


Stick with your high blood pressure treatment, or you may be in for a nasty surprise.



Canadian Coalition for High Blood Pressure Prevention and Control
http://cchb.org/




YOUNG DRIVERS[®] of Canada

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905-877-0751

The genuine YD program is not taught in any high school.

ISO 9001 REGISTERED



COMMUNITY CALENDAR

Saturday, Oct. 2
Family fun day: Salvation Army Georgetown Community Church, 271 Mountainview Rd. holds a free Family Fun Day, 11 a.m. to 4 p.m. Games for children, four bands, Popstar contest and barbecue. Info: 905-877-1374.

Acton BIA: hosts a Grand Re-opening of Mill Street, 10 a.m. to 2 p.m. Ribbon cutting with the mayor begins at 11 a.m.; cake will be served at 11:30 a.m. Special draws including \$250 shopping spree in downtown Acton.

Garage/bake/quilt sale: at Ballin-afad United Church on Trafalgar Rd., 8 a.m. to 1 p.m.

Pancake breakfast: at Acton Seniors Centre, 9 a.m. to noon. Tickets available at the centre, 519-853-5951; seniors \$5, adults, \$6 and children, age 10 and under, \$3.

Euchre: is held every Saturday night at the Hornby Co-operative Nursery School on Steeles Ave. at 7:30 p.m.

Charity barbecue: at Life Chiropractic Centre, 80 Guelph St., 10 a.m. to 2 p.m. Kids games, food, door prizes and chiropractic services. Cash donations will be accepted for the barbecue, massage, spinal scans and adjustments for the Halton Women's Place.

Overeaters Anonymous-Rockwood: meets Saturdays 10 a.m., at Sacred Heart Church. Info: Elisabeth, 519-856-1428.

Open house: at Georgetown Christian Reformed Church. Tour and refreshments at 7 p.m. and a celebration of music at 8 p.m.

Rockwood artisans: Holds 5th annual fall and winter craft show and silent auction at the Christian Reform Church hall, 287 Water St., Guelph, 10 a.m. to 4 p.m. Admission by cash donation. A fund-raiser for the non-profit Animals Homeward Bound, aiding wild and domestic animals.

Halton Hills Outdoor Club: Looking for others to paddle, trip, hike, cycle or ski with? Join us for our first outing at Rockwood Conservation Area. Meet at the beach by 10 a.m. Bring a lunch. Info: Laura 905-877-9927 or laura@aztec-net.

Sunday, Oct. 3

Bruce Trail Day: at Limehouse Conservation Area. Introductory hikes approximately one hour in length leave the Limehouse Memorial Hall parking lot every hour on the hour, 10 a.m. to 3 p.m. Info: Maureen, 905-873-9757 mosmith@mail.rosecom.ca

Monday, Oct. 4

Turkey supper: at Sacred Heart in Rockwood; seatings at 5 and 7 p.m. For tickets: Maria, 519-856-9196 or Agnes, 519-856-9796 or Irene, 519-822-9083

Bridge anyone?: The Georgetown Bridge Club offers an afternoon game Mondays, 1 p.m. at the Georgetown Legion. Info: 905-877-7486.

Halton Hills Toastmasters: meets at St. Alban's Church, Glen Williams, Mondays, 7:30-9:30 p.m. Info: Mary Campbell, VP Membership, 905-877-8855 or www.haltonhillstm.org.

TOPS-Acton: Meets Monday nights at St. Joseph's Church, Church St. Weigh-in: 6-7:05 p.m. Meetings continue to 8 p.m. Info: Pat, 519-853-1468.

RWTO meets: Reserve by Oct. 4 for the Peel North Branch of the Retired Women Teachers of Ontario

meeting on Oct. 12. All retired women teachers welcome. RSVP to Karin, 905-796-2146.

Tuesday, Oct. 5

CFWU meeting: Georgetown University Women's Club meets at the Halton Hills Cultural Centre, 7:30 p.m. The speakers are Bettie and Jane Bradley and careers in publishing. Everyone is welcome.

ADHD Parent Support Group: Parents of children with Attention Deficit Hyperactivity Disorder meet to discuss issues, 7:30-9 p.m. in the community room at the Georgetown police station. Info: 905-873-2960.

Halton Good Food Box: program information meeting, 1:30 p.m. St. Andrew's United Church. The Good Food Box Program provides a box of fresh fruit and vegetables once a month at minimal cost. Info: 905-877-7947.

Beef Dinner: at Nassagaweya Presbyterian Church; two sittings, 5:15 p.m. and 7 p.m. Tickets are adults \$12, children (age 6-12) \$6, children (5 and under) free. For tickets call 905-854-1055, 905-854-2688 or 905-876-3322.

Calling New Parents: meets every Tuesday, 1-3 p.m. at Early Years Satellite, 85 Wallace St., Acton and 1-3 p.m. at the Georgetown Early Years Centre. Info: Halton Babies & Children Line, ext. 7899 at 1-866-442-5866.

VON foot care clinic: at St. John's United Church in Georgetown, 1-4 p.m. By appointment only. Call 1-800-387-7127, ext. 2210.

Drawing and painting: Palette and Pencil Guild of the Credit Valley Artisans invites adults to join them Tuesdays, 10 a.m. to 4 p.m. and 7 to 9 p.m. at the Cedarvale Park Cottage. New members welcome. Info: Laurette, 905-877-7854 or Marion, 905-877-8217.

TOPS-Georgetown: If you want to lose weight sensibly and keep it off, join TOPS (Take Off Pounds Sensibly) at St. Andrew's United Church, Tuesdays; weigh-in 7-7:45 p.m. and get together, 8-9 p.m.

Wednesday, Oct. 6

School opening: Gary Allan High School (old Wrigglesworth School) holds an open house and official opening, 10:30 a.m. to 7 p.m. Meet the staff of the alternative education school, take a tour, get information. Everyone welcome.

Business After Five: Junior Achievement is hosting the Halton Hills Chamber of Commerce's Business After 5 event at Boston Pizza, 5-7 p.m. Find out how Junior Achievement can provide opportunities for today's business leaders to boost their management skills. All are welcome. Co-sponsored by Oxford Learning Centre and Boston Pizza.

Thursday, Oct. 7

Badminton: Central Badminton Club starts its new season at Georgetown District High School, 8-10 p.m. All levels welcome. Not sure, come on out and give it a try. Info: 905-877-9180.

Limehouse euchre: Play euchre at the Limehouse Memorial Hall, 7:30 p.m. Hosted by the Limehouse Women's Institute.

The Regional Municipality of Halton

A Partnership That Works!



Halton Hills Urban Areas

Special (Bulk) Collection



Place items at curb by 7:00 a.m. on your designated special collection day. Check the map for your corresponding collection zone. Items will be collected on the day designated for your zone.

Special (Bulk) Waste Collection

| | |
|--------|---------------------|
| Zone 1 | Monday October 4 |
| Zone 2 | Tuesday October 5 |
| Zone 3 | Wednesday October 6 |
| Zone 4 | Thursday October 7 |
| Zone 5 | Friday October 8 |

The following materials will NOT be collected:

- Propane Tanks
- Tires*
- Building and Demolition Debris
- Concrete and Bricks
- Household Hazardous Waste
- Cardboard Boxes
- Tree Branches
- Tree Stumps
- Soil and Rocks
- Automobile Parts

*Old tires filled with water can be mosquito breeding sites.
 These materials may be disposed of at the Halton Waste Management Site, 5400 Regional Rd # 25, Milton. Open Mon. - Sat., 8:00 a.m. - 4:30 p.m.



NEW Metal & Appliance Collection in the Urban Areas



Appliances and metal items are collected on a call-in basis only and therefore will not be collected on your scheduled Special (Bulk) Collection day.

To receive collection, please call Halton Region at 1-866-442-5866.

Metal items and appliances include refrigerators, freezers, dishwashers, stoves, washers, dryers, metal furniture, broken down swing sets, barbecues (no propane tanks), bicycles (no tires), etc.

Please ensure appliance doors are removed for safety.

If you have unwanted items that are in good condition, consider donating them to a charitable organization or reuse centre. You will be diverting material away from Halton's landfill and helping people in need at the same time!

1151 Bronte Road, Oakville, ON L6M 3L1
 905-825-6000 Toll free: 1-866-4HALTON (1-866-442-5866) TTY: 905-827-9833
 or visit us at: www.region.halton.on.ca