

Business



Tina Gilbert, owner of 'accents décors', shows off some of the classy accessories she has available at her newly-opened store in the Miller and Main Plaza, at 221 Miller Drive. With the opening of the store, Georgetown South area residents have a convenient one-stop shopping location to pick up the many items featured in the store, including kitchen accessories, French-milled soaps, prints, unique wall hangings, mirrors and candles. The store is open Tuesday-Friday from 10 a.m. to 8 p.m., Saturday from 10 to 5 p.m. and Sunday from 12 noon until 4 p.m. For more information, call Gilbert at 905-873-9196.

Photo by Ted Brown

September busy for new businesses



Enrolling in the Human Resources Development Canada (HRDC) Self Employment Benefit Program, Kim Gauthier learned entrepreneurial skills to set up her home-based business, Kimby's Apparel. Gauthier designs, manufactures and sells skating apparel and her number one client is Georgetown Skating Club. Working from a portable traveling kiosk, she sets up at the local arenas to promote and sell her outfits to skaters and their parents. Gauthier offers custom fit for her outfits, and will cater to the needs of any skater. Gauthier puts back into the community she's serving by donating 10 per cent of her sales back to the skating club she's outfitting. Gauthier works out of her home at 79 Rexway Drive by appointment, or at the arena, where she sets up her kiosk to show skaters a sampling of what she has to offer. For more information or an appointment, call 905-877-7139.

Photo by Ted Brown

Pilates One owner joins Lifestyle Chiropractic

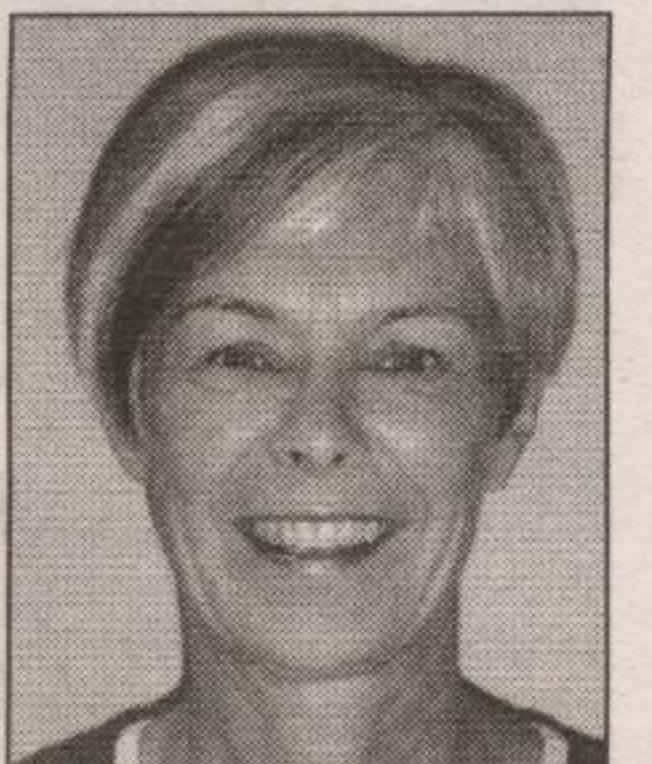
Ruth Butler of Pilates One recently joined Lifestyle Family Chiropractic (LFC) at 2 Guelph Street in Georgetown.

An instructor for body control pilates, a conditioning technique that concentrates on strengthening muscles without force, using slow, controlled movements, Butler has partnered with Dr. Jennifer

McLauchlan at LFC.

According to Butler, the benefits of pilates includes correcting imbalances, realigning the body, building core strength from within and restoring elasticity.

For more information on classes contact Butler at 416-460-0036 or drop in to Lifestyle Family Chiropractic.



RUTH BUTLER

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