



## New high school officially opens

Gary Allan High School Halton Hills Campus principal Karen Gill was joined by student Lindsay Mackend as they cut the cake to officially open the Halton Hills Campus of the school which is located in the old Wigglesworth School building at 96 Guelph Street. Gary Allan High School is home to several adult training programs as well as Teen Education and Motherhood (TEAM) and Secondary Teen Education Program (STEP). Presently, about 200 students are enrolled at the Halton Hills Campus.

Photo by Ted Brown

## CMHA course begins Oct. 19

# Learn to control your rage at anger management course

Road rage. Air rage. Sports rage. Coping with rage and anger is a hot topic in our society. To help people who recognize they have a problem with anger, the Canadian Mental Health Association, Halton Region Branch (CMHA-Halton) is offering an Anger Management program in Georgetown.

It will run from October 19 to November 23, every Tuesday, from 7 to 9 p.m.

This six-week educational/peer support program is for anyone who recognizes that they have difficulty managing their anger and

may act in an inappropriate manner when angry.

Participants will gain an understanding of anger as an emotion, determine negative and non-productive responses to anger, and learn effective anger management techniques. The program will provide participants with constructive alternatives and tools.

The cost is \$95 and registration is required.

For more information, or to register, call CMHA at 905-693-4270. The Canadian Mental Health Association, Halton is a United Way member agency.



Accord Sedan DX, model CM5615E shown

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CR-V LX, model RD7755E shown

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**Oct. 16<sup>th</sup>**  
**Happy 80<sup>th</sup>**  
**Birthday**  
**John**

*Love Bernice,  
Judy & Dave, Gord,  
Marilyn, Roland,  
Jasmine & Chamelyn,  
David & Margot*

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by Re-Programming your mind

**FREE Stress & Tension CD just for attending**

**Sub-Conscious Re-Programming works!**  
Hypnosis has been recognized and endorsed by The American Medical Association since 1958. Nothing is easier, safer or has a higher success rate.

Funding for this seminar comes from public donations. Private clients have paid well over \$245 for an hour session to stop smoking or lose weight this way.

You will receive positive results for only \$30. Don't be fooled by other high priced seminars.

Whatever you're past experiences were with weight loss or quitting smoking, attend our seminar and you will stop smoking and/or lose weight. **FREE Special Bonus:** Receive a Free Stress & Tension CD valued at \$40 for attending.

With the power of your mind, positive suggestions will be placed into your sub-conscious mind therefore eliminating your cravings for cigarettes, and/or salty, sweet, fast, fatty foods, including carbs and soda.

**Don't be skeptical.** This has worked successfully for hundreds of thousands of people just like you!

Per the Surgeon General, Over an estimated 800,000 people will die this year from smoking and being overweight.

**DON'T LET THIS BE YOU!**  
You will achieve tremendous results from this seminar for a fee of only \$30.

**Saturday Oct. 23<sup>rd</sup>**  
**10:30am**  
**Halton Hills Cultural Center & Library**  
**9 Church St. Georgetown, ON**

Session is 2 hours  
Sign in 30 minutes prior to seminar

I have finally quit smoking. Thank You!! I attended your seminar. I was truly skeptical, since nothing else had worked for me. Since your seminar I have been smoke free for 6 months! Cindy N. — Ontario

As of today I have lost 28 lbs. and I feel like life has started over for me. I feel good about myself and full of energy! Robert B. - Manitoba

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Lease and finance offers are from Honda Canada Finance Inc., on approved credit. †Based on a 2005 Accord Sedan DX, model CM5615E (†2005 CR-V LX, model RD7755E). Lease for 48 months at \$298 (†\$298) per month plus applicable taxes with 96,000 km allowance (12¢/km exceeding allowance). \$3,767.73 (†\$4,911.53) down payment or equivalent trade acceptable to dealer (\$0 down on approved credit from Honda Canada Finance Inc.). Initiation payment of \$4,727.59 (†\$6,042.96) includes down payment, first monthly payment, registration, security deposit of \$0, freight & P.D.E. and taxes. PPSA is additional. Total freight & P.D.E. is \$1,180.00 (†\$1,325.00). Total lease payment is \$20,834.49 (†\$22,149.85). Option to purchase at lease end for \$12,700.00 (†\$14,100) and taxes. Accord (†CR-V) lease calculated with finance rate of 5.9% (†4.9%). Rate may change effective November 1st, 2004 and will affect down payment, security deposit, residual value and initiation figures. Dealer may lease for less. 2.9% (\*\*3.9%) purchase financing is available on select 2005 Accord Sedans (†CR-Vs) for up to 36 months. Finance example: \$20,000 at 2.9% (\*\*3.9%) per annum equals \$580.74 (\*\*\$589.59) per month based on a 36 month term. C.O.B. is \$906.64 (\*\*\$1,225.24) for a total of \$20,906.64 (\*\*\$21,225.24). Dealer may sell for less. †††/\*\*Offers valid through October 31st, 2004 at participating dealers only. Does not include Accord Hybrid. See participating dealer for full details. Visit [www.nhtsa.gov](http://www.nhtsa.gov) for details. †Figures estimated. See dealer for latest 2005 EnerGuide published by NRCan when available. †Recent university or college graduates may be eligible for an allowance of up to \$750.00 on certain models. †/△See participating Honda Dealers for complete details.