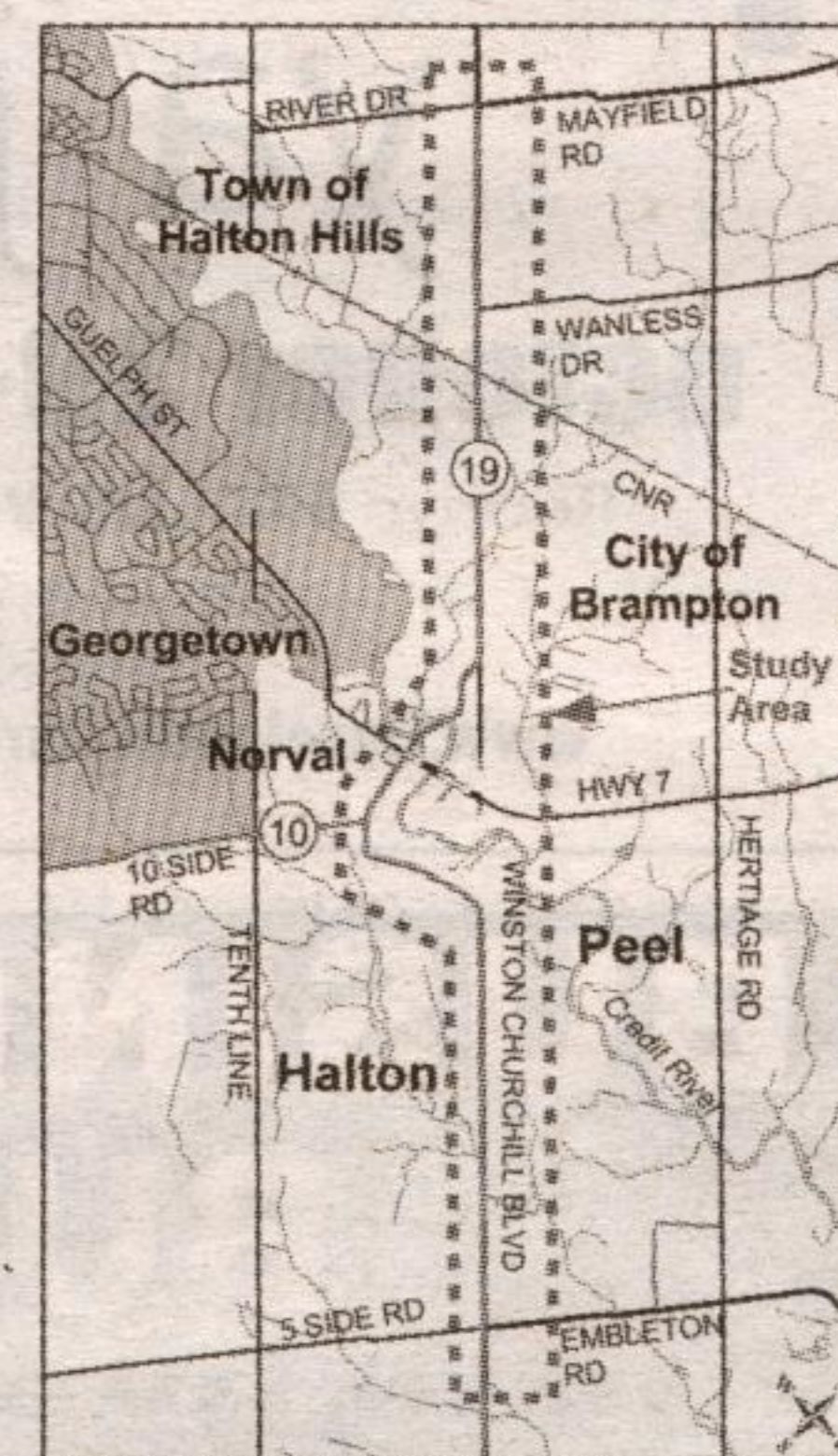
Photo by Ted Brown



THE REGIONAL MUNICIPALITY OF PEEL IN ASSOCIATION WITH THE REGIONAL MUNICIPALITY OF HALTON AND THE TOWN OF HALTON HILLS

Notice of Public Information Centre #2 Winston Churchill Boulevard (Regional Road 19) between Embleton Road/5 Side Road and Mayfield Road/River Drive Class Environmental Assessment (EA) Study

The Regional Municipality of Peel, in association with the Regional Municipality of Halton and the Town of Halton Hills, is undertaking to examine options for the rehabilitation of Winston Churchill Boulevard (Regional Road 19) between Embleton Road/5 Side Road and Mayfield Road/River Drive (refer to Key Plan below). Winston Churchill Boulevard is a boundary road separating the Region of Peel and the Region of Halton with shared jurisdiction between the Regions of Peel and Halton. SNC-Lavalin Engineers & Constructors (SLE&C) has been retained by the Regions to assist with this initiative. A number of factors have led to the commencement of this study, including potential capacity deficiencies (existing and future); structural condition of the road; road safety issues; and approved and proposed changes in land uses.



The study is being conducted in accordance with the Municipal Engineers Association's Municipal Class Environmental Assessment (June 2000) as a Schedule "C" undertaking. As part of the environmental assessment process, the Project Team is providing opportunities for affected and interested parties to provide input to the planning and design investigations. A Notice of Study Commencement inviting initial input was published in September 2003, a Community Workshop was held on October 27th, 2003, and Public Information Centre #1 was held on February 12, 2004. To further facilitate input, Public Information Centre (PIC) #2 will be held, as follows:

Date: Thursday, October 28, 2004
Time: 4:00 p.m. to 8:30 p.m.
Location: Huttonville Public School
2322 Embleton Road, Huttonville, ON

The purpose of the PIC is to provide information on the Project Team's alternative design concepts, address pavement deficiencies, traffic operational problems, and opportunities for improvements in the Winston Churchill Boulevard corridor. The Regions of Halton and Peel, and consultant engineering staff will be available at the PIC to receive comments and explain the information displayed.

Should you have any questions, concerns or wish to comment, please contact one of the following members of the Project Team:

Mr. Binu Korah
Peel Project Manager
Region of Peel
10 Peel Centre Drive, 4th Floor
Brampton, Ontario L6T 4B9
Phone: 905-791-7800 ext. 4463
Fax: 905-791-1442
Email: binu.korah@peelregion.ca

Mr. Ian Upjohn, MCIP, RPP
EA Manager
SNC-Lavalin Engineers & Constructors Inc.
2200 Lake Shore Blvd. West
Toronto, Ontario M8V 1A4
Phone: 416 252-5311, Ext. 2820
Fax: 416 231-5356
Email: ian.upjohn@snclavalin.com

Mr. Chris Duyvestyn, P. Eng.
Project Manager
Regional Municipality of Halton
1151 Bronte Road
Oakville, Ontario L6M 3L1
Phone: 905-825-6000, Ext. 7623
Toll Free: 1-866-442-5866
(1-866-4HALTON)
Fax: 905-825-8822
Email: duyvestync@region.halton.on.ca

This Notice first issued on October 15, 2004

<http://www.peelregion.ca/pw/environmental-assessments/current-projects.htm>
www.region.halton.on.ca/ppw/planningroads

Region of Peel
Working for you



MANON
Dulude
PSYCHOTHERAPIST

INDIVIDUAL
COUPLES
FAMILY COUNSELING
DEPRESSION
ANXIETY
SEPARATION/DIVORCE
LIFE CHANGES

38 OAK STREET
GEORGETOWN
ONTARIO

(905) 873-9393

PROFESSIONAL
COUNSELING
SERVICES

STOP SMOKING & LOSE WEIGHT

by Re-Programming your mind

FREE Stress & Tension CD just for attending

Sub-Conscious Re-Programming works!
Hypnosis has been recognized and endorsed by The American Medical Association since 1958. Nothing is easier, safer or has a higher success rate.

Funding for this seminar comes from public donations. Private clients have paid well over \$245 for an hour session to stop smoking or lose weight this way.

You will receive positive results for only \$30. Don't be fooled by other high priced seminars.

Whatever you re-past experiences were with weight loss or quitting smoking, attend our seminar and you will stop smoking and/or lose weight. **FREE Special Bonus: Receive a Free Stress & Tension CD valued at \$40 for attending.**

With the power of your mind, positive suggestions will be placed into your sub-conscious mind therefore eliminating your cravings for cigarettes, and/or salty, sweet, fast, fatty foods, including carbs and soda.

Don't be skeptical. This has worked successfully for hundreds of thousands of people just like you!

Per the Surgeon General,
Over an estimated 800,000 people will die this year from smoking and being overweight.

DON'T LET THIS BE YOU!

You will achieve tremendous results from this seminar for a fee of only \$30.

Saturday Oct. 23rd
10:30am
Halton Hills Cultural Center & Library
9 Church St.
Georgetown, ON

Session is 2 hours
Sign in 30 minutes prior to seminar

I have finally quit smoking. Thank You!! I attended your seminar. I was truly skeptical, since nothing else had worked for me. Since your seminar I have been smoke free for 6 months! Cindy N. — Ontario

As of today I have lost 28 lbs. and I feel like life has started over for me. I feel good about myself and full of energy! Robert B. - Manitoba

Natural Health Clinics
www.naturalhealthclinics.org
1-281-265-0689
Cash & Credit Cards accepted.