

Education

IN BRIEF

Vendors needed for GDCS bazaar

Georgetown District Christian School will host its first Bazaar Harvest Festival Oct. 16. For table reservations and inquiries call 905-702-1925.

Vendors wanted for AHS sale

Vendors are now being accepted for Acton High School's annual craft sale which will be held Saturday, Nov. 13 from 10 a.m.-4 p.m. This is a juried show presented by the Acton High School Advisory Council. For more information and an application form, contact the school at 519-853-2920.

PACT meets

Halton Regional Police Service present P.A.C.T. Parents of Adolescents Coming Together, the second and fourth Monday evening of each month. These sessions are free. Registration is not required. Info: 905-878-5511 ext. 2406

Join the TEAM

Are you a young mother who wants to go back to school? TEAM (Teen Education And Motherhood) is a chance for pregnant teenagers and young mothers to work on their high school credits and finish their high school education. Assistance is provided to arrange childcare. Classes run at 96 Guelph St. (old Wrigglesworth School) Monday to Friday, 12:30-4 p.m. Registration is ongoing in this supportive and friendly program. To learn more or to sign up, call Donna at 905-702-7925.

Mom to Mom sale

Vendors are required for the Fall Mom to Mom sale to be held at St. Alban's Anglican Church, Acton on Sept. 25, 9 a.m. to 1 p.m. Rent a table to sell your children's outgrown clothes, toys, games, books, etc., as well as cribs, strollers, high chairs and playpens. For information or to rent a table, please call Susanne at 519-853-0390.

Submissions are welcome

The Independent & Free Press publishes the Education Page every third week of the month. All schools and parent councils in Halton Hills are invited to submit news and photos on events happening in their schools—no poems or essays please. Submissions should be received at least one week in advance of the publication date to: cgamble@independentfreepress.com, fax to Education Page, 905-873-0398 or drop off at the front desk—we're located in the mall.

Books on physical activity donated to Halton libraries and schools

More than 6,400 free books on physical activity have arrived at 14 Halton library branches and 68 elementary schools. These books have been provided as part of the Active Minds Active Bodies project, created by the Halton Active Living Network and funded through Choices 4 Health, a community health group in the Halton region.

The purpose of this community project is to help children improve their reading skills and encourage them to include physical activity into their daily routine, helping to create a pattern of physical activity that may stay with them for the rest of their lives. The first year of the Active Minds Active Bodies project targeted children and youth in Grades 6,7, and 8 (ages 10-14).

The Active Minds Active Bodies booklet was developed for librarians, principals, teachers, parents, childcare providers or anyone interested in reading and helping children and youth establish a healthy lifestyle through physical activity.

To view the full, annotated list of physical activity books, visit the Choices 4 Health Web site at www.choices4health.org.

Sharon Campbell, the Early Literacy Consultant with the Ontario Early Years Centres in Halton, said, "More than any other single skill, the ability to read allows a child to succeed in school and function in society. The Active Minds Active Bodies resource provides teachers and librarians with physical activity books and programming ideas to encourage children to read and become physically active."

Last year, Halton schools and libraries received a resource booklet and an annotated list of books for children and youth with positive physical activity messages. Each school/library was given the opportunity to order \$97 worth of books. By using this booklist and promoting the books ordered, schools and libraries can help children improve their reading skills and encourage them to include physical activity into their daily lives.

"There is a natural link between physical activity and reading," said Debra Courville, co-ordinator of Health & Physical Education with the Halton District School Board. "Reading books with positive physical activity messages and then participating in activities

that reinforce these behaviors helps children to lead healthy, active lives and to become better readers."

Encourage your children to sign out the books and to include physical activity into their everyday routine.

The Active Minds Active Bodies project was developed and implemented by a sub-committee of the Halton Active Living Network. The committee is an excellent example of community partnerships working toward a common goal of increasing physical activity of children and youth in Halton.

For more information on the Halton Active Living Network, contact Carla Hanna at 905-825-6000 ext. 7499; toll free 1-866-4HALTON (1-866-442-5866).



Public board seeks input on its gifted programs

The Halton District School Board is seeking input on its gifted education programs on Monday, October 18, 7-8 p.m. at the Percy Merry Education Centre, 263 Britannia Road (at Trafalgar, across from Terra Nurseries).

The meeting will allow community members to share their views, experiences and expertise.

Community members are encouraged to make presentations on behalf of groups of individuals in order to accommodate as many views as possible. A written copy of the presentation must be submitted prior to the meeting. Presenters are asked to prepare a three-minute presentation outlining key points and a two-minute question period will follow each presentation.

Written submissions from groups not wishing to make presentations or who are unable to attend the meeting will also be accepted. Copies of presentations should be forwarded by Oct. 6 at noon to Steve Saunders (Task Force co-chair), Halton District School Board, 2050 Guelph Line, Burlington, ON, L7R 3Z2.

Jr. Achievement needs volunteers

Do you want to do something that makes a difference for our kids? Do you like passing on your knowledge and wisdom to the next generation of business leaders? Consider volunteering to deliver a Junior Achievement program in your community.

Junior Achievement provides an opportunity for local business leaders, educators, parents and the community-at-large to work together to help prepare our youth for their future. Contact Jamie Schumacker at 905-877-4304 for more information.

Yoga with SHERRY LAWSON
Rampulla's Red Dawn Martial Arts*
211 Armstrong Ave. (at Sinclair)
Time(s): Tues. 1-2:30 pm - 10 weeks, Thurs. 7:30-9:00 pm - 10 weeks
Fri. 7:30-9:00 pm - 9 weeks
Terra Cotta Classes*
Time(s): Mon. 7:30-9:00 pm - 9 weeks, Tues. 10:00-11:30 am - 10 weeks
Advance: 7:30-9:00 pm - 10 weeks, Wed. 7:30-9:00 pm - 10 weeks
For details and registration call: 519-833-9402
CLASSES START SEPT. 27th END DEC. 3rd *no classes Monday, Oct. 11 (Thanksgiving) & Fri. Oct. 15/04

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