



Fast Fun Fitness For Her!

318 GUELPH ST., GEORGETOWN

(Between Honda & Swiss Chalet)

905-702-8701

www.figuresgeorgetown.ca

Locally Owned and Operated

Come Celebrate our 1ST YEAR ANNIVERSARY

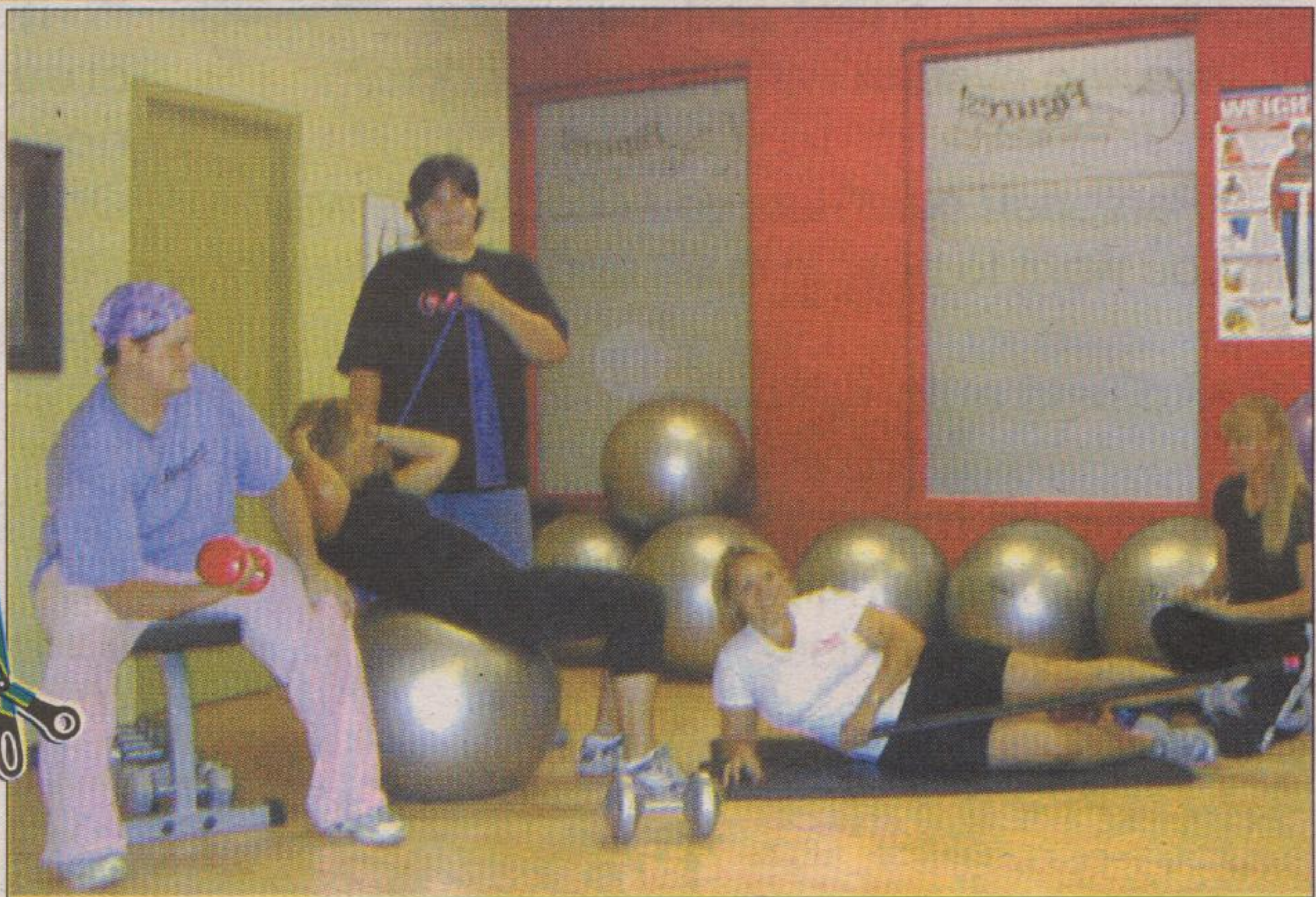


Our Figures Staff: Caroline Harris Club Manager, Helen Noble - owner, Barb Ridd - owner, Attie Jones - Certified Instructor, Bonnie Gonchar - Personal Trainer,

- * VARIETY OF CLASSES
- * CARDIO EQUIPMENT
- * CERTIFIED STAFF
- * SMALL GROUP PERSONAL TRAINING



Call NOW to pre-book your appointment mention this ad to receive a **FREE FIGURES Water Bottle!**



SMALL GROUP PERSONAL TRAINING AVAILABLE AT A REDUCED RATE the two additional people are Amanda Curry - member - she lost over 28" doing small group training, Jen Harlow - member she lost over 34" doing small group training.

COUPON

Hurry in - First 75 to join
1/2 OFF SERVICE FEE
 with this ad.
Coupon expires September 30/04

EXCEPTIONAL VALUE
Limited Time Offer

"ANNIVERSARY SPECIAL HELD OVER ONE MORE WEEK - ALL APPOINTMENTS BOOKED BY SEPTEMBER 30TH, 2004 RECEIVE THE SPECIAL RATE."

" LOOK WHAT A ONE YEAR OLD CAN DO "

- Raised over \$3500 riding the Big Bike for the Heart and Stroke Foundation
- Found out how to manage our Stress level at a Stress Management seminar
- Great monthly prizes!
- Feet In Motion Proper footwear seminar
- Sponsors Georgetown Soccer Club Girls Division
- Donated over 50 One month memberships to local charities / fundraisers
- Vision 2000 travel group draw for a free cruise for two
- Improved our health and beauty at a workshop hosted by Nancy Desjardins RNCP
- Summer Maintenance workshop hosted by Nancy Desjardins RNCP
- Helped participants reach their fitness and nutrition goals through our PILOT kit to get fit program
- Lost over 1834 inches - Club total
- Had a custom fit bra workshop
- Pampered our members with a hand massage and facial
- Mother Daughter walk for Heart and Stroke
- Gave away great prizes:
- VIBES custom fit bathing suit & beach bag
- Comfortable Elegance set of wine glasses, tablecloth and napkins with napkin rings
- Creative Reflections free hair cut, style and consultation draw
- Oxford Learning draw for a back to school package
- Maple Lodge draw for a free Thanksgiving turkey
- Free dinner for two at Mattina's Cucina Ristorante

* initiation fee based on one year membership, not to be used in conjunction with any other offer*